

TOP 5 TOOLS TO INSPECT FOR A GREAT FIRST IMPRESSION

Use this list as a guide to inspect, protect, and replenish your equipment inventory throughout the year.



What to watch for:

- Nicks & tears
- Fading or discoloration
- Damage to handles (if applicable)

Increase Lifespan Replace @ 4-6 months

- ▶ Keep away from the sun and/or heat sources.
- ▶ Don't stretch more than 2½ times original length.
- ▶ Rugged shoes can damage the rubber.



What to watch for:

- Tears, rips, or other damage to the mat surface
- Fading or discoloration

Increase Lifespan Replace @ 9-12 months

- ▶ Store on a rack or a smooth, clean surface in an area free from furniture or other sharp objects.
- ▶ Do not store or stack other equipment on mats while in storage.
- ▶ Rugged footwear can damage mats, avoid wearing while in use.



What to watch for:

- Smoothing Grip
- Cracks or Tears
- Wearing of Surface Paint

Increase Lifespan Replace @ 12-18 months

- ▶ Avoid exposing to jagged or rough surfaces.
- ▶ Make sure not to add air to your Med Balls.
- ▶ Avoid "Slam" exercises with Med Balls.

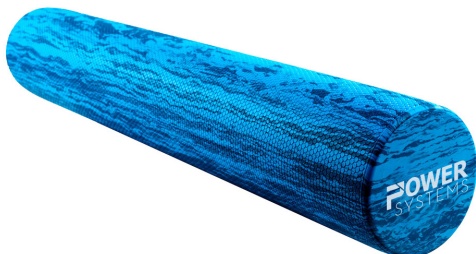


What to watch for:

- Does it hold shape prior to workout?
- Always inflate to proper size using size chart
- Gouges, scratches, worn spots, cuts

Increase Lifespan Replace @ 9-12 months

- ▶ Try not to store stability balls in front of windows; sun and heat can cause damage to material.



What to watch for:

- Tears or cracks in the EVA foam
- Fading or discoloration
- Deformities to the shape of the roller

Increase Lifespan Replace @ 9-12 months

- ▶ Store foam rollers in a dry area of your club.
- ▶ Use in designated areas to avoid damage from other products and equipment.