WE’RE HERE TO POWER YOUR POTENTIAL
IT’S IN US ALL. But we all need someone or something to motivate us, to check us and push us, to make sure we are always moving forward toward our goals. As fitness professionals you push yourself, your business, and your clients toward their potential every day.

The most successful among us have built a community, a team that encourages each other and sustains attendance through support and motivation. We believe the team we’ve built over the past 30 years, and its support, is the reason you continue to trust us as a partner. We’re in this together.

We’ve spent decades developing the most extensive line of products in the industry. We deliver them quickly and accurately so you can start training right away. Providing the tools is only half the equation. We also take time to understand your business and recommend the right products for you and your clients so you can provide results.

OUR PROMISE is to always give you the support you need, to help you inspire your clients, and to work together to power your potential.

Team Power Systems
RESULTS + RELATIONSHIPS = RETENTION

Build out a small group training space that trainers and clients will love.

Building a community in a large gym can be difficult. That’s why more than 50% of facilities incorporate Small Group Training (SGT). An affordable and effective way to provide your clients with the benefits of personal training, small group training gives you the benefit of an increased bottom line and personal interaction with clients. SGT is a win-win for everyone.

PRODUCT FEATURED

▶ REEBOK DECK P.56
▶ STRENGTH BAND P.47
▶ RUBBER OCTAGONAL DUMBBELL P.110
▶ PREMIUM YOGA STICKY MAT P.68
▶ VERSA LOOP P.47
▶ POWERWAVE P.29
▶ 3 TIER MEGA MEDICINE BALL RACK P.27
▶ POWERFORCE MEDICINE BALL P.24
Create a space for like-minded people who are striving to reach their potential. It makes sense that functional training is continually in the top 10 for most popular fitness trends. Give your members the equipment and the floor space to be functionally better than the day before. They aren’t always training for the big event - but they are trying to improve day-to-day and be better for themselves and those around them.

**GIVE YOUR MEMBERS THE FLOOR**

Convert floor space into a revenue zone with functional training tools your members want.

Create a space for like-minded people who are striving to reach their potential. It makes sense that functional training is continually in the top 10 for most popular fitness trends. Give your members the equipment and the floor space to be functionally better than the day before. They aren’t always training for the big event - but they are trying to improve day-to-day and be better for themselves and those around them.
PRODUCT FEATURED

- **PRO POWER BAR** P.98
- **DIAMOND PRO IWF BAR** P.99
- **POWERFORCE MEDICINE BALL** P.24
- **VAULT BOX** P.89
- **KETTLEBELL** P.108
- **RUBBER OCTAGONAL DUMBBELL** P.110
SMART SOLUTIONS FOR THE
#1 FITNESS TREND

Invest in portable, multi-functional training tools that will stand up to high-volume use.

Take your workouts outdoors and watch your own fitness community influence the greater community around them. High Intensity Interval Training (HIIT) is the number one fitness trend for 2018, so why not take the lead. The perfect place for these workouts is outside, under the sun, and in front of everyone. We have the high-intensity equipment for your high-intensity clients.
PRODUCT FEATURED

› POWERWAVE SUPER  P.29  › PREMIUM SLAM BALL  P.23

› POWERWAVE SPARTAN  P.29  › VERSA LOOP  P.47
Increase your client’s coordination, strength, and overall power by introducing the Olympic Lifts.

Whether your clients are new to the Olympic Lifts or are competitive athletes, the fifth most popular fitness trend for 2018 is weightlifting. Empower your community with the tools needed to perform all variations of the Snatch and Clean and Jerk. Make it approachable, keep it safe, and give them the confidence to learn these technical skills.
BUZZWORTHY TOOLS THAT INSPIRE

Capture the attention of both new and current members with innovative tools.

Everyone wants to train with the latest & greatest and you’ll be the one who has it. Excite new members and inspire current ones with the Axle. Complete with programming that appeals to everyone from the yogi to the lifter, this innovative and multi-functional tool will keep that spark alive within your community.
PRODUCT FEATURED

PREMIUM YOGA STICKY MAT P.68

THE AXLE P.57
We don’t want you to break the bank and buy a ton of equipment for your group fitness community. We do want you to maximize your investment and with our multifunctional tools you can do just that. These group fitness essentials are versatile and multi-purpose so you can scale your business and train a large groups, regardless of your space.

SCALE YOUR SPACE FOR YOUR MOST LOYAL GROUP

Utilize smart, multi-functional equipment in circuits to move a large group.
PRODUCT FEATURED

» REEBOK DECK P.56
» PREMIUM VERSA TUBE PLUS P.44
» RUBBER OCTAGONAL DUMBBELLS P.110
» PREMIUM YOGA STICKY MAT P.68
» CARDIOBARBELL RACK 10 SET P.54
» CARDIOBARBELL PUMP SET P.54
For your community of performance athletes. These hard-core enthusiasts are part of the 7 million people who participated in obstacle course races (OCR) last year, alone. Help them tackle those obstacles by giving them the training and equipment they need. You’ll be their support crew and biggest fan along their journey. Plus, you can be the first to give them a high-five at the finish.

CAPTURE A NEW AUDIENCE LOOKING FOR INNOVATIVE PROGRAMMING

Quickly become an OCR friendly facility with specific tools.
PRODUCT FEATURED

- POWER TRAINING ROPE 1.5 IN P.33
- POWERWAVE P.29
- 2-IN-1 FLIP AND PLYO P.88
- POWERFORCE MEDICINE BALL P.24
- PREMIUM SLAM BALL P.23
INTRODUCING NEW PRODUCTS

THE AXLE
The Axle is an ultra-light barbell that is fully collapsible for easy storage in any training facility or on the go.

- 11.2 lbs fully assembled
- Compatible with any Olympic Plates
- Group programming options available

MINI VERSA LOOP
Our best selling Versa Loops in a size better suited for arm exercises.

- Cost-effective and space-saving
- Comprehensive all-body exercise tool
- 6 resistance levels
Covered Resistance Tubes add durability and peace of mind to a fitness favorite!

- Thick protective sleeve
- Ergonomic handle with comfortable grip
- 6 resistance levels

**OCTANE AIRDYNEX**

Superior Performance, Commercial-Grade Durability. Ideal for CrossFit boxes and high traffic commercial use facilities.

- Calibration technology for consistent power level.
- 26-blade performance fan for maximum output
- Cordless operation

**OCTANE AIRDYNE PRO**


- 26-blade performance fan for maximum output
- Moisture-repellent, double-coated steel body construction
- Single-stage belt for instant activation
**BOSU NEXGEN**

The NEXGEN BOSU® Balance Trainer is the next generation of balance products. New, textured markings allow for precise body positioning and cueing.

- Enhances grip for hands or feet
- Non-skid, non-marking base
- 26” diam. Max user weight 350 lbs.

**HIGH ROLLER**

Available in the United States for the first time. Functional and effective muscle care device for better and faster recovery, and the most ergonomic foam roller on the market.

- Adjustable legs for ergonomic positioning
- Three colors available
- Spotlight Product of the Year 2015 in Finland

**LIQUIDSKIN® SPORT**

First aid for every athlete. Protect wounds and prevent blisters with a strong, waterproof, sweatproof seal.

- Prevent blisters and protect open cuts from infection
- 100% waterproof
- No sting – ouchless

**HIGH BALLER**

The only twin-ball massager with width adjustable, angled massage balls used for self-myofascial release (SMR) and to loosen up stiff and tight muscles.

- Adjustable Width
- Utilizes a stable base
- Angled to reach problem areas
**STEP360° PRO**
Experience 360° of training! Designed to improve the body’s balance and stability on any side of the step.

- Large flat platform
- Durable, non-slip step
- Tubing notches for added resistance

**STEP360° STORAGE RACK**
Sturdy, lightweight, and easily stores up to 14 Step360® Pro trainers.

- Locking, non-marking casters
- Fits through all standard doorways
- Assembled: 60”L x 30”W x 74”H
Pro-Elite Medicine Ball

AN UPDATE ON A CLASSIC! Patented concave surface texture keeps the ball in your hands and won’t wear off with repeated use. Made from an upgraded rubber composition for extra durability. Eleven weight options, and a sleek, all black color scheme with weights clearly marked in white. Provides a slight bounce when slammed. Diameter varies by the weight of the ball.

25480 2 lbs. $ 25.99
25481 4 lbs. $ 30.99
25482 6 lbs. $ 41.99
25483 8 lbs. $ 51.99
25484 10 lbs. $ 58.99
25485 12 lbs. $ 68.99
25486 15 lbs. $ 75.99
25487 18 lbs. $ 85.99
25488 20 lbs. $ 97.99
25489 25 lbs. $ 108.99
25490 30 lbs. $ 123.99

Basic Power Medicine Ball

BOUNCEABLE! Hold it, toss it, bounce it! Durable textured surface for easy grip. Hollow synthetic rubber. Limited one year warranty. 2 lbs.=7” diam., 4 lbs.=7½” diam., 6 lbs. to 10 lbs.=9” diam., 12 lbs. to 25 lbs.=11” diam.

25234 2 lbs. Yellow/Black $ 16.99
25236 4 lbs. Green/Black $20.99
25238 6 lbs. Blue/Black $28.99
25240 8 lbs. Purple/Black $37.99
25242 10 lbs. Red/Black $41.99
25244 12 lbs. Gray/Black $49.99
25246 15 lbs. Gray/Black $53.99
25248 18 lbs. Gray/Black $62.99
25250 20 lbs. Gray/Black $70.99
25252 25 lbs. Gray/Black $78.99
25254 25 lbs. Gray/Black $89.39
25256 30 lbs. Gray/Black $91.99

See page 26 for Med Ball Tree Kit options.

Ellite Power Medicine Ball

BOUNCEABLE! Exclusive design! Perfect balance and durable construction guaranteed to retain its shape. Pass, toss, or bounce these superior medicine balls, they can take it! Hollow synthetic rubber. Limited 3 year warranty. Color coded by weight; colors may vary. 2 lbs. to 4 lbs.=8” diam., 6 lbs. to 8 lbs.=9” diam., 10 lbs. to 18 lbs.=10” diam., 20 lbs. to 30 lbs.=11” diam.

25202 2 lbs. 8” diam. Yellow $ 26.99
25204 4 lbs. 8” diam. Green $ 32.39
25206 6 lbs. 9” diam. Blue $ 43.69
25208 8 lbs. 9” diam. Orange $ 53.99
25210 10 lbs. 10” diam. Red $ 61.39
25212 12 lbs. 10” diam. Purple $ 71.69
25215 15 lbs. 10” diam. Green $ 78.69
25218 18 lbs. 10” diam. Blue $ 89.39
25220 20 lbs. 11” diam. Orange $101.69
25225 25 lbs. 11” diam. Red $112.69
25230 30 lbs. 11” diam. Purple $128.39

See page 26 for Med Ball Tree Kit options.
MEGA Slam Ball
NON-BOUNCE! This no-bounce, no-roll throwing and slamming to the ground and is a must for any cross-training regimen. Use in place of a standard medicine ball to perform traditional core exercises or pass back and forth between partners. Rugged, textured surface provides superior grip, handling, and long life. Black.

4-8 lbs. balls have a 7” diameter, and the 10-30 lbs. balls have a 9” diameter. Gray.

<table>
<thead>
<tr>
<th>Size</th>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Gray</td>
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<td>25456</td>
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<td>Black</td>
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<td>25436</td>
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<td>Black</td>
<td>$79.69</td>
</tr>
<tr>
<td>25440</td>
<td>50 lbs.</td>
<td>Red</td>
<td>$84.99</td>
</tr>
</tbody>
</table>

Premium Slam Ball
NON-BOUNCE! Built to take a beating, the Premium Slam Ball is completely rubberized and will not split. With a smaller diameter, knurled surface for superior grip, and a bit of give so it will not bounce, it is the choice of athletes. Grip, durability, it’s got it all! 4-8 lbs. balls have a 7” diameter, and the 10-30 lbs. balls have a 9” diameter. Gray.

<table>
<thead>
<tr>
<th>Size</th>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>25450</td>
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<tr>
<td>25452</td>
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<td>Gray</td>
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<td>Blue</td>
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<tr>
<td>25439</td>
<td>45 lbs.</td>
<td>Black</td>
<td>$79.69</td>
</tr>
<tr>
<td>25440</td>
<td>50 lbs.</td>
<td>Red</td>
<td>$84.99</td>
</tr>
</tbody>
</table>

LifeFitness® Medicine Ball
The incredibly durable LifeFitness Medicine Ball can be used to provide resistance for both static and dynamic exercises. The long-lasting textured surface makes it easy to hold, toss, and catch. Available in multiple weights to meet a variety of training needs. Color coded for easy weight recognition. Not intended for ball “slams.”

<table>
<thead>
<tr>
<th>Size</th>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
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<td>71005</td>
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<td>71011</td>
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<tr>
<td>71013</td>
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</table>

Hammer Strength® Medicine Ball
The Hammer Strength Medicine Ball offers both a unique look and great function. The rugged design and textured surface aids in grip and durability. Great for adding resistance to almost any exercises’ training regimen. Size of ball will vary by weight. Not intended for ball “slams.”

<table>
<thead>
<tr>
<th>Size</th>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
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<td>71025</td>
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<tr>
<td>71043</td>
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<td>Gray</td>
<td>$126.99</td>
</tr>
</tbody>
</table>

- California residents please see page 130  
- Additional shipping costs may apply
Dynamax™ Medicine Ball

The soft-shell construction and balanced, uniform weight of this ball makes it easy to handle. It remains dimensionally stable and balanced while providing functional resistance during any fitness, sport, or rehabilitation exercise. Ideal for exercises where bounce from the ball is not wanted, or for grip training.

Filler material provides even weight distribution and helps maintain shape.

24004 Stinger 1 4 lbs. $ 70.99
24006 Stinger 2 6 lbs. $ 75.99
24008 Accelerator 1 8 lbs. $ 79.99
24010 Accelerator 2 10 lbs. $ 81.99
24012 Stout 1 12 lbs. $ 88.99
24014 Stout 2 14 lbs. $ 92.99
24016 Hefty 1 16 lbs. $ 98.99
24018 Hefty 2 18 lbs. $102.99
24020 Burly 1 20 lbs. $109.99
24021 Burly 2 25 lbs. $134.39
24023 Husky 30 lbs. $145.99

XD™ Kevlar®

14" Kevlar Medicine Ball

The toughest and only reinforced medicine ball with DuPont™ Kevlar® fiber on the market. This extremely durable and low-bounce ball keeps its shape due to its patented construction. The tacky surface provides maximum control along with embroidered weight identification that won’t fade or peel. Consistent 14 inch diameter regardless of weight. Fifteen weights available, from 4 to 50 lbs. Part of the XD™ Kevlar® line of products.

14" diam. filler material provides even weight distribution and helps maintain shape.

11190 4 lbs. $ 89.99
11191 6 lbs. $ 93.99
11192 8 lbs. $ 98.99
11193 10 lbs. $104.99
11194 12 lbs. $108.99
11195 14 lbs. $115.99
11196 16 lbs. $120.99
11197 18 lbs. $131.99
11198 20 lbs. $137.39
11199 25 lbs. $142.39
11200 30 lbs. $147.39
11201 35 lbs. $157.39
11202 40 lbs. $162.39
11203 45 lbs. $167.69
11204 50 lbs. $172.69

XD™ Kevlar®

18" Kevlar Medicine Ball

The toughest and only reinforced medicine ball with DuPont™ Kevlar® fiber on the market. This extremely durable and low-bounce ball keeps its shape due to its patented construction. The tacky surface provides maximum control along with embroidered weight identification that won’t fade or peel. Consistent 18 inch diameter regardless of weight- our largest, heaviest med ball! Six weights available, from 40 to 150 lbs. Part of the XD™ Kevlar® line of products.

18" diam.

08024 40 lbs. $ 182.69
08025 60 lbs. $ 202.99
08026 80 lbs. $ 223.39

XD™ Kevlar®

10" Kevlar Medicine Ball

The toughest and only reinforced medicine ball with DuPont™ Kevlar® fiber on the market. This extremely durable and low-bounce ball keeps its shape due to its patented construction. The tacky surface provides maximum control along with embroidered weight identification that won’t fade or peel. Consistent 10 inch diameter regardless of weight. Nine weights available, from 4 to 20 lbs. Part of the XD™ Kevlar® line of products.

10" diam.

08004 12 lbs. $ 111.69
08005 14 lbs. $ 116.99
08006 16 lbs. $ 121.99
08007 18 lbs. $ 126.99
08008 20 lbs. $ 131.99

Shown: PowerForce Medicine Ball

PowerForce Medicine Ball

14" diameter allows for consistent form while using a variety of weight options up to 30lbs. Coated black vinyl shell with a moisture and scuff resistant textured surface to provide a confident grip. Internally reinforced design is durable and maintains shape while remaining soft to the touch.

23989 6 lbs. $ 67.39
23990 8 lbs. $ 72.69
23991 10 lbs. $ 77.69
23992 12 lbs. $ 82.99
23993 14 lbs. $ 87.99
23994 16 lbs. $ 93.39
23995 18 lbs. $ 98.69
23996 20 lbs. $108.69
23997 25 lbs. $113.69
23998 30 lbs. $119.39

PowerForce Systems | 800.321.6975
The CorBall® Plus combines the Basic Power Med-Ball and the Power Grip ball to create a medicine ball hybrid perfect for core and abdominal training, rotational movements, and strength training. Hollow synthetic rubber construction. Color coded by weight; colors may vary. 9" diam.

- 6 lbs. Peach $44.69
- 8 lbs. Teal $49.99
- 10 lbs. Burnt Orange $56.99
- 12 lbs. Red $62.39
- 14 lbs. Royal Blue $70.69
- 16 lbs. Yellow $74.69
- 18 lbs. Tan $79.69
- 20 lbs. Gray $84.99
- 25 lbs. Purple $96.39
- 30 lbs. Forest Green $106.69

**Soft Touch Medicine Ball**

Soft and pliable medicine balls fit comfortably in the palm of your hand allowing you to move easily through a full range of motion when exercising. Hold one in each hand for additional resistance during upper and lower body exercises. Balls do not bounce and are not designed for throwing. Durable PVC outer shell is filled with sand. Color coded by weight; colors may vary. 1 lbs. to 5 lbs. 5½" diam., 6 lbs. to 10 lbs. 6½" diam.

- 1 lbs. 5½" diam. Pink $9.99
- 2 lbs. 5½" diam. Yellow $10.99
- 3 lbs. 5½" diam. Gray $11.99
- 4 lbs. 5½" diam. Green $12.99
- 5 lbs. 5½" diam. Blue $13.99
- 6 lbs. 6½" diam. Black $14.99
- 8 lbs. 6½" diam. Green $15.99
- 10 lbs. 6½" diam. Black $16.99

92574 5 Ball Rack w/5 Soft Touch Med-Balls $132.99 (includes one each of 1 lbs. - 5 lbs. balls)

**Power Rope-Ball®**

BOUNCEABLE! Develop rotational strength and power with this functional training tool that combines the Elite Power Med-Ball with a rope handle. The Power Rope-Ball allows you to perform quick, rotational movements in a variety of patterns and planes of motion. The hollow, synthetic rubber construction allows the ball to rebound. Ideal for swinging and chopping motions. The rope handle attachment offers a variety of gripping options and is permanently attached to the ball to keep it firmly in position.

Rope length: 36". Colors may vary.

- 2 lbs. 8" diam. Yellow $50.99
- 4 lbs. 8" diam. Green $70.69
- 6 lbs. 9" diam. Blue $84.99
- 8 lbs. 9" diam. Orange $95.39
- 10 lbs. 10" diam. Red $112.69
- 12 lbs. 10" diam. Purple $127.39
- 15 lbs. 11" diam. Green $147.99
- 18 lbs. 11" diam. Blue $163.69

**Medicine Ball Rebounder**

The 28" diameter multi-purpose rebounding area is perfect for beginners and for those using med balls for rehab exercises. Handle with padded grip provides added stability for the beginner. Features built-in tray to hold medicine balls when not in use. Medicine ball sold separately. Assembly required. Tubular steel frame. 40" L x 40" W x 43" H.

- 20 lbs. $447.69

**PlyoBack™ Reflex Rebounder**

Multi-use rebounder! Fully integrated training station with large frame and rebounding surface - great for balance, angled plyo jumps, jogging in place and med ball training. Integrated stabilization handle provides support when using for jogging or balance training. Assembly required. 44" L x 40" W x 54½" H.

- 21055 $655.39

- California residents please see page 130  - Additional shipping costs may apply
**Med Ball Tree**

A. Store up to 5 medicine balls (up to 11" diam) in this space-saving, easily accessible rack. Molded plastic feet on the bottom provide stability and protect floors. Assembly required. 14” L x 11” W x 52” H.

<table>
<thead>
<tr>
<th>Rack only</th>
<th>Gray</th>
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</tr>
</thead>
<tbody>
<tr>
<td>27190</td>
<td></td>
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</tr>
<tr>
<td>Kit w/ 5 Basic Balls - 4, 6, 8, 10, 12 lbs.</td>
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<td>Kit w/ 5 Basic Balls - 12, 15, 18, 20, 25 lbs.</td>
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<td>$330.99</td>
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<tr>
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<td>$494.39</td>
</tr>
<tr>
<td>27280</td>
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<td></td>
</tr>
</tbody>
</table>

**Double Med Ball Tree**

B. Store up to 10 medicine balls (up to 11” diam). Vertical design is space saving and uses minimal floor space. Molded plastic feet on the bottom of rack protect floors and provide stability. Assembly required. 23” L x 11” W x 52” H.

Kits include: 4, 6, 8, 10, 12, 15, 18, 20, 25, 30 lbs. Basic or Elite Med Balls.

<table>
<thead>
<tr>
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<td>$494.39</td>
</tr>
<tr>
<td>27279</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**3-Tier Med Ball Rack**

Stores up to 10 medicine balls (up to 11” diam). Vertical design is space saving and uses minimal floor space. Molded plastic feet on the bottom of rack protect floors and provide stability. Assembly required. 23” L x 11” W x 52” H.

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
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<tr>
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<tr>
<td>27283</td>
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</tr>
<tr>
<td>Kit w/ 10 Elite Balls</td>
<td>Black</td>
<td>$822.99</td>
</tr>
</tbody>
</table>

**Premium Med Ball Tree**

C. Stores up to 20 medicine balls. Ball-bearing casters provide smooth transport and lock into position. Assembly required. Ships in 2 boxes. 25” L x 25” W x 56” H.

Kits include: (1) 2, (2) 4, (2) 6, (2) 8, (2) 10, (2) 12, (2) 15, (2) 18, (2) 20, (2) 25, (1) 30 lbs. Basic or Elite Med Balls.

<table>
<thead>
<tr>
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<tr>
<td>Kit w/ 20 Elite Balls</td>
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<td>$1,552.99</td>
</tr>
</tbody>
</table>

**Secure Med Ball Cart**

Portable, secure storage option for medicine balls and other fitness or sport-training equipment. Swing top can be securely padlocked (lock not included). Swivel casters provide mobility and lock into position. Cart fits through standard doorways. Holds approximately 20-50 balls depending on diameter. Balls sold separately. Constructed of 1” welded steel tubing. Assembly required. 45” L x 27” W x 31” H. Ships freight carrier.

<table>
<thead>
<tr>
<th>Kit only</th>
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<tbody>
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<tr>
<td>27164</td>
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<tr>
<td>Kit w/ 20 Elite Balls</td>
<td>Black</td>
<td>$1,552.99</td>
</tr>
</tbody>
</table>
**Wall-Mounted Med Ball Rack**

Stores up to 6 medicine balls. Space-saving, wall-mounted design stores weighted balls off the floor. Balls rest securely in cradle, so they don't sit against the wall.

Mounting holes on 12" centers. Balls sold separately. Assembly required. Steel construction. Black. 49½" L x 11½" W x 13½" H. 27187 $186.39

**Mega Medicine Ball Storage Rack**

The perfect solution to keeping your oversized medicine balls off the floor. This space-saving design holds up to 8 - 14" diameter medicine balls and allows user to retrieve a ball from any angle.

Dynamax Medicine Balls not included. Gray. 66" thick x 21.5" W x 35.5" L. 24025 $191.39

**3 Tier Mega Medicine Ball Rack**

Keep your oversized medicine balls off the floor and securely in place. The 3-tier rack holds up to 12 - 14" diameter medicine balls. Swivel locking casters will hold the rack firmly in place or allow you to relocate the rack with ease.

63.5" L x 16.5" W x 43" H. 24026 $465.39

**Soft Touch Medicine Ball Rack**

Organize and store your Soft Touch Med-Balls on these two compact storage racks. Available in 5 or 10 ball models, each rack will hold 5½" to 6½" diameter balls.

Assembly required. PVC. 5-Ball Rack: 34" L x 4" W x 4½" H. 10-Ball Rack: 34" L x 4" W x 11" H. Rack with 5 balls includes one each of 1 lbs. to 5 lbs. Soft Touch™. White. 92573 5 Ball Rack Only $ 62.99 92575 10 Ball Rack Only $ 104.69 92574 5 Ball Rack w/5 Soft Touch Med-Balls $ 132.99

Shown: PowerForce Medicine Ball

- California residents please see page 130  - Additional shipping costs may apply

MEDICINE BALL STORAGE
The Ultimate Sandbag

The Ultimate Sandbag is designed to meet the demands of everyday training. Each shell is constructed from non-abrasive, high-quality materials and includes seven gripping options. Power Package has 7-contour grip handles. Strength and Advanced Packages have 5-contour grip handles and WZRHQGŴDSV(QGŴDSVUROOWRLPSURYHJULSDQGDUHQRWGHVLJQHGWREH held as handles.

VersaFit® Log

VersaFit Log provides a challenging alternative to traditional strength training. VersaFit Logs have multiple handles and Velcro straps that allow you to vary exercise focus and function by gripping the bag in different ways. VersaFit Log enhances balance, plyometric training, and rotational movements. Use for Olympic chops and throws. Can be used indoors or outdoors. Black. 23” x 8” diam.

XD™ Kevlar® Sandbag

Reinforced with DuPont™ Kevlar® fiber, this extremely durable sandbag will help you take your total body workouts to a new level. Special interior construction helps prevent weight from shifts and helps the bag maintain its shape. Embroidered weight identification won’t fade or peel. Five reinforced, strategically placed hand grips add versatility. Ten weights, from 10 to 60 lbs. Part of the XD™ Kevlar® line of products.

<table>
<thead>
<tr>
<th>Weight</th>
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<tbody>
<tr>
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<tr>
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<tr>
<td>20 lbs.</td>
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<tr>
<td>25 lbs.</td>
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<td>30 lbs.</td>
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<td>35 lbs.</td>
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<td>45 lbs.</td>
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<td>50 lbs.</td>
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<td>60 lbs.</td>
<td>$202.99</td>
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</table>

VersaFit® Log

13481 10 lbs. $ 103.69
13482 20 lbs. $ 113.69
13483 30 lbs. $ 124.39
13484 40 lbs. $ 134.39
13485 50 lbs. $ 155.39

The Ultimate Sandbag™

13581 Power Package Elite Black $ 104.69
13584 Power Package Elite Pink $ 104.69
13582 Strength Package Elite Black $ 136.39
13583 Advanced Package Elite Black $ 178.69

powersystems.com | 800.321.6975
PowerWave™

The PowerWave™ is a revolutionary multi-functional training device that delivers a total body workout that will improve core strength and physical endurance. Paired with the free PowerWave™ Fitness App - now available on iTunes and Google Play - you will have access to goal-specific 20 minute workouts, anywhere you want to go, on your own schedule. PowerWave™ is not your average sandbag or Bulgarian bag – unique features are built in to help you maintain proper body alignment as you maximize caloric expenditure. Customized music and timers assist you in the 20 minute workouts.

For more information, pictures and videos of the PowerWave™ and new App please visit powersystems.com

Super - weight 7 kg/15.4 lbs., 1" grip track. Spartan - weight 12 kg/26.4 lbs., 1" grip track. The Beast - weight 20 kg/44 lbs., 2" grip track. Black.

13320 Super $159.99
13322 Spartan $189.99
13324 The Beast $223.39

BECOME A CERTIFIED POWERWAVE INSTRUCTOR

- Certified PowerWave Instructors are the key to maximizing the results the PowerWave’s Wave20, Beast Reps, and Complete 30/40 programming can bring you facility. Increase group fitness classes and small group training attendance and maximize client results by adding PowerWave classes to your programming.
- For more information on the PowerWave program and upcoming PowerWave Instructor Course training dates, visit www.powersystems.com/powerwave or contact our Education Coordinator at education@power-systems.com

FIND OUT MORE ABOUT THE POWERWAVE, WORKOUTS, AND CERTIFICATION, AT POWERSYSTEMS.COM/POWERWAVE.
Filled with tiny, dense balls of steel shot, The Hyperwear Steelbell is the most intense free weight ever created! Slam, throw, or toss, think of the Steelbell as a medicine ball, challenging your stabilizing muscles with every move to improve your performance. The Steelbell is constructed from extra-thick neoprene with a super texture surface for grip improvement. It is roughly half the size, per weight, of its SandBell counterpart, but packs twice the dynamic punch – making it the choice of the NFL, collegiate teams, and the armed forces.

<table>
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<tr>
<th>Weight</th>
<th>Steelbell</th>
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<tr>
<td>10 lbs.</td>
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<td>15 lbs.</td>
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<td>20 lbs.</td>
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<td>25 lbs.</td>
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<td>30 lbs.</td>
<td>$81.39</td>
<td>$96.69</td>
</tr>
</tbody>
</table>

The SandBell is a cross between a sandbag, a dumbbell, a barbell, a grip bag, a medicine ball, a slam ball, a stability pod, a gliding disk, and a kettlebell. Made of tough, flexible neoprene, the SandBell is the most versatile and enjoyable functional weight training tool on the market. SandBell utilizes a patent pending fill mechanism that allows the end user to fill or empty the SandBell with dry play sand (not included).

<table>
<thead>
<tr>
<th>Weight</th>
<th>SandBell</th>
<th>XD™ Kevlar® Sand Disc</th>
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<tbody>
<tr>
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<tr>
<td>10 lbs.</td>
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<tr>
<td>15 lbs.</td>
<td>$50.99</td>
<td>$65.99</td>
</tr>
<tr>
<td>20 lbs.</td>
<td>$60.99</td>
<td>$76.39</td>
</tr>
<tr>
<td>25 lbs.</td>
<td>$71.39</td>
<td>$86.39</td>
</tr>
<tr>
<td>30 lbs.</td>
<td>$81.39</td>
<td>$96.69</td>
</tr>
<tr>
<td>35 lbs.</td>
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<td>$106.69</td>
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<td>$116.99</td>
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<tr>
<td>45 lbs.</td>
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<td>$126.99</td>
</tr>
<tr>
<td>50 lbs.</td>
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<td>$137.39</td>
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<tr>
<td>55 lbs.</td>
<td>$126.99</td>
<td>$157.39</td>
</tr>
<tr>
<td>60 lbs.</td>
<td>$137.39</td>
<td>$172.69</td>
</tr>
</tbody>
</table>

Shown: Steelbells
powersystems.com | 800.321.6975
The MostFit Core Hammer offers a portable sledgehammer workout without a tire. Sledgehammer workouts are dynamic, fun, and now safe. This type of training engages all your muscles and challenges your cardiovascular system. It’s great for athletes, fitness enthusiasts, and even casual exercisers. Enjoy your favorite sledgehammer exercises in your front yard, outside the office, or at a gym. Features: Durable plastic covered fiberglass handle. Head made of solid urethane. Fiberglass/urethane. Blue/Black.

Available in 4 different weights. Training DVD and wall chart included. Reinforced handle with rubber grip.

- 8 lbs. $253.99
- 12 lbs. $274.39
Assault® Air Bike

The Assault is truly the best-in-class fan bike available today! Designed with the user in mind, this bike ensures durability with sealed cartridge bearings and full high-tensile steel construction, customizable programming, and no fuss usage. Keep it mellow or jump into bouts of high intensity intervals - the workouts are unlimited! Let the Assault Air Bike be the primary tool in your calorie-burning tool kit!

51190  $811.39

NEW

Octane Airdyne Pro Bike

QUALITY STUDIO PERFORMANCE, ROCK-SOLID DURABILITY. Ideal for HIIT, Steady State, Circuit Training and much more! The Airdyne Pro is powered by a single stage belt drive that provides a smooth, quiet ride - superior to the competition that offers a 2-stage chain drive. Features a low-maintenance D-Crank, urethane coated handlebars and a 10 year frame, 2 year part, and 6 month labor warranty. Single-stage belt for instant activation and 26-blade performance fan for maximum output. Seat adjusts to fit most users. HIIT training and custom programs.

51171  $1,014.39

NEW

Octane AirdyneX Bike

SUPERIOR PERFORMANCE, COMMERCIAL-GRADE DURABILITY. Ideal for CrossFit boxes and high traffic commercial use facilities offering HIIT, Steady State, Circuit Training, and much more! The AirdyneX is powered by a single stage belt drive that provides a smooth, quiet ride - superior to the competition that offers a 2-stage chain drive. Features a low-maintenance D-Crank, urethane coated handlebars and a 10-year frame, 3-year part, and 6 month labor warranty. Single-stage belt for instant activation and 26-blade performance fan for maximum output. Seat adjusts to fit most users. HIIT training and custom programs.

51170  $1,217.39

NEW

HiTrainer™ ATP

Create a dynamic bridge between your cardio and strength training areas. Peaking the metabolism with three short HiTrainer ATP sessions per week (3XW) dramatically improves aerobic and anaerobic energy systems therefore improving the effectiveness of all other training. A self-propelled sprinting treadmill, the ATP is ergonomically designed to maximize the benefits of high intensity interval training (HIIT). Adjustable resistance allows users to easily move from over speed training to sled with the twist of a knob. The ATP console provides performance feedback including average speed, peak speed and distance. Pre-programmed ATP sprint and interval training protocols add a new training category and a great warm-up tool.

51160  $7,099.99

HiTrainer™ ATP+

Employ all of the ATP features with a unique level of power and performance analysis driven by the addition of precise sensors behind the chest pads - an essential tool that enables personal trainers and strength coaches to train their clients to reach their full potential.

51161  $8,114.99

Employ all of the ATP features with a unique level of power and performance analysis driven by the addition of precise sensors behind the chest pads - an essential tool that enables personal trainers and strength coaches to train their clients to reach their full potential.

51161  $8,114.99

NEW

Assault® Air Bike

The Assault is truly the best-in-class fan bike available today! Designed with the user in mind, this bike ensures durability with sealed cartridge bearings and full high-tensile steel construction, customizable programming, and no fuss usage. Keep it mellow or jump into bouts of high intensity intervals - the workouts are unlimited! Let the Assault Air Bike be the primary tool in your calorie-burning tool kit!

51190  $811.39
Power Training Rope

Training ropes work the entire body for overall strength and conditioning. These ropes come in two colors, two diameters and three lengths to accommodate a wide range of fitness levels. Rope anchors and hanger available. Larger diameter offers more resistance. Rope weight varies by length and diameter.

Available in Black or White, in 1 ½” and 2” diam. and 30’, 40’, & 50’ lengths. Weight varies by length and diameter.

<table>
<thead>
<tr>
<th>Color</th>
<th>Length</th>
<th>Diameter</th>
<th>Weight</th>
<th>Price</th>
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</thead>
<tbody>
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<td>1 ½”</td>
<td>47 lbs.</td>
<td>$147.39</td>
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<tr>
<td></td>
<td>40' L</td>
<td>1 ½”</td>
<td>77 lbs.</td>
<td>$198.99</td>
</tr>
<tr>
<td></td>
<td>50' L</td>
<td>1 ½”</td>
<td>105 lbs.</td>
<td>$230.39</td>
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<tr>
<td></td>
<td>30' L</td>
<td>2”</td>
<td>47 lbs.</td>
<td>$157.39</td>
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<td></td>
<td>40' L</td>
<td>2”</td>
<td>77 lbs.</td>
<td>$202.99</td>
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<tr>
<td></td>
<td>50' L</td>
<td>2”</td>
<td>105 lbs.</td>
<td>$251.99</td>
</tr>
</tbody>
</table>

The Beast Battle Rope

Take your battle rope workout to the next level with The Beast. Traditional battle ropes only allow for a single plane of force, while The Beast counters every movement, demanding muscle contractions throughout the whole body. Perfect tool for resistance training to work on explosive sprints, rotational and lateral movements, reverse walking and cardiovascular endurance.

Lightweight, nylon sheath protects user from unprotected elastic bands. Includes one 20’ resistance Slastix rope with 60’ stretch.

<table>
<thead>
<tr>
<th>Color</th>
<th>Length</th>
<th>Diameter</th>
<th>Weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>30' L</td>
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<td>$107.99</td>
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<td></td>
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<td>1 ½”</td>
<td>77 lbs.</td>
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</tr>
<tr>
<td></td>
<td>50' L</td>
<td>1 ½”</td>
<td>105 lbs.</td>
<td>$144.99</td>
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<tr>
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<td>47 lbs.</td>
<td>$169.69</td>
</tr>
<tr>
<td></td>
<td>40' L</td>
<td>2”</td>
<td>77 lbs.</td>
<td>$196.99</td>
</tr>
<tr>
<td></td>
<td>50' L</td>
<td>2”</td>
<td>105 lbs.</td>
<td>$229.99</td>
</tr>
</tbody>
</table>

Son of the Beast Battle Rope

Shorter length than The Beast, but same great benefits. Sold in pairs. Each rope stretches up to 3 times its original length.

<table>
<thead>
<tr>
<th>Length</th>
<th>Diameter</th>
<th>Weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10’ L</td>
<td>1 ½”</td>
<td>47 lbs.</td>
<td>$157.39</td>
</tr>
<tr>
<td>10’ L</td>
<td>2”</td>
<td>77 lbs.</td>
<td>$202.99</td>
</tr>
</tbody>
</table>

Battle Rope Anchor Station

Anchor up to 12 battle ropes for the ultimate group training experience. No mounting necessary - can be stored away when not in use. Center, anchor support is built to fit any Olympic sized plate (not included). 24” L x 24” W x 11 ½” H.

<table>
<thead>
<tr>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>$372.39</td>
</tr>
</tbody>
</table>

Rope Anchor

Securely hold your training rope in place during workouts with the wall mounted Rope Anchor. Simply mount it and get to work! Does not include mounting hardware.

<table>
<thead>
<tr>
<th>Length</th>
<th>Weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10’ L</td>
<td>47 lbs.</td>
<td>$157.39</td>
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<tr>
<td>10’ L</td>
<td>77 lbs.</td>
<td>$202.99</td>
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<td>10’ L</td>
<td>105 lbs.</td>
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<tr>
<td>20’ L</td>
<td>47 lbs.</td>
<td>$147.39</td>
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<tr>
<td>20’ L</td>
<td>77 lbs.</td>
<td>$198.99</td>
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<tr>
<td>20’ L</td>
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<tr>
<td>20’ L</td>
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Rope Hanger

Keep your training ropes out of the way and eliminate trip hazards when not in use with the Rope Hanger. Does not include mounting hardware. The heavy-duty design will hold up to a 50’ rope. Black. 10½” T x 2½” W x 14” D.

<table>
<thead>
<tr>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>$36.39</td>
</tr>
</tbody>
</table>

- California residents please see page 130 - Additional shipping costs may apply
TruFit® UNIT™
Lightweight, portable, indoor/outdoor suspension training system that sets up quickly and provides workout options for all fitness levels. The unique construction of the TruFit® UNIT™ features heat-treated aircraft aluminum handles for lightweight durability and climbing grade adjustment points and webbing for peace of mind. The unique multi-use platform creates endless exercise opportunities and integrates well with other training tools.

68290   $202.99

Lifeline® Jungle Gym XT
The Jungle Gym XT bodyweight suspension system features a split design allowing the straps to be placed in multiple positions, from "V" to wide angle. Shifting your body angle lets you vary your workout intensity. The Jungle Gym XT suspension system relies on your bodyweight to deliver a challenging workout. The premium quality design and construction make the Jungle Gym XT indispensable in your exercise program.

• Split strap design for shifting from "V" to wide angle changing exercise intensity and force on your body.
• Comfortable, molded foot cradle for easy, hands-free use.
• In-line buckle is simple to adjust during use.
• Easy to grip handles wipe clean.
Includes instructional poster.

93894   $99.99

JGXT Strap Extenders
Add 8 ft. of length to your Jungle Gym XT.

8'L. 
93898   $29.99
The TRX Rip Group Training Station accommodates up to 10 users, is made of high-grade steel, and includes wheel for portability. It collapses for storage and can be used indoors or outdoors. Stand weighs 100 lbs. Can be loaded with weight plates for more stability. Includes TRX Rip Group Training Station, 10 TRX Trip Trainers, and TRX Banner.

- California residents please see page 126
Training Rings

Not just for gymnasts! One of the hottest pieces of alternative training equipment are the Training Rings. Challenge your fitness level and your body weight training like never before. Perform pull-ups, rows, muscle-ups, and other suspended exercises on the independently hanging rings. Includes two easy-to-grip durable ABS material rings, ring thickness 1/4”, ring diam = 7 1/4” inside diam., 9 3/4” outside diam., (2) 1” W x 14’ L straps with 2 heavy duty secure buckles.

93896 $75.69

Wood Training Rings

No need to use chalk! Dip, row, and muscle-up with the confidence of a secure grip using Power Systems Wood Training Rings. These wood rings are light and textured, unlike steel or plastic rings. Sold in sets, these rings come with length labeled, nylon straps and adjustable buckles. These are great for gym, box, or home gym use.

93910 $82.99

Pull-Up Handles

Train stabilizer muscles as well as primary muscles with these movable handles. Unlike traditional lat pull down and chin up bars, these steel handles have a revolving grip. Adjust the spacing between the handles for a wider or more narrow grip. Can be hooked to most rack systems.

Steel Handles. Silver/Black. 15” L x 6” W. 67095 $53.99 /pair

Premium Pull Up Bar

This wall-mounted pull-up bar takes your pull-ups to the next level. It offers plenty of room for various grip widths and saves on space. Attach the additional pull up bar for more pull-up stations in your facility or gym. Assembly required. Mounting hardware not included. May require professional installation. Additional shipping charges may apply. Additional bar sold separately. Black. 43.25” L x 39.5” W x 19” H.

40062 Premium Pull Up Bar $239.99
40063 Additional Bar $133.39

Chin-Up Bar

Wide solid steel chin-up bar provides plenty of room for various grip widths. Bolts to wall. Hardware not included. Assembly required. Steel. Black. 49½” L x 16” W x 16” H.

40060 $156.99

Adjustable Chin-Up Bar

Wall-mounted design with adjustable bar accommodates users of various heights and abilities. Bar adjusts to 5 positions in 4” increments and locks into place on chrome guide tracks with U-pin for safety. Grip is 16” from wall. Perform chin-ups, hanging leg raises, and underhand hang. Bolts to wall. Hardware not included. Assembly required. 350 lbs. weight capacity. Black. 48” W x 36” H.

40065 $217.39
**SKLZ® Slidez**

Use them unilaterally, bilaterally, or anywhere you’d like to take them – Slidez are the choice of athletes! The low-friction, non-marking bottoms smoothly slide on virtually any surface, including rubber gym floors. Ergonomic tread patterned tops provide a superior grip for hands or feet. The unique shape allows you to move omnidirectionally to build the core you’ve always wanted. To build strength, mobility, and size it’s got to be Slidez!

93063 $29.99

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**Parallettes**

Swing through, master handstand push-ups, and test your limits on Power Systems Parallettes! With steel tube construction, and a textured coating for premium grip, these parallettes can hold any weight without shifting during use. 24½" L x 14½" W x 13" H 1½" diameter grip.

92441 $67.39

---

**Lebert Equalizer™**

The Lebert Equalizer™ is a total-body strength training piece of equipment that is extremely versatile. Train the arms, back, and core muscles using your own body weight for resistance. Stack together for efficient storage when not in use. Supports up to 400 lbs. Assembly required. Each unit includes a workout poster and beginner/intermediate workout DVD. 8 lbs. 25" W x 28½" H.

92435 Yellow $100.99/pair
92433 Pink $100.99/pair
92434 Lime Green $100.99/pair

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**Push-Up Bars**

No more slipping from sweaty hands. Handles have heavy padding to keep your hands comfortable. Neoprene coating on bottom reduces movement, so you can perform many variations of push-ups. Handles have .25" heavy neoprene padding. Assembly required. Black/Gray. Molded plastic. 9½" L x 5¾" W x 5⅜" H.

93411 $17.69/pair

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**Stroops VITL Kit**

The VITL Kit has all of the basics to introduce you and your clients to dynamic Slastix resistance band training. The VITL Kit provides for a wide variety of exercises that allow you to develop speed, strength, and power. This lightweight and portable training solution can be used indoors or outdoors and is great for one-on-one or partner training!

The VITL kit includes: (4) 36" Slastix that stretch to 12 feet, (2) Foot straps, (2) Contour handles, (1) Universal swivel belt, (2) Cloth Anchors, (5) Dots, (1) Cinch Bag.

13766 $202.39
Core Roller
Build firmer, stronger abs, plus strength in the shoulders, chest, and core. Wide single wheel with ergonomic handles lets you perform roll-outs, inch worms, lat/diagonal pulls, and rolling planks. Assembly required. Textured, molded plastic wheel. Teal/Black. Wheel: 2 ½" W x 7" diam. 92446 $14.69

Perfect Ab Carver™ Pro
Kinetic engine made of a carbon steel spring turbo-charges abdominal and arm workouts. Ultra-wide wheel stabilizes movement to carve left, right, and center. Rubberized, non-slip ergonomic grips for stability control. Includes foam kneepads made from high-density foam for superior comfort. 15½" L x 7½" D x 7½" H. Maximum user weight: 300 lbs. 92401 $42.69

Power Wheel®
According to a study conducted by California State University-Sacramento, The Lifeline Power Wheel® activated the upper and lower abs and obliques significantly greater than other exercises. Assembly required. Includes instructional DVD, Wheel 14" diam. 67150 $49.99

Core Roller
Build firmer, stronger abs, plus strength in the shoulders, chest, and core. Wide single wheel with ergonomic handles lets you perform roll-outs, inch worms, lat/diagonal pulls, and rolling planks. Assembly required. Textured, molded plastic wheel. Teal/Black. Wheel: 2 ½" W x 7" diam. 92446 $14.69

Our largest inflatable disc! Extra-large surface area offers versatility by maximizing total-body balance training for beginners as well as advanced users. Surface is wide enough to stand with feet shoulder-width apart. It targets the large muscle groups of the upper and lower body as well as the auxiliary stabilizing muscles that often are overlooked during workouts. Ships deflated. Sold individually. Burst resistant up to 300 lbs. Soft PVC. Red. 24" diam. x 7" H. Air pumps sold separately. 80130 $59.39

Versa Disc®

Versa Disc® Pro
More stability challenges! This 17½" diameter disc offers the same great benefits as the Versa Disc but it’s wide enough for you to stand on with both feet. Plus, it provides more instability and difficulty for intermediate/advanced users. Each side offers a different level of challenge. Burst resistant up to 300 lbs. Soft PVC. Ships deflated. Sold individually. Air pumps sold separately. Blue. 17½" diam. x 6½" H. 80156 $40.39

Versa Steps®
Arrange these colorful, air-filled, textured domes into a variety of patterns for personal training, rehabilitation and group programming. Place flat side down for basic balance training and dome side down for more advanced exercises. Textured surface provides traction during training and offers proprioceptive feedback when stepped upon without shoes. Store and transport with the included carry bag. 6 steps included per set. Burst resistant to 300 lbs. Ships inflated. Soft PVC. Colors may vary. 6½" diam. x 3½" H. 80185 $46.99

The AbMat has a safe, comfortable design contoured to your lower back to provide support and help prevent injury during abdominal workouts. The AbMat is small, portable and designed to take anywhere. Instructional DVD included. Black. 15" L x 12" W x 2 ½" H. 67188 $30.69

The AbMat has a safe, comfortable design contoured to your lower back to provide support and help prevent injury during abdominal workouts. The AbMat is small, portable and designed to take anywhere. Instructional DVD included. Black. 15" L x 12" W x 2 ½" H. 67188 $30.69

The AbMat has a safe, comfortable design contoured to your lower back to provide support and help prevent injury during abdominal workouts. The AbMat is small, portable and designed to take anywhere. Instructional DVD included. Black. 15" L x 12" W x 2 ½" H. 67188 $30.69

The AbMat has a safe, comfortable design contoured to your lower back to provide support and help prevent injury during abdominal workouts. The AbMat is small, portable and designed to take anywhere. Instructional DVD included. Black. 15" L x 12" W x 2 ½" H. 67188 $30.69
**Professional Rocker & Wobble Boards Kit**

Stand, sit, or kneel for a balance challenge! The 20" Rocker Board moves in a single directional plane and features a large square design ideal for beginners to balance training. The Wobble Boards move in multiple planes and feature a round design for intermediate and advanced users. Both Wobble Boards offer 3 level of difficulty and adjust in seconds. All 3 boards feature birch wood construction with slip-resistant top. Rocker Board (20" sq.; up to 14° angle. Wobble Board (20" diam.): 10°, 12°, or 15° angle. Wobble Board (16" diam.): 15°, 17°, or 20° angle.

- 80355  Set of 3 w/Stand  $ 314.99
- 80350  20" Rocker Board – Beginner  $ 104.99
- 80360  20" Wobble Board – Intermediate  $ 89.99
- 80370  16" Wobble Board – Advanced  $ 79.99

**VersaBalance® Board**

Versatile 2-in-1 balance board lets you select between 2 levels of difficulty to target any skill level, making it perfect for group settings! Height adjusts quickly and easily from 2¼" to 3½" with a pop-on adapter. Notches around edge allow you to incorporate tubing.

*High-quality PVC. Black. 16½" diam.*

- 80390  $27.99

**Bongo™ Balance Board**

This advanced balance training tool simulates lateral and radial movements, making it ideal for performing more complex proprioceptive exercises. Double ball-bearing wheel system causes two halves to rotate independently. Tapered roller ends allow toe-heel movement and rotation. 9-ply maple deck. Urethane roller with polypropylene center and a rubber nylon bungee cord. 31" L x 8" W x 5" H. 1-year limited warranty.

- 80150  $138.99

**Stretch Out® Strap**

The 10 fixed loops of the Stretch Out® Strap allows you to progressively stretch the major muscle groups of the body starting with a light stretch and gradually working into a deep stretch. Available with chart or book. Heavy-duty nylon. Green. 72" L x 1" W.

- 70400  Stretch Out Strap w/Chart  $18.69
- 70420  Stretch Out Strap w/Book  $20.99

**Dynamic Stretching Strap**

Durable nylon strap with 10 fixed elastic loops that flex and provide additional support while progressively stretching the major muscle groups of the body. This is the longest strap for stretching we offer. Includes exercise guide. Blue/Black. 75½" L x 1" W.

- 70445  $18.69

**Calf Raiz™**

Helps build powerful, defined calf muscles and improve flexibility. Nonslip, stable platform is 20" x 2". Welded steel construction. Black. 20" L x 10" W x 3" H.

- 67055  $43.69

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- California residents please see page 130  - Additional shipping costs may apply

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VersaBall®

This durable, professional-grade stability ball is perfect for any fitness or athletic facility.
Available in 4 sizes - order by user’s height (see chart on right). Deflates slowly if punctured. Tape measure included to ensure proper inflation. PVC.

<table>
<thead>
<tr>
<th>Diameter</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>45 cm</td>
<td>Sunrise Gold</td>
<td>$21.99</td>
</tr>
<tr>
<td>55 cm</td>
<td>Jet Black</td>
<td>$21.99</td>
</tr>
<tr>
<td></td>
<td>Calypso Berry</td>
<td>$22.99</td>
</tr>
<tr>
<td>65 cm</td>
<td>Silver Frost</td>
<td>$22.99</td>
</tr>
<tr>
<td>75 cm</td>
<td>Jet Black</td>
<td>$29.99</td>
</tr>
</tbody>
</table>

VersaBall® Pro

When you need firm support to pair core and resistance training, choose the VersaBall PRO. It is designed for dynamic workouts in a commercial setting and supports a variety of movements that combine bodyweight and resistance weight training.
Available in 3 sizes. Order by user’s height (see chart above). Tape measure included to ensure proper inflation. Deflates slowly if punctured. PVC.

<table>
<thead>
<tr>
<th>Diameter</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>55 cm</td>
<td>Purple Surf</td>
<td>$38.39</td>
</tr>
<tr>
<td>65 cm</td>
<td>Jet Black</td>
<td>$38.39</td>
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<tr>
<td></td>
<td>Calypso Berry</td>
<td>$44.69</td>
</tr>
<tr>
<td>75 cm</td>
<td>Silver Frost</td>
<td>$51.99</td>
</tr>
</tbody>
</table>

Life Fitness Stability Ball

Improve balance and core fitness. Burst-resistant rating of 1,250 lbs. (567 kg).

<table>
<thead>
<tr>
<th>Diameter</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>55 cm</td>
<td>Red</td>
<td>$40.69</td>
</tr>
<tr>
<td>65 cm</td>
<td>Gray</td>
<td>$46.69</td>
</tr>
<tr>
<td>75 cm</td>
<td>Blue</td>
<td>$53.99</td>
</tr>
</tbody>
</table>

Hammer Strength Stability Ball

The Hammer Strength Stability Ball is one of the strongest in the industry. Specifically designed for strength-training demands, the Hammer Strength Stability Ball will challenge the balance, stability, and strength of your strongest athletes and clients. Available in one size only. Inflates up to 75 cm. Burst-resistant rating of 2,000 lbs. (907 kg).

<table>
<thead>
<tr>
<th>Diameter</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 cm</td>
<td>Black</td>
<td>$165.39</td>
</tr>
</tbody>
</table>
**Air Pumps**

Choose the pump that fits your needs! The Personal Hand Pump or Needle Pump is suited for when you need to pump up only one ball. Pro Foot Pump or Club Hand Pump work well for inflation of multiple balls. Mini Electric Pump inflates multiple balls at a rate of 35L/min and delivers up to 100 PSI. It operates on AC 120V and includes a pressure gauge and additional nozzles for use with other inflatables.

- **80168** Needle Pump $ 9.69
- **80085** Personal Hand Pump $ 8.99
- **80090** Club Hand Pump $ 24.99
- **80095** Pro Foot Pump $ 26.99
- **80098** Mini Electric Pump $160.39

**Ball Base**

Provide added stability for beginners by keeping the ball stationary while allowing advanced users to perform more challenging movements. The large base is notched so resistance bands and tubes can be added to increase versatility of ball. Small holds 30 cm to 55 cm stability balls; Large holds 65 cm to 85 cm stability balls. Black. Balls sold separately.

- **80605** 18” diam. x 2” H Small $ 21.99
- **80610** 20” diam. x 4” H Large $ 26.99

**Stability Ball Chair**

Strengthen your back and improve your posture. Ergonomic seating system combines the core strengthening benefits of the stability ball and the convenience of a rolling base while promoting active seating. Use with or without the back support. Burst-resistant up to 300 lbs. Includes 50 cm ball and air pump. Assembly required. Dark Gray. 22” L x 22” W x 31” H.

- **80625** $ 106.69

- California residents please see page 130  - Additional shipping costs may apply
**Stability Ball Storage Rack**

Freestanding racks keep your exercise area safe and organized. Available in 3 different sizes for storing 8 to 16 stability balls from 45 cm to 85 cm. Lightweight and sturdy. Available with or without locking casters. Balls sold separately. Assembly required. Hard PVC tubing. Gray.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>92482</td>
<td>8 Ball Rack</td>
<td>$147.39</td>
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<tr>
<td>92492</td>
<td>8 Ball Rack w/ casters</td>
<td>$167.69</td>
</tr>
<tr>
<td>92502</td>
<td>12 Ball Rack</td>
<td>$183.99</td>
</tr>
<tr>
<td>92512</td>
<td>12 Ball Rack w/ casters</td>
<td>$209.39</td>
</tr>
<tr>
<td>92522</td>
<td>16 Ball Rack</td>
<td>$230.39</td>
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<tr>
<td>92533</td>
<td>16 Ball Rack w/ casters</td>
<td>$248.69</td>
</tr>
</tbody>
</table>

**Elite Stability Ball Storage Rack**

All-metal design provides both function and good looks! Sturdy, stable, and easily moved with included casters. Assembly required. Gray. 6 Ball Rack: 79” H x 32” W x 114” L. 12 Ball Rack: 79” H x 32” W x 114” L.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>92474</td>
<td>6 Ball Rack w/ casters</td>
<td>$319.69</td>
</tr>
<tr>
<td>92476</td>
<td>12 Ball Rack w/ casters</td>
<td>$373.39</td>
</tr>
</tbody>
</table>

**Stability Ball Wall Storage Rack**

Wall-mounted design provides easy access and keeps stability balls off the floor when not in use. Holds up to 4 stability balls. Assembly required. Mounting hardware not included. Balls sold separately. Hard PVC tubing with cable wall attachments. Gray. 96” L x 20” W.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>92579</td>
<td>$62.99</td>
</tr>
</tbody>
</table>

**Elite Stability Ball Wall Storage Rack**

Add an attractive design to your facility with this all-metal hanging ball rack. Assembly required. Mounting hardware not included. Gray. 99” L.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>92478</td>
<td>$160.39</td>
</tr>
</tbody>
</table>

**Premium Stability Ball Rack**

Keep stability balls off the floor and out of the way. Holds up to 3 stability balls on 9” diameter rings. Top level holds up to 85 cm; other levels holds up to 65cm. Balls sold separately. Assembly required. Tubular steel frame with metal rings. White. 63” H x 20” W.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>92465</td>
<td>$213.39</td>
</tr>
</tbody>
</table>
**AIREX® Balance Pad**

Super-soft specialty foam has destabilizing properties. The Standard with its smooth surface is ideal for starting out with barefoot balance training. The Balance Pad Elite has a textured surface for better grip. The Balance Pad XL provides the same great feel as the Balance Pad Elite but almost twice the length for a larger surface area to stand or lie on.  

*Blue/Gray. Balance Pad 19” L x 16” W x 2½” H. Balance Pad Elite 19” L x 16” W x 2½” H. Balance Pad XL 39” L x 16” W x 2½” H.*

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
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<tbody>
<tr>
<td>81000</td>
<td>Standard</td>
<td>19” L x 16” W x 2½” H Blue</td>
<td>$ 62.99</td>
<td></td>
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<tr>
<td>81002</td>
<td>Elite</td>
<td>19” L x 16” W x 2½” H Blue</td>
<td>$ 77.39</td>
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<tr>
<td>81008</td>
<td>Elite</td>
<td>19” L x 16” W x 2½” H Lava(Black)</td>
<td>$ 77.39</td>
<td></td>
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<tr>
<td>81012</td>
<td>XL</td>
<td>39” L x 16” W x 2½” H Blue</td>
<td>$157.39</td>
<td></td>
</tr>
</tbody>
</table>

**VersaBalance® Pad**

Soft foam provides balance and proprioceptive challenge to any workout.  
Molded closed-cell EVA foam provides durability and protection against odor causing moisture. Blue.  

19” L x 16” W x 2” H.  

83350 $ 56.99

**AIREX® Balance Beam**

Super-soft foam beam combines the qualities of the AIREX Balance Pad with a traditional balance beam. Trapezoid design allows beginners to use the wide side and advanced users the narrow side. Do not stand on while wearing shoes. Blue.  

62” L x 9” W x 2½” H.  

81010 $ 136.39

**VersaBalance® Log**

Use this half-round log with the flat side down for a stable training surface or use the rounded side down to raise the level of difficulty. Durable construction provides firm support and textured surface prevents slipping. EVA foam. Blue. 35” L x 8” W.  

81017 $ 64.39

*California residents please see page 130  - Additional shipping costs may apply*
INTRODUCING THE NEXT GENERATION OF RESISTANCE BANDS:
The PLUS Series

What the PLUS Series has to offer:
Patent Pending double tube design provides peace of mind without changing range of motion for optimum performance.

<table>
<thead>
<tr>
<th>Color</th>
<th>Resistances</th>
<th>Recommended Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extra Light</td>
<td>Rehabilitation and those who have little or no exercise activity.</td>
<td></td>
</tr>
<tr>
<td>Light</td>
<td>Rehabilitation and those with some exercise activity. Starting size for most women.</td>
<td></td>
</tr>
<tr>
<td>Medium</td>
<td>Those who exercise regularly. Starting size for most men.</td>
<td></td>
</tr>
<tr>
<td>Heavy</td>
<td>Intermediate to advanced exercises. Good for training larger muscle groups.</td>
<td></td>
</tr>
<tr>
<td>Extra Heavy</td>
<td>Highly advanced exercisers who have mastered form and technique.</td>
<td></td>
</tr>
<tr>
<td>Ultra Heavy</td>
<td>Trained athletes and extremely advanced exercisers that require a higher resistance.</td>
<td></td>
</tr>
</tbody>
</table>

Same Great Tube, Added Peace of Mind for Only $1 More

Versa Tube® PLUS
Patent Pending double tube design provides peace of mind without changing range of motion for optimum performance. Features Power Systems unique plastic grommet which increases durability as it disperses weight evenly along its wedge. Power Systems color palette provides easy resistance level identification at a glance for quick selection. Nylon handle, PVC grip. 48" L.

- 84003 Extra Light Orange $ 9.39
- 84008 Light Lime Green $ 10.39
- 84012 Medium Red $ 11.39
- 84014 Heavy Light Blue $ 12.39
- 84018 Extra Heavy Purple $ 13.39
- 84024 Ultra Heavy Gray $ 14.39

Premium Versa Tube® PLUS
Same great quality as our Versa Tube PLUS, plus a thicker handle for a more comfortable grip! Nylon handle, premium padded grips. 48" L.

- 84002 Extra Light Orange $ 10.39
- 84007 Light Lime Green $ 11.39
- 84011 Medium Red $ 12.39
- 84017 Heavy Light Blue $ 13.39
- 84019 Extra Heavy Purple $ 14.39
- 84023 Ultra Heavy Gray $ 15.39
3UHPLXP+DQGOH

Shown

8OWUD9HUVD7XEHp

This version of our original Versa Tube is covered
with a 23” nylon sliding sleeve for greater durability.
The sleeve helps protect the tube from damage
when standing on during strengthening exercises.
Nylon handle, PVC grip. 48” L.

84147 Extra Light  Orange $  8.99
84153 Medium    Red  $  10.99
84155 Medium    Red  $  10.99
84168 Heavy  Light Blue $ 11.99
84170 Extra Heavy Purple $ 12.39
84164 Ultra Heavy Gray  $ 13.99

84082 Extra Light  Orange $  7.39
84087 Light Lime Green $  8.39
84104 Extra Heavy Purple $ 11.39
84096 Ultra Heavy Gray  $ 12.39

Versta Tube® Short

TUBES FOR USERS WHO ARE 5’ OR LESS. A shorter
version of our original Versa Tube designed for a
shorter range of movement.
Nylon handle, PVC grip. 36” L.

84051 Extra Light  Orange $  8.39
84060 Medium Red  $  10.39
84071 Extra Heavy Purple $ 12.39
84072 Ultra Heavy Gray  $ 13.99

Versta Tube®

Our basic design at an affordable price. Ideal for
personal use but sturdy enough for fitness club use!
Nylon handle, PVC grip. 48” L.

84056 Light Lime Green $  9.39
84066 Heavy  Light Blue $ 11.39
84072 Ultra Heavy Gray  $ 13.99

Versta Tube® Long

Our longer design at an affordable price. Ideal for
personal use but sturdy enough for fitness club use!
Nylon handle, PVC grip. 60” L.

84046 Heavy  Light Blue $ 11.99
84038 Ultra Heavy Gray  $ 13.99

Ultra Versa Tube®

This version of our original Versa Tube is covered
with a 23” nylon sliding sleeve for greater durability.
The sleeve helps protect the tube from damage
when standing on during strengthening exercises.
Nylon handle, PVC grip. 48” L.

84147 Extra Light  Orange $  8.99
84153 Medium    Red  $  10.99
84155 Medium    Red  $  10.99
84168 Heavy  Light Blue $ 11.99
84170 Extra Heavy Purple $ 12.39
84164 Ultra Heavy Gray  $ 13.99

84044 Extra Light  Orange $  8.99
84045 Light Lime Green $  9.99
84046 Heavy  Light Blue $ 11.99
84038 Ultra Heavy Gray  $ 13.99

84041 Extra Light  Orange $  9.39
84010 Medium Red  $  10.39
84012 Extra Heavy Purple $ 11.39
84022 Ultra Heavy Gray  $ 14.39

Premium Versa Tube® Short

TUBES FOR USERS WHO ARE 5’ OR LESS. Same
great quality as our Versa Tube Short plus a thicker
handle for a more comfortable grip!
Nylon handle, premium padded grips. 36” L.

Versta Tube®

Same great quality as our Versa Tube plus a thicker
handle for a more comfortable grip!
Nylon handle, premium padded grips. 48” L.

84083 Extra Light  Orange $  8.99
84088 Light Lime Green $  9.99
84099 Heavy  Light Blue $ 11.99
84109 Extra Heavy Purple $ 12.39
84097 Ultra Heavy Gray  $ 13.99

Versta Tube®

Same great quality as our Versa Tube plus a thicker
handle for a more comfortable grip!
Nylon handle, premium padded grips. 50” L.

84051 Extra Light  Orange $  8.39
84060 Medium Red  $  10.39
84071 Extra Heavy Purple $ 12.39
84072 Ultra Heavy Gray  $ 13.99

Premium Versa Tube® Long

Same great quality as our Versa Tube Short plus a
thicker handle for a more comfortable grip!
Nylon handle, premium padded grips. 60” L.

84040 Extra Light  Orange $  9.39
84041 Light Lime Green $  10.39
84042 Heavy  Light Blue $ 12.39
84043 Extra Heavy Purple $ 13.99
84030 Ultra Heavy Gray  $ 15.39

84045 Light Lime Green $  9.99
84046 Heavy  Light Blue $ 11.99
84038 Ultra Heavy Gray  $ 13.99

Premium Ultra Versa Tube®

Same great quality as our Ultra Versa Tube plus a
thicker handle for a more comfortable grip!
Nylon handle, premium padded grips. 48” L.

84147 Extra Light  Orange $  8.99
84153 Medium    Red  $  10.99
84155 Medium    Red  $  10.99
84168 Heavy  Light Blue $ 11.99
84170 Extra Heavy Purple $ 12.39
84164 Ultra Heavy Gray  $ 13.99

84152 Extra Light  Orange $ 10.39
84154 Light Lime Green $ 11.39
84156 Medium Red  $ 12.39
84158 Extra Heavy Purple $ 13.99
84165 Ultra Heavy Gray  $ 15.39

84155 Medium    Red  $  10.99
84168 Heavy  Light Blue $ 11.99
84170 Extra Heavy Purple $ 12.39
84164 Ultra Heavy Gray  $ 13.99

Premium Ultra Versa Tube® Long

Same great quality as our Ultra Versa Tube Plus plus a
thicker handle for a more comfortable grip!
Nylon handle, premium padded grips. 60” L.

84152 Extra Light  Orange $ 10.39
84154 Light Lime Green $ 11.39
84156 Medium Red  $ 12.39
84158 Extra Heavy Purple $ 13.99
84165 Ultra Heavy Gray  $ 15.39

84155 Medium    Red  $  10.99
84168 Heavy  Light Blue $ 11.99
84170 Extra Heavy Purple $ 12.39
84164 Ultra Heavy Gray  $ 13.99

84155 Medium    Red  $  10.99
84168 Heavy  Light Blue $ 11.99
84170 Extra Heavy Purple $ 12.39
84164 Ultra Heavy Gray  $ 13.99

Premium Double Versa Tube®

Double tube design offers increased resistance and
versatility to your workout.
Nylon handles with premium padded grips. 48” L.

84503 Extra Light  Orange $ 13.39
84508 Light Lime Green $ 14.39
84511 Medium Red  $ 15.39
84517 Extra Heavy Purple $ 17.39
84521 Ultra Heavy Gray $ 18.39

844502 Extra Light Orange $ 14.99
844507 Light Lime Green $ 15.99
844510 Medium Red  $ 16.99
844512 Heavy  Light Blue $ 17.99
844514 Extra Heavy Purple $ 18.99
844520 Ultra Heavy Gray $ 19.99

3UHPLXP+DQGOH

Shown

Double Versa Tube®

Double tube design offers increased resistance and
versatility to your workout.
Nylon handle, PVC grip. 48” L

84503 Extra Light  Orange $ 13.39
84508 Light Lime Green $ 14.39
84511 Medium Red  $ 15.39
84517 Extra Heavy Purple $ 17.39
84521 Ultra Heavy Gray $ 18.39

84505 Light Lime Green $  9.99
84506 Heavy  Light Blue $ 11.99
84507 Extra Heavy Purple $ 12.39
84509 Ultra Heavy Gray  $ 13.99

3UHPLXP+DQGOH

Shown
Versa Loop

Versatile tubing system is ideal for strengthening and conditioning the upper and lower body. Available in 5 resistances. Padded foam handles. 10” diam.

- 84101 Extra Light Orange $6.39
- 84106 Light Lime Green $6.39
- 84110 Medium Red $9.39
- 84116 Heavy Light Blue $9.99
- 84121 Extra Heavy Purple $10.39

Versa O®

Figure-8 design provides increased resistance when performing 1- and 2-arm exercises or lower body exercises. Double-lock system ensures tubing doesn’t come apart and foam handles provide a comfortable, secure grip. Available in 5 different resistances. Padded foam handles. 13½” L.

- 84201 Extra Light Orange $8.39
- 84206 Light Lime Green $8.99
- 84210 Medium Red $9.39
- 84216 Heavy Light Blue $9.99
- 84221 Extra Heavy Purple $10.39

Versa Cuffs®

Strengthen and tone lower body with this versatile system. Padded ankle cuffs for comfort and adjustable Velcro strap fits most. Available in 6 resistances. 12” L, padded cuffs, Velcro straps.

- 84301 Extra Light Orange $12.39
- 84306 Light Lime Green $13.39
- 84310 Medium Red $14.39
- 84316 Heavy Light Blue $15.39
- 84321 Extra Heavy Purple $16.39
- 84322 Ultra Heavy Gray $17.39

Versa O®

Versatile tubing system is ideal for strengthening and conditioning the upper and lower body. Available in 5 resistances. Padded foam handles. 10” diam.

- 84101 Extra Light Orange $6.39
- 84106 Light Lime Green $6.39
- 84110 Medium Red $6.39
- 84116 Heavy Light Blue $7.39
- 84121 Extra Heavy Purple $7.39
Versa Loops are perfect for personal training and for use in fitness clubs and home gyms. Six resistance levels for any user, whether you are an experienced athlete or just beginning fitness training. Ideal for short, limited movements. Fits comfortably around the upper and lower legs and allows users to work the hip and leg muscles.

Kit available. Also sold in packs of 10.

Available in 6 resistances. 2" W x 12" L.

**Mini Versa Loop® ** - 9" NEW

New Smaller Size! Our best selling Versa Loops in a size better suited for arm exercises or use on recumbent bikes. Perfect for personal training and for use in fitness clubs and home gyms. 6 resistance levels for any user. Ideal for upper body and short range of motion exercises. Fits comfortably around the wrist or forearms. Kit contains one of each. Standard Versa Loop diam. is 12". Also sold in packs of 10.

Available in 6 resistances. 2" W x 9" L.

**Power Systems Covered Resistance Tubing ** - NEW

Covered Resistance Tubes add durability and peace of mind to a fitness favorite! Interior tube is 48" long, but will stretch up to three times that length. Color coded. Six resistances. Ergonomic plastic handles feature a textured rubber grip for stability and comfort. Rubber handle. 48" L.

**Strength Band **

Dynamic best-seller and customer favorite! Add variable resistance to traditional strength training lifts such as chest presses and squats. Or use a strength band to offset bodyweight for pull ups and tricep dips. Strength Bands are also a great accessory for flexibility and range of motion exercises.


**Level**  | **Resistance**  | **Price**  
--- | --- | ---  
Extra Light  | Orange  | $ 10.39  
Light  | Red  | $ 13.39  
Medium  | Black  | $ 20.39  
Heavy  | Purple  | $ 25.39  
Extra Heavy  | Green  | $ 33.69  
Ultra Heavy  | Blue  | $ 43.69  
Super Heavy  | Black  | $ 71.39  

**Level**  | **Resistance**  | **Price**  
--- | --- | ---  
Extra Light  | Orange  | $ 24.99  
Light  | Lime Green  | $ 26.39  
Medium  | Red  | $ 28.69  
Heavy  | Light Blue  | $ 30.39  
Extra Heavy  | Purple  | $ 32.39  
Ultra Heavy  | Gray  | $ 33.99  

**Level**  | **Resistance**  | **Price**  
--- | --- | ---  
Extra Light  | Orange  | $ 2.69  
Light  | Lime Green  | $ 2.99  
Medium  | Red  | $ 2.99  
Heavy  | Light Blue  | $ 3.39  
Extra Heavy  | Purple  | $ 3.69  
Ultra Heavy  | Gray  | $ 3.99  
Mini Versa Loop Kit (9 in)  |  | $ 15.69  

10 Packs

**Level**  | **Resistance**  | **Price**  
--- | --- | ---  
Extra Light  | Orange  | $ 20.99  
Light  | Lime Green  | $ 23.39  
Medium  | Red  | $ 23.39  
Heavy  | Light Blue  | $ 25.99  
Extra Heavy  | Purple  | $ 29.69  
Ultra Heavy  | Gray  | $ 31.99  

**Level**  | **Resistance**  | **Price**  
--- | --- | ---  
Extra Light  | Orange  | $ 13.39  
Light  | Lime Green  | $ 14.39  
Medium  | Red  | $ 15.39  
Heavy  | Light Blue  | $ 16.39  
Extra Heavy  | Purple  | $ 17.39  
Ultra Heavy  | Gray  | $ 18.39  

- California residents please see page 130  
- Additional shipping costs may apply
LifeFitness® Double Cord™ Resistance Tubes
LifeFitness Double Resistance Tubes easily connect to the LifeFitness Synrgy360 system or Hammer Strength® Heavy Duty Racks to allow exercisers to simulate movements performed on cable weight machines. Available in 4 resistances and color coded for easy identification.

<table>
<thead>
<tr>
<th>Code</th>
<th>Color</th>
<th>Price</th>
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<tbody>
<tr>
<td>72025</td>
<td>Light Red</td>
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</tr>
<tr>
<td>72027</td>
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<td>$25.39</td>
</tr>
<tr>
<td>72029</td>
<td>Heavy Blue</td>
<td>$25.39</td>
</tr>
<tr>
<td>72031</td>
<td>Extra Heavy Black</td>
<td>$25.39</td>
</tr>
</tbody>
</table>

Versa Tube® for Step
This specialty tube is designed for use with an exercise step. The nylon center strap reduces wear and tear on the tube while allowing you to add to your tubing and step workouts. Step sold separately. Nylon handles with hard PVC grips. 2 independent tubes: 21” tubes connected by a 21” nylon strap.

<table>
<thead>
<tr>
<th>Code</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>84249</td>
<td>Extra Light Orange</td>
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</tr>
<tr>
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<tr>
<td>84255</td>
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<td>84261</td>
<td>Heavy Light Blue</td>
<td>$14.39</td>
</tr>
<tr>
<td>84263</td>
<td>Extra Heavy Purple</td>
<td>$15.39</td>
</tr>
</tbody>
</table>

Double Cords & Double Cords Long
Perfect if you lack space. Double Cords offer a full range of motion and simulate exercises performed on cable weight machines. Tubes are connected with a 10½” nylon anchor strap that can be held by a partner or attached to a doorjamb or other fixed object. Nylon handles with premium padded grips.

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>84649</td>
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</tr>
<tr>
<td>84651</td>
<td>Light Lime Green</td>
<td>$24.39</td>
</tr>
<tr>
<td>84652</td>
<td>Medium Red</td>
<td>$24.39</td>
</tr>
<tr>
<td>84655</td>
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<tr>
<td>84657</td>
<td>Extra Heavy Purple</td>
<td>$24.39</td>
</tr>
<tr>
<td>84658</td>
<td>Ultra Heavy Gray</td>
<td>$24.39</td>
</tr>
</tbody>
</table>

Secure Wall-Mounted Rack
Securely store more than 50 tubes on this wall-mounted rack’s 4 arms. Removable solid steel locking bar slides through all 4 arms to keep equipment secure. Mounting hardware and lock not included. 26” W. Arm: 13”. Black.

68155 | $160.39

Assist Strap
Anchor any band or tubing to a doorknob, doorjamb or fixed object with this uniquely designed attachment strap to add another dimension to your workout. 1.65” L x 11.05” W x 0.45” H.

84790 | $7.39

Wall-Mounted Rack
Wall-mounted rack holds up to 24 tubes on 4 posts. Mounting hardware not included. 26” W. Posts: 6”. Black.

68160 | $59.39
Flat Band

A. 6 yd. and 50 yd. rolls are marked along each foot for assistance in cutting length. Comes in a dispenser box. Width: 6”.

84701 6” W x 4’ Roll  Extra Light Orange $3.69
84706 6” W x 4’ Roll  Light Lime Green $3.69
84710 6” W x 4’ Roll  Medium Red $3.99
84716 6” W x 4’ Roll  Heavy Light Blue $4.39
84721 6” W x 4’ Roll  Extra Heavy Purple $4.69
84722 6” W x 4’ Roll  Ultra Heavy Gray $5.69
84731 6” W x 6 yd. Roll  Extra Light Orange $11.39
84736 6” W x 6 yd. Roll  Light Lime Green $12.39
84740 6” W x 6 yd. Roll  Medium Red $14.39
84746 6” W x 6 yd. Roll  Heavy Light Blue $16.39
84751 6” W x 6 yd. Roll  Extra Heavy Purple $18.39
84756 6” W x 6 yd. Roll  Ultra Heavy Gray $20.39
84760 6” W x 50 yd. Roll  Light Orange $71.39
84765 6” W x 50 yd. Roll  Light Lime Green $76.39
84770 6” W x 50 yd. Roll  Medium Red $81.39
84775 6” W x 50 yd. Roll  Heavy Light Blue $91.39
84780 6” W x 50 yd. Roll  Extra Heavy Purple $97.69
84785 6” W x 50 yd. Roll  Ultra Heavy Gray $111.69

84330 Single Tube w/ Thigh Strap Light Green $17.39
84331 Single Tube w/ Ankle Strap Medium Red $17.39
84332 Single Tube w/ Padded Handle Medium Red $16.39
84334 Single Tube w/ Thigh Strap Medium Red $19.39
84335 Single Tube w/ Ankle Strap Medium Red $18.39
84336 Single Tube w/ Thigh Strap Medium Red $18.39
84337 Single Tube w/ Ankle Strap Medium Red $18.39
84338 Single Tube w/ Padded Handle Medium Red $19.39
84339 Single Tube w/ Ankle Strap Medium Red $19.39
84340 Single Tube w/ Thigh Strap Medium Red $19.39
84341 Single Tube w/ Padded Handle Medium Red $19.39
84342 Single Tube w/ Thigh Strap Medium Red $19.39
84343 Single Tube w/ Ankle Strap Medium Red $19.39
84344 Single Tube w/ Padded Handle Medium Red $19.39
84345 Single Tube w/ Thigh Strap Medium Red $19.39
84346 Single Tube w/ Ankle Strap Medium Red $19.39
84347 Single Tube w/ Padded Handle Medium Red $19.39
84348 Single Tube w/ Thigh Strap Medium Red $19.39
84349 Single Tube w/ Ankle Strap Medium Red $19.39
84350 Single Tube w/ Padded Handle Medium Red $19.39
84351 Single Tube w/ Thigh Strap Medium Red $19.39
84352 Single Tube w/ Ankle Strap Medium Red $19.39
84353 Single Tube w/ Padded Handle Medium Red $19.39
84354 Single Tube w/ Thigh Strap Medium Red $19.39
84355 Single Tube w/ Ankle Strap Medium Red $19.39
84356 Single Tube w/ Padded Handle Medium Red $19.39
84357 Single Tube w/ Thigh Strap Medium Red $19.39
84358 Single Tube w/ Ankle Strap Medium Red $19.39
84359 Single Tube w/ Padded Handle Medium Red $19.39
84360 Single Tube w/ Thigh Strap Medium Red $19.39
84361 Single Tube w/ Ankle Strap Medium Red $19.39
84362 Single Tube w/ Padded Handle Medium Red $19.39
84363 Single Tube w/ Thigh Strap Medium Red $19.39
84364 Single Tube w/ Ankle Strap Medium Red $19.39

- California residents please see page 130  - Additional shipping costs may apply

Flat Band Handles

PADDED! For a comfortable grip, simply slide a flat band on the locking bar on these handles and lock securely in position. To customize the band length, adjust the spacing of the handles.

Hard PVC with neoprene pad. Black. Flat bands sold separately. 8.90” L x 7.10” W x 1.70” H. 84696 $20.39/pair

Tubing Handles - Pair

The unique pressure-locking system of these handles holds resistance tubing in position so user can set to desired length. Allows user to control range of motion for a variety of total body fitness and strength exercises. Tubing and resistance bands sold separately. Black. 84698 $15.39/pair

Bulk Tubing

Bulk resistance tubing is perfect when you need quality and quantity. Latex tubing cuts easily with scissors so you can customize the length of the resistance tubing to suit your needs. 100’ box includes 4 sections (approx. 25’ ea.) Handles sold separately.

84451 25’ Box Extra Light Orange $17.99
84456 25’ Box Light Lime Green $18.99
84460 25’ Box Medium Red $19.99
84466 25’ Box Heavy Light Blue $24.39
84471 25’ Box Extra Heavy Purple $25.39
84472 25’ Box Ultra Heavy Gray $26.39
84401 100’ Box Extra Light Orange $56.99
84406 100’ Box Light Lime Green $60.99
84410 100’ Box Medium Red $64.99
84416 100’ Box Heavy Light Blue $71.99
84421 100’ Box Extra Heavy Purple $74.99
84422 100’ Box Ultra Heavy Gray $85.99

Resistance Training Station

Multiple connection points allow you to quickly change between exercises for a full body workout. Included are 2 anchor straps and 2 carabiners to attach resistance tubing and strength bands. Rails can be installed vertically or horizontally onto load-bearing walls. Arrange side-by-side for partner training or stack vertically for a wide range of low to high angles. Mounting hardware not included. Tubing and bands sold separately. Comes with two 34” long metal rails. Each rail has 6 welded loops spaced 5 1/4” apart. 68158 $152.39

Web-Slide® Exercise Rail System

Multi-level, multi-tube exercise system is wall mounted to save valuable floor space. Easy to mount to wall studs. Resistance tubes slide easily into place. Unit comes with a 3-piece wall tower (each piece has 5 attachment points) and a storage rack that holds 16 tubes (tubing sold separately). Rail: 28” L x 6” W. Total height: 84”. Storage rack: 24” W x 3” H x 2” D. Mounting hardware not included. 84330 $436.69

REP Band® Exercise Band

B. Available in 10 resistances. LATEX-FREE and POWDER-FREE. Comes in a dispenser box. Width: 4”.

84975 4” W x 6 yd. Roll Extra Light Peach $10.39
84980 4” W x 6 yd. Roll Light Orange $11.39
84985 4” W x 6 yd. Roll Medium Green $12.39
84990 4” W x 6 yd. Roll Heavy Blue $13.39
84995 4” W x 6 yd. Roll Extra Heavy Plum $14.39
85115 4” W x 50 yd. Roll Extra Light Peach $50.99
85120 4” W x 50 yd. Roll Light Orange $60.99
85125 4” W x 50 yd. Roll Medium Green $76.39
85130 4” W x 50 yd. Roll Heavy Blue $86.39
85135 4” W x 50 yd. Roll Extra Heavy Plum $97.69

- California residents please see page 130  - Additional shipping costs may apply
## High-Density Foam Roller
This firm, high-density molded foam roller provides a deeper massage during usage. The closed-cell construction lasts up to 5 times longer than open-cell non-EVA rollers.Closed-cell foam. White.

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>80200</td>
<td>12” L x 6” diam.</td>
<td>$12.39</td>
</tr>
<tr>
<td>80225</td>
<td>18” L x 6” diam.</td>
<td>$18.39</td>
</tr>
<tr>
<td>80220</td>
<td>36” L x 6” diam.</td>
<td>$21.39</td>
</tr>
</tbody>
</table>

## Premium EVA Foam Roller
EVA closed-cell foam results in a roller that feels soft to the skin while still providing excellent support. Designed for heavy use, these rollers will maintain their shape and firmness longer than open-cell and non-EVA rollers. Resists moisture and bacteria and wipes clean. Round design is great for traditional massage and alignment. Foam resists moisture and bacteria, and easily wipes clean.

Blue.

<table>
<thead>
<tr>
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<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>80265</td>
<td>12” L x 6” diam.</td>
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</tr>
<tr>
<td>80260</td>
<td>36” L x 6” diam.</td>
<td>$36.39</td>
</tr>
</tbody>
</table>

## Closed-Cell Foam Roller
Provides a mid-range of pressure that is often considered the best for beginners. Offers consistent pressure to massage muscles and improve posture and alignment.

Closed-cell foam. White.

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>80200</td>
<td>12” L x 6” diam.</td>
<td>$12.39</td>
</tr>
<tr>
<td>80225</td>
<td>18” L x 6” diam.</td>
<td>$18.39</td>
</tr>
<tr>
<td>80220</td>
<td>36” L x 6” diam.</td>
<td>$21.39</td>
</tr>
</tbody>
</table>

## LifeFitness Foam Roller
Features a textured surface for outstanding comfort during flexibility exercises. Similar construction and feel as the Premium EVA Foam Roller but features a gray color to complement a neutral color palette in your training room or studio.

Textured, Grey.

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>71087</td>
<td>36” L x 6” diam.</td>
<td>$40.69</td>
</tr>
</tbody>
</table>
The GRID® Series

These revolutionary foam rollers feature Distrodensity™ Matrix Technology and an environmentally friendly design. Select the 26" to easily accommodate the largest muscle groups, while the 13" is ideal for the user on-the-go.

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
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</thead>
<tbody>
<tr>
<td>80248</td>
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<td>Orange</td>
<td>$39.99</td>
</tr>
<tr>
<td>80249</td>
<td>13&quot; L x 5&quot; diam.</td>
<td>Gray/Green</td>
<td>$39.99</td>
</tr>
<tr>
<td>80258</td>
<td>26&quot; L x 5&quot; diam.</td>
<td>Orange</td>
<td>$64.99</td>
</tr>
<tr>
<td>80259</td>
<td>26&quot; L x 5&quot; diam.</td>
<td>Gray/Green</td>
<td>$64.99</td>
</tr>
</tbody>
</table>

The GRID®X

Twice as thick as the original GRID foam roller, the GRID X was created to break through the body’s toughest, tightest trouble spots. The Grid X’s three-dimensional surface allows tissue to aerate while you roll, promoting the flow of blood and oxygen needed to repair muscle. Weight tested to support up to 550 lbs. static load. 1½ lbs. Black/Red.

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
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<th>Price</th>
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</thead>
<tbody>
<tr>
<td>80244</td>
<td>13&quot; H x 5½&quot; diam.</td>
<td>Orange</td>
<td>$49.99</td>
</tr>
</tbody>
</table>

RumbleRoller®

Innovative design provides continual deep tissue massage via the evenly spaced bumps along the roller. Non-porous surface includes an infused antimicrobial additive to inhibit bacteria and mold growth. Select the full-size (6" diameter) for traditional, total body rolling. The compact size (5" diameter) is excellent for on-the-go users who need a portable training option. The extra-firm option is 36% firmer and is intended for experienced users.

<table>
<thead>
<tr>
<th>Style</th>
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<tbody>
<tr>
<td>80194</td>
<td>Firm Blue</td>
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<tr>
<td>80196</td>
<td>Extra-Firm Gray</td>
<td>12&quot; L x 5&quot; diam.</td>
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<tr>
<td>80192</td>
<td>Firm Blue</td>
<td>31&quot; L x 6&quot; diam.</td>
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<tr>
<td>80193</td>
<td>Extra-Firm Gray</td>
<td>31&quot; L x 6&quot; diam.</td>
<td>$69.99</td>
</tr>
</tbody>
</table>

Foam Roller Storage Cart

Designed for convenience and portability. Club model holds up to 24 foam rollers. Studio model holds up to 12 foam rollers. Swivel locking casters will hold the rack firmly in place or allow you to relocate the rack with ease. Sturdy tubular steel construction with casters. Gray. Assembly required.

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Length x Diameter</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>80186</td>
<td>Studio</td>
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<td>$165.69</td>
</tr>
<tr>
<td>80187</td>
<td>Club</td>
<td>13&quot; L x 5&quot; diam.</td>
<td>$258.69</td>
</tr>
</tbody>
</table>

Economy Wall Rack for Foam Rollers

A simple and cost effective way to store your foam rollers. This easy to assemble, easy to mount rack provides storage for up to 6 foam rollers. Simply remove unneeded sections of the rack if less space is required. 24" W x 47.5" T x 9" D. Foam Roller tray = 16.75" W x 9" D. Black.

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Length x Diameter</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>80241</td>
<td>Metal Removable</td>
<td>Sections</td>
<td>$170.99</td>
</tr>
</tbody>
</table>
Myo-Roller
Smaller and less cumbersome than a traditional foam roller, the Myo-Roller has a channeled, or H-shape, design to promote spinal alignment and target different pressure points during myofascial release. Textured nodules add comfort during pinpoint or acute release moves for the legs, back, and arms. Heat-sealed EVA foam construction maintains shape and resists moisture and bacteria growth. Blue.

80675 6” L x 6” diam. $35.39

HighRoller
AVAILABLE IN THE USA FOR THE FIRST TIME. HighRoller is the world’s most functional and effective muscle care devices for better and faster recovery, and is the most ergonomic foam roller on the market. Easy and comfortable exercise positions allow HighRoller to be suitable for any user. Sport Product of the Year 2015 in Finland. Available in three colors, Black, Orange and Pink.

75530 Black $101.69
75532 Pink $101.69
75534 Orange $101.69

NANO™ Foot Roller & NANO™ Foot Roller X
Innovative foam roller specifically designed to increase flexibility and relieve minor muscular aches and pains associated with the foot. The NANO Foot Roller surface provides a systematic approach to blood flow by channeling nutrients directly to the tissue.

Available in two densities, regular, and the extra-firm NANO X for intense relief.

75582 NANO Foot Roller Orange $24.99
75584 NANO Foot Roller X Black $24.99

Muscle Knot Massage Peanut
Firm interior and soft exterior is based on the feel of a massage by the human elbow. The 3D surface contact allows for a deep tissue massage while the non-slip exterior creates better grip. Compact and easy to use.

83223 Hard Blue $20.99
83224 Soft Green $20.99

Muscle Knot Massage Peanut
Features a spike design to promote recovery of sore, tight, and tired muscles. Peanut shape contours to the body’s form and covers a wider area. Peanut shape contours to the body’s form and covers a wider surface area than a massage ball. Red. 6” L x 9 cm diam. $10.69

Massage Peanut
Features a spike design to promote recovery of sore, tight, and tired muscles. Peanut shape contours to the body’s form and covers a wider area. Peanut shape contours to the body’s form and covers a wider surface area than a massage ball. Red. 6” L x 9 cm diam. $10.69

Massage Peanut
Features a spike design to promote recovery of sore, tight, and tired muscles. Peanut shape contours to the body’s form and covers a wider area. Peanut shape contours to the body’s form and covers a wider surface area than a massage ball. Red. 6” L x 9 cm diam. $10.69

Blue
Black

52
powersystems.com | 800.321.6975
**Moji Curve® and Moji Curve Pro®**

These total body massagers are lightweight, portable, and travel friendly. With rotating massage spheres, you choose how you massage: trigger point, elongation, or cross friction.

**Moji Curve Pro** - How about an ice massage? With the Moji Curve Pro’s stainless steel massage spheres, just pop it in the freezer prior to use. Target those problem areas that are hard to reach with ease and comfort with Moji’s high quality construction.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>75525</td>
<td>Moji Curve</td>
<td>$39.99</td>
</tr>
<tr>
<td>75527</td>
<td>Moji Curve Pro</td>
<td>$49.99</td>
</tr>
</tbody>
</table>

**Moji Foot**

Foot massage? Yes, please! Revitalize your sore and tired feet with a Moji Foot Massager. Made with unique massaging spheres, you can customize your massage – deep tissue or light and relaxing. Great for Plantar Fasciitis!

<table>
<thead>
<tr>
<th>Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>75531</td>
<td>$29.99</td>
</tr>
</tbody>
</table>

**Moji Mini Pro®**

A powerful massage rests in the palm of your hand! With Omni-directional spheres and natural flex, you’ll get a more effective massage than static pressure. Hand it to Moji Mini Pro for an awesome massage!

<table>
<thead>
<tr>
<th>Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>75529</td>
<td>$29.99</td>
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</tbody>
</table>

**TheraCane®**

The TheraCane is made to get to those hard-to-reach places with its hook shape and massage balls on the ends. The light flexing action of the extended handle allows you to apply as much or as little pressure as needed. Includes instructional manual. Fiberglass and plastic composition. Green. 24" L x 13" W.

<table>
<thead>
<tr>
<th>Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>75042</td>
<td>$45.69</td>
</tr>
</tbody>
</table>
• Plates feature a stainless steel inner ring for increased durability and ease of transition on and off the bar.

• Power Systems color palette provides easy weight identification at a glance for ease of weight description.

• Plates feature unique beveled edges with designated grip locations that form a unique polygon design. This prevents the set from rolling when not in use and allows the plates to be used as free weights.

**Power Systems CardioBarbell Pump Set**

Designed to provide group fitness classes with a bar and plate set that is superior in quality and versatility. The new design features durable urethane plates, powder-coated steel 5 lbs. bar and spring collars.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Weight</th>
<th>Price</th>
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<tbody>
<tr>
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<td>Power Systems CardioBarbell Plate</td>
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<tr>
<td>55902</td>
<td>Power Systems CardioBarbell Plate</td>
<td>5 lbs.</td>
<td>$27.99/ea.</td>
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<tr>
<td>55903</td>
<td>Power Systems CardioBarbell Plate</td>
<td>10 lbs.</td>
<td>$52.99/ea.</td>
</tr>
<tr>
<td>55904</td>
<td>Power Systems CardioBarbell Bar</td>
<td></td>
<td>$42.69/ea.</td>
</tr>
<tr>
<td>50388</td>
<td>Cardio Barbell Spring Collar</td>
<td></td>
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<tr>
<td>50479</td>
<td>Lock-Jaw HEX 30mm Barbell Collar</td>
<td></td>
<td>$15.39</td>
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<tr>
<td>55899</td>
<td>Power Systems CardioBarbell Set</td>
<td></td>
<td>$165.69</td>
</tr>
<tr>
<td>55905</td>
<td>Power Systems CardioBarbell Storage Rack (10 Set)</td>
<td>$289.69</td>
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</tr>
<tr>
<td>55906</td>
<td>Power Systems CardioBarbell Storage Rack (20 Set)</td>
<td>$620.69</td>
<td></td>
</tr>
<tr>
<td>55907</td>
<td>Power Systems CardioBarbell (10 Set w/ Rack)</td>
<td>$1,652.39</td>
<td></td>
</tr>
<tr>
<td>55908</td>
<td>Power Systems CardioBarbell (20 Set w/ Rack)</td>
<td>$3,339.39</td>
<td></td>
</tr>
</tbody>
</table>
Cardio & resistance training! These barbell sets allow you to get a full-body workout by taking the major muscle groups to fatigue while increasing the heart rate. Plates are encased in high-quality virgin rubber to prevent damage to floors and reduce noise. This versatile barbell set lets you perform traditional barbell exercises or use the plates alone for handheld exercises. The built-in grips of the Deluxe Plates, make holding the plates easier than with Standard Plates. Purchase one set for individual use, or the storage rack and set of 10 or 20 for group fitness classes.

Deluxe and Standard barbell sets include one bar - 51"L, one pair standard spring collars, 2 x 2 lbs., 2 x 5 lbs., and 2 x 10 lbs. plates. 3 year limited warranty.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>61860</td>
<td>CardioBarbell Set Standard</td>
<td>$106.69</td>
</tr>
<tr>
<td>61863</td>
<td>CardioBarbell - Black Plates Only</td>
<td>$53.99</td>
</tr>
<tr>
<td>50435</td>
<td>Standard Spring Collar</td>
<td>$11.69</td>
</tr>
<tr>
<td>50478</td>
<td>Lock-Jaw Barbell Collar - Standard</td>
<td>$31.69</td>
</tr>
<tr>
<td>61894</td>
<td>CardioBarbell Standard w/10 Barbell Sets &amp; Storage Rack</td>
<td>$1,347.39</td>
</tr>
<tr>
<td>61895</td>
<td>CardioBarbell Standard w/20 Barbell Sets &amp; Storage Rack</td>
<td>$2,481.39</td>
</tr>
</tbody>
</table>

Deluxe CardioBarbell

Plates with integrated grips add versatility by allowing the plates to be used for handheld exercise too.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>61912</td>
<td>Deluxe CardioBarbell Set</td>
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<td>61909</td>
<td>CardioBarbell 51in. Bar Only</td>
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<tr>
<td>61930</td>
<td>Deluxe CardioBarbell Plate - 2.5 lb.</td>
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<tr>
<td>61932</td>
<td>Deluxe CardioBarbell Plate - 5 lb.</td>
<td>$16.69</td>
</tr>
<tr>
<td>61934</td>
<td>Deluxe CardioBarbell Plate - 10 lb.</td>
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</tr>
<tr>
<td>61910</td>
<td>Deluxe CardioBarbell Plates Only</td>
<td>$80.69</td>
</tr>
<tr>
<td>50435</td>
<td>Standard Spring Collar</td>
<td>$11.69</td>
</tr>
<tr>
<td>50478</td>
<td>Lock-Jaw Barbell Collar - Standard</td>
<td>$31.69</td>
</tr>
<tr>
<td>61916</td>
<td>Deluxe CardioBarbell 10 Set Storage Rack Only</td>
<td>$229.99</td>
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<tr>
<td>61920</td>
<td>Deluxe CardioBarbell 20 Set Storage Rack Only</td>
<td>$532.69</td>
</tr>
<tr>
<td>61918</td>
<td>Deluxe CardioBarbell w/10 Sets &amp; Storage Rack</td>
<td>$1,612.99</td>
</tr>
<tr>
<td>61924</td>
<td>Deluxe CardioBarbell w/20 Sets &amp; Storage Rack</td>
<td>$2,956.69</td>
</tr>
</tbody>
</table>

- California residents please see page 130  - Additional shipping costs may apply
Reebok Deck

IN A CLASS OF ITS OWN

The Reebok Deck enables you to perform effective cardio workouts based on aerobic stepping, plus it can convert into a flat, incline or decline weight bench. With its natural inertia, low centre of mass and non-slip rubber surface, the Reebok Deck remains very stable and safe throughout every workout. And, compact in size, can be easily transported and stored away.

- Dimensions: 43” x 13” x 8”
- Adjustable to 2 different height (8”/14”)
- 16 different configurations
- Can be used as part of outdoor boot camps
- Lightweight and easy to transport
- Solid, reliable build quality
- Arrives fully assembled

10744 $192.99

3 POSITIONS TO TRANSFORM EVERY WORKOUT: FLAT, INCLINE, DECLINE
**Step 360° Pro with Pump**  
**NEW EXCLUSIVE**  
NOW EXCLUSIVE TO POWER SYSTEMS! A durable, non-slip step with adjustable height and the added bonus of instability. The Step360™ Pro brings a full 360° experience to your workouts, designed to improve the body's balance and stability on any side of the step. Customize the difficulty of your workout by adding or reducing the air in each individual chamber. Use the six tubing notches along the outside to add resistance to workouts. Turn the base over and use it to keep Versa Balls in place for flexibility exercises and stretching. Includes a hand pump. 25” x 26” x 4.5”. 14.6 lbs.

- 78500  $152.39

---

**Step 360° Storage Rack**  
**NEW EXCLUSIVE**  
NOW EXCLUSIVE TO POWER SYSTEMS! The Step360® Rack is sturdy, lightweight, and easily stores up to 14 Step360® Pro trainers. Locking, non-marking casters, make this storage solution portable. Designed to fit easily through all standard doorways. Some assembly required. Step360® Pro trainers not included. Assembled size 60”L x 30”W x 74”H.

- 78550  $531.39

---

**The Axle**  
**NEW**

BRAND NEW! The Axle is an ultra-light barbell that is fully collapsible for easy storage in any training facility or home. Suitable for indoor or outdoor use and easily portable for a workout on the go. This unique barbell also functions as a core roller, planking tool, or a foot anchor for core exercises. It’s also capable of holding any Olympic plate for added resistance during training. The Axle Barbell’s ease of use and functionality provides anyone with the opportunity to master hundreds of exercises in a wide range of vertical and horizontal planes.

Programming available - see more images and videos at powersystems.com

One set includes a bar, two wheels, two foot straps, two Lock-Jaw collars. Fully assembled, 11.2 lbs. - unloaded bar, 5 lbs. 1.5” bar thickness, 55” collapsible barbell featuring anodized aluminum & ACS (plastic) ends that accommodate any Olympic plate.

- 55912  $274.39

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- California residents please see page 130  
- Additional shipping costs may apply
BOSU® Elite

Featuring a dense dome for increased rebound and feedback. The Power Zone and Power Line provide new reference points for unique programming for athletes of all fitness levels. Training with the BOSU Elite can lead to: a strong athletic base position for speed and agility or heavy lifting, improved hip & pelvic positioning and alignment, increased flexibility, and chance of injury reduction by unifying movement & body mechanics.

Includes: Foot pump, Owner’s manual, Workout DVD, Wall Chart, and 2-year warranty 8-10" H x 25" diam. Black with Gray base.

70265 BOSU Elite $202.99

BOSU® Home Balance Trainer

Get the same great BOSU workout that you’re used to in the gym in the comfort of your own home. Workout DVD included.

Not intended for commercial use. 300 lbs. weight capacity. Product weight, 15 lbs. 90 day home warranty. Light Blue with Black base. 8-10"H x 25" diam.

70275 BOSU Home Balance Trainer $111.69

BOSU® Pro Balance Trainer

BOSU Pro Balance Trainer has a commercial grade design for durability and the platform is molded so that it has extra strength. This model has the PRO logo detail for easy identification and the non-marking, non-skid base is smooth. Pro Model sold with or without 120 page BOSU Integrated Balance Training Programming and 60 min. DVD. Includes foot pump.

300 lbs. weight capacity. Product weight, 17 lbs. One year commercial warranty. Dark Blue with Gray base. 8-10" H x 25" diam.

70284 BOSU Pro w/ Book & DVD $159.99
70283 BOSU Pro only $152.39

BOSU® Elite

Featuring a dense dome for increased rebound and feedback. The Power Zone and Power Line provide new reference points for unique programming for athletes of all fitness levels. Training with the BOSU Elite can lead to: a strong athletic base position for speed and agility or heavy lifting, improved hip & pelvic positioning and alignment, increased flexibility, and chance of injury reduction by unifying movement & body mechanics.

Includes: Foot pump, Owner’s manual, Workout DVD, Wall Chart, and 2-year warranty 8-10” H x 25” diam. Black with Gray base.

70265 BOSU Elite $202.99

BOSU® Sport

The new, redesigned BOSU Sport 50cm Balance Trainer, a smaller version of the original BOSU Balance Trainer (65cm), is constructed with the same rim and base style. The sleek, compact design of the BOSU Sport 50cm Balance Trainer allows for easy transportation and storage, quick positioning for any type of workout, and is ideal for fitness enthusiasts and athletes of all ages. The smaller size offers a variety of configuration, stance, and workout options, especially when paired with additional BOSU Sport 50cm Balance Trainers, BOSU Balance Trainers, BOSU Elite, or BOSU Ballast® Balls.

Includes BOSU Sport 50cm Balance Trainer, foot pump and owner’s manual. 22” diam. Maximum user weight limit - 250 lbs. Blue or Pink with green rim. Black base with six (6) rubberized feet.

70255 Blue $101.69
70257 Pink $101.69

BOSU® Home Balance Trainer

Get the same great BOSU workout that you’re used to in the gym in the comfort of your own home. Workout DVD included.

Not intended for commercial use. 300 lbs. weight capacity. Product weight, 15 lbs. 90 day home warranty. Light Blue with Black base. 8-10"H x 25" diam.

70275 BOSU Home Balance Trainer $111.69
BOSU® Ballast™ Ball
WEIGHTED STABILITY BALL! Lift it, shift it, shake it— together the ball and the weighted material create dynamic resistance. With 2 1/2 lbs. of unstable weight inside it, this stability ball won’t roll away when you’re exercising. You can perform traditional stability ball exercises plus design new exercise sequences. It’s a total-body training tool that’s more versatile than a traditional stability ball. 6 unique designs on the ball’s surface provide points of reference for exercise techniques and cueing. You can even use it like a medicine ball. Includes foot pump, manual, and workout DVD.
7UDQVOXFHQWEOXH3URGXFWZHLJKWOEV
FPFP,QŴDWHG
70208 $60.99

BOSU® NEXGEN™ Pro Balance Trainer
The BOSU® NEXGEN™ Pro Balance Trainer – Functionality Meets Performance. Featuring an updated design for new exercises and usage, the textured dome allows for more precise body positioning and targeted cueing for cardio, agility, strength, core, balance, and mobility exercises and drills. Designed for enhanced grip with either hands or feet on the dome. Includes BOSU® NexGen™ Pro Balance Trainer, dual action hand pump, and owner’s manual. 65 cm. or 26” diam. Max user weight 350 lbs. Blue/Light Grey/Black.
70267 $182.69

BOSU® POWERSTAX™
Improve the versatility, intensity, and usability of the BOSU Balance Trainer, and add an adjustable resistance training tool to your workouts with BOSU POWERSTAX. Each BOSU POWERSTAX is designed to elevate the BOSU Balance Trainer by 4”, partially stabilize the BOSU Balance Trainer in a platform side up or down position, and create unpredictable resistance challenges (or load) when filled with up to 35 lbs. of water. Ideal for all ages and skill levels. Includes workout DVD.
70253 Single $ 94.39
70254 Set of 3 $ 249.99

Shown: BOSU Pro Balance Trainer

### High Step™

The perfect step for circuit training, step testing or plyos! The step is portable and adjustable in height from 4" to 12" with the included risers. Rubberized deck and slip-resistant bottom that provides a safe and stable surface. Includes platform with 4 risers (2 pairs). Weight limit: 300 lbs. See below for color options. 22 lbs. 40" L x 14" W.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>91165</td>
<td>Blue/Black</td>
<td>$ 89.99</td>
<td></td>
</tr>
<tr>
<td>91166</td>
<td>Grey/Black</td>
<td>$ 101.69</td>
<td></td>
</tr>
</tbody>
</table>

### Freestyle™ Circuit Step

The Freestyle Circuit Step features a non-slip platform surface for secure footing. Adjustable in height from 4" to 8" with the included risers. Includes one platform and 2 Freestyle risers to adjust the height. Includes 2 workout DVDs. Weight limit: 275 lbs. Red/Black. 9 lbs. 29" L x 14½" W.

<table>
<thead>
<tr>
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<th>Description</th>
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<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>91162</td>
<td>Freestyle™ Circuit Step</td>
<td>Red/Black</td>
<td>$ 69.99</td>
</tr>
<tr>
<td>91164</td>
<td>Additional Risers (pair)</td>
<td>Black</td>
<td>$ 31.69</td>
</tr>
</tbody>
</table>

### Freestyle™ Step

The Red/Black color combination is an eye-catching addition to your group fitness area. Includes the Freestyle risers which offer you 3 position combinations: flat, horizontal, and vertical slant. The step platform offers a more cushioned surface for comfort and texture. Rubberized stepping surface and slip-resistant bottom. Includes 2 Freestyle Risers (gray) and 2 traditional risers (black) and Step. Weight limit: 300 lbs. See below for color options. 24 lbs. 40" L x 14" W.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>91145</td>
<td>Freestyle Step</td>
<td>Gray/Black</td>
<td>$ 119.99</td>
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<tr>
<td>91144</td>
<td>Freestyle Step</td>
<td>Red/Black</td>
<td>$ 119.99</td>
</tr>
<tr>
<td>91146</td>
<td>Freestyle Risers (pair)</td>
<td>Gray</td>
<td>$ 49.99</td>
</tr>
</tbody>
</table>

### The Stackable Step®

Add another element to your Step routine with The Stackable Step. Stack them to increase height, or run a tube through the notched base for added resistance. Slip-resistant bottom for added stability. Available in 4" or 6" heights. Weight limit: 250 lbs. 4" Step is 7 lbs. 6" Step is 10 lbs. 22" L x 12" W.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>70134</td>
<td>4&quot; Green</td>
<td>$ 32.39</td>
<td></td>
</tr>
<tr>
<td>70136</td>
<td>6&quot; Blue</td>
<td>$ 34.99</td>
<td></td>
</tr>
</tbody>
</table>

### Storage Cart

Storage cart for the Original Health Club Step, Made of PVC Material. 64"L x 20"W x 53"H. Black/Grey.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>92567</td>
<td>Storage Cart only</td>
<td></td>
<td>$ 329.99</td>
</tr>
<tr>
<td>92568</td>
<td>w/ 12 Original Health Club Steps</td>
<td>Violet/Teal</td>
<td>$ 1,493.39</td>
</tr>
<tr>
<td>92569</td>
<td>w/ 12 Original Health Club Steps</td>
<td>Gray/Black</td>
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</tr>
<tr>
<td>92558</td>
<td>w/ 12 Freestyle Steps</td>
<td>Red/Black</td>
<td>$ 1,599.69</td>
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<tr>
<td>92559</td>
<td>w/ 12 Freestyle Steps</td>
<td>Gray/Black</td>
<td>$ 1,599.69</td>
</tr>
</tbody>
</table>

### Original Health Club Step®

The name says it all! This is the step that started the greatest exercise trend in the fitness industry. Adjustable in height from 4" to 8" with the included risers. Optional Storage cart rolls easily on locking casters. Rubberized deck and slip-resistant bottom that provides a safe and stable surface. Includes platform with 4 risers (2 pairs). Weight limit: 300 lbs. See below for color options. 24 lbs. 40" L x 14" W.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>91120</td>
<td>Original Health Club Step</td>
<td>Black/Gray</td>
<td>$ 109.99</td>
</tr>
<tr>
<td>91140</td>
<td>Original Health Club Step</td>
<td>Violet/Teal</td>
<td>$ 115.99</td>
</tr>
<tr>
<td>91123</td>
<td>Additional Risers</td>
<td>Violet (pair)</td>
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<td>91122</td>
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<td>Black (pair)</td>
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<tr>
<td>91127</td>
<td>Platform only</td>
<td>Teal</td>
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</tr>
<tr>
<td>91126</td>
<td>Platform only</td>
<td>Gray</td>
<td>$ 74.99</td>
</tr>
</tbody>
</table>

### The Circuit Step®

A smaller, more economical version of the Original Club Step. Adjustable in height from 4" to 8" with the included risers. Slip-resistant bottom for added stability. Includes platform and 4 risers (2 pairs). Weight limit: 250 lbs. 12" L x 12" W.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
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<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>91154</td>
<td>The Circuit Step</td>
<td>Black/Gray</td>
<td>$ 69.99</td>
</tr>
<tr>
<td>91156</td>
<td>Additional Risers (pair)</td>
<td>Black</td>
<td>$ 23.39</td>
</tr>
</tbody>
</table>

### High Step™

The perfect step for circuit training, step testing or plyos! The step is portable and adjustable in height from 4" to 12". Rubberized deck and slip-resistant bottom provide added stability and safety. Includes platform and 4 risers (2 pairs). Weight limit: 275 lbs. 12" L x 12" W. Blue/black or grey/black. Includes DVD. 14 lbs.

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Reebok Step

THE ORIGINAL

Introduced to health clubs more than 25 years ago, the timeless aerobic Reebok Step remains an integral and immensely popular piece of equipment in the group fitness exercise arena today. Sturdy and durable for every lunge and jump, the Reebok Step’s non-slip rubber surface means the user can focus on their form and positioning.

- Adjustable to 3 different height (6”/8”/10”)
- Total body workout
- Lightweight and easy to move
- Solid and trusted build quality
- Compact and stackable design
- Often teamed up with dumbbells and rep sets

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JumpSport Trampoline

Get up to 4 million bounces thanks to the Enduralast Cords™, which also add to the unit’s smooth performance and up to 40% lower impact than traditional rebounders. The Flex Bounce™ adjustable suspension system incorporates 3 easy-to-adjust firmness settings for a personalized workout. The patent pending arched legs offer exceptional stability and allow the unit to be securely stored when not in use.

Rated for users up to 250 lbs. Includes basic workout DVD. 33½” diam. Permatron™ mat with skirt.

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Urban Rebounder™ Folding Unit

Designed for the commercial environment, this rebounder incorporates heavier walled tubing, thicker springs reinforced legs to consistently perform. Strengthens your core and improves your balance and coordination.

Includes commercial-quality mini trampoline, stabilizing bar elevated leg kit, 2 DVDs with 9 workouts, and instructional manual. Folds for easy storage, super soft jumping surface, heavy duty springs. 300 lbs. capacity.

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- California residents please see page 130  
- Additional shipping costs may apply
Body Bar®
The original weighted bar! Features foam rubber covering for a secure and comfortable grip.
91303 3 lbs. 4' L $ 30.99
91304 4 lbs. 4' L $ 31.99
91306 6 lbs. 4' L $ 32.99
91309 9 lbs. 4' L $ 38.99
91312 12 lbs. 4' L $ 44.99
91315 15 lbs. 4' L $ 51.99
91318 18 lbs. 4' L $ 61.99
91324 24 lbs. 5' L $ 78.99
91330 30 lbs. 5' L $ 94.99
91336 36 lbs. 6' L $ 104.99

VersaBar®
Keep your class moving without stopping to load and unload plates. These weighted aerobic bars offer superior rubberized coating for long-lasting durability.
91205 4 lbs. 4' L $ 22.99
91206 6 lbs. 4' L $ 25.99
91209 9 lbs. 4' L $ 31.39
91212 12 lbs. 4' L $ 39.39
91215 15 lbs. 4' L $ 49.99
91218 18 lbs. 4' L $ 59.99
91224 24 lbs. 5' L $ 70.69
91230 30 lbs. 5' L $ 92.39
91236 36 lbs. 6' L $ 106.99

Aerobic Bar Vertical Storage Rack
The 4 storage compartments on this fixed rack allow you to store up to 24* weighted aerobic bars. (*Storage amounts may vary by bar weight and style.)
Assembly required. Bars not included with rack. Storage amounts may vary by bar weight and style.
25" L x 19" W x 41" H. Kit includes: storage rack with 16 Versa Bars: (2) 4 lbs.,(4) 6 lbs., (4) 9 lbs., (4) 12 lbs., (1) 15 lbs., (1) 18 lbs.
91242 Rack only $149.99
91434 Kit: Rack w/ Versa Bars $548.39

Premium VersaBar®
Unique square ends keep the bar in place, reduce noise, and protect floors. Weight is molded into the caps so it won’t wear off and color coding makes identification easy.
91261 6 lbs. 4' L $ 26.99
91262 9 lbs. 4' L $ 31.99
91263 12 lbs. 4' L $ 34.99
91264 15 lbs. 4' L $ 39.99
91265 18 lbs. 4' L $ 44.99
91266 24 lbs. 5' L $ 70.69
91267 30 lbs. 5' L $ 92.39
91268 36 lbs. 6' L $ 106.69

The Mini Body Bar®
A shorter version of The Body Bar Classic. Ideal for independent arm movements. Add resistance to core exercises, perform wrist rotations, and even use in rehab or physical therapy.
Solid steel construction. Rubber end caps. Color coded by weight. Bar color: Black. 2' L.
91291 4 lbs. $ 33.69
91293 6 lbs. $ 36.69
91295 9 lbs. $ 40.99

Kit includes: storage rack with 16 Versa Bars: (2) 4 lbs.,(4) 6 lbs., (4) 9 lbs., (4) 12 lbs., (1) 15 lbs., (1) 18 lbs.
91242 Rack only $149.99
91434 Kit: Rack w/ Versa Bars $548.39

Vertical Storage Rack
Store up to 72* weighted aerobic bars in the 6 compartments on this stationary storage rack. Rack features adjustable feet for leveling and stabilizing on uneven flooring.
Assembly required. Bars not included with rack. Storage amounts may vary by bar weight and style.
44" L x 27" W x 52" H.
91250 $362.39

*Storage amounts may vary by bar weight and style.

Shown: Premium VersaBar
Keiser M3 Exercise Bike with Computer

The result of more than a decade of Keiser cycle development, the hallmark of the M3 Indoor Cycle is its durability. The M3 is made of corrosive resistant materials, has a resistance system that doesn’t wear, and is virtually maintenance free; requiring less work from your facility to keep it running. All of this, plus it is backed by one of the best warranties in the industry. Keiser scrutinized and quality-tested every single component, from the top of our dual-placement handles to the bottom of our rock-solid base and absolutely everything in between.

93224 $ 1,876.99

Green Series 6000 Upright Cycle

Designed to accommodate workouts ranging from relaxed to rigorous. The soft gripped handle bar, ergonomic seat cushion and padded elbow rests provide superior support during workouts. 13 Level Adjustable Seat, Multi-Position Handlebars, 16 Resistance Levels, Cordless, 7 Programs, Dot Matrix Screen. 39” L x 24” W x 58” H.

51113 $ 2,786.39

Green Series 6000 Recumbent Cycle

Recumbent Cycle places the rider in the laid-back position to evenly distribute the rider’s weight and support the back and lower-body. Electro Magnetic Resistance, Easy Seat Adjustment, Self-leveling pedals with toe straps, 16 Resistance Levels, 7 Programs, Dot Matrix Screen. 61” L x 24” W x 52” H.

51110 $ 3,096.69

Green Series 7000 Indoor Cycle

Features multiple position hand grips including racing handles with incorporated guards that ward off sweat from flywheel. This cycle can be used for full commercial, everyday club use. Built and warranted for club use, but also meant for the discriminating cyclist. 145 lbs. unit weight with a 500 lbs. maximum user weight. Saddle and handlebars are infinitely adjustable fore/aft and vertically for perfect fit. Includes a micro-adjust safety knob with emergency stop. 43” L x 24” H.

51116 $ 1,855.99

Green Series 7000 Upright Cycle

The built in Digital TV is an entertaining workout machine designed specifically to accommodate workouts ranging from relaxed to rigorous. With integrated LED console display that is intuitive control panel that offers easy selection to individual programs and adjustment to resistance level with a simple touch of a button, making workouts easy to personalize to the user’s specific needs. 13 Level Adjustable Seat, Multi-Position Handlebars, 16 Resistance Levels, Cordless, 7 Programs, 10 in. Touch Screen with Built in TV or 6 LED + Dot Matrix Screen. 41” L x 27” W x 58” H.

51137 $ 5,510.99
51140 LED Console $ 3,819.99

Green Series 7000 Recumbent Cycle

Recumbent Cycle with Built in Digital TV provides an entertaining workout and is designed to easily maintain and operate. The LED Console is cordless, self-powered green design that enables the elliptical to be powered by the user, thus reducing power consumption and saving energy. Electro Magnetic Resistance, Easy Seat Adjustment, Self Leveling Pedals with Toe Straps, 16 Resistance Levels, 7 Programs, 10 in. Touch Screen with Built in TV or 6 LED + Dot Matrix Screen. 62” L x 24” W x 52” H.

51131 Built-in Digital TV $ 5,784.99
51134 LED Console $ 4,130.99

FOR MORE COMMERCIAL EQUIPMENT VISIT US ONLINE

- California residents please see page 130
- Additional shipping costs may apply

CYCLES 63
**Hanging Club Mat**

Identical, high-quality materials and construction as our Club Mats. Includes integrated eyelets for hanging. Hanging mats conserve floor space and allow mats to dry quickly which helps them last longer.

Jet black on bottom; choose midnight blue or jet black for top.

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**Single Layer Club Mat**

An entry level club mat to fit your facility and training needs. Lightweight construction provides for easy portability and storage.

Jet black on bottom; choose midnight blue or jet black for top.

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**Club Mat**

**THREE LENGTHS!** All purpose mat, offered in two colors, gives a padded surface and insulation for floor exercises. Closed-cell foam structure provides durability and comfort. Odor, stain, and moisture resistant. Easily wipes clean with a damp cloth. Rolls for easy storage.

Jet black on bottom; choose midnight blue or jet black for top.

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**Premium Gym Mat**

Two inch thick foam mats! Heavy-duty soft vinyl covering adds to durability and comfort. Conveniently folds in sections. Zipper panel closure. Odor resistant. Wipe clean with a damp cloth. Polyurethane foam. Additional shipping charges may apply.

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**LifeFitness® Fitness Mats**

Soft and durable, this is the perfect mat for group fitness, core, and stretching exercises. Includes integrated reinforced rings for easy hanging. 72" L x 24" W x 1½" thick.

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**LifeFitness® Stretching Mats**

Designed to create a soft, yet durable barrier for stretching and basic exercises. The breathable design helps keep the mat dry to prevent slippage. Integrated reinforced rings. 56" L x 24" W x ½" thick.

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These mats offer the same comfortable feel and quality construction as our Premium Club Mats, yet they have two reinforced rings so you can hang them on the rack and out of the way. Resists moisture and wipes clean with a damp cloth. Available in two lengths.

ONE OF OUR THICKEST MATS! Sponge-like feel provide excellent cushioning for yoga, stretching or any other activity where a mat is needed. Nonslip surface is soft to the touch. Rolls for easy storage. Supportive closed-cell foam structure resists moisture and wipes clean with a damp cloth. Available in two lengths.
AIREX® Hercules Mat

OUR THICKEST MAT! This multi-functional mat offers superior cushioning and excellent durability for Pilates, yoga, fitness, and more. The non-slip surface is comfortable to the touch. Sanitized closed cell foam construction resists moisture, inhibits bacteria growth and wipes clean. Mats lay flat when in use and roll easily when the workout is over. Closed-cell PVC foam.

75120 Hercules 78" L x 39" W x 1" thick Blue $ 251.99

AIREX® Corona Mat

These multi-functional mats offer superior cushioning and excellent durability for Pilates, yoga, fitness, and more. The non-slip surface is comfortable to the touch. Sanitized closed cell foam construction resists moisture, inhibits bacteria growth and wipes clean. Mats lay flat when in use and roll easily when the workout is over. Closed-cell PVC foam.

75105 Corona 185 72" L x 39" W x ⅛" thick Blue $152.39
75107 Corona 185 72" L x 39" W x ⅛" thick Green $152.39
75109 Corona 200 78" L x 39" W x ⅛" thick Charcoal $162.39
75110 Corona 200 78" L x 39" W x ⅛" thick Terra $162.39

AIREX® Corona Mat - Fitline

MULTIPLE SIZES AND COLORS! These high-quality, multi-functional mats offer superior cushioning and excellent durability. Use for Pilates, yoga, general fitness, and more. The non-slip surface is soft to the touch. Closed-cell foam construction resists moisture, inhibits bacteria growth and wipes clean.

92004 Fitline 140 56" L x 23" W x 3/8" thick Kiwi $ 57.99
92006 Fitline 140 56" L x 23" W x 3/8" thick Pink $ 57.99
92008 Fitline 140 56" L x 23" W x 3/8" thick Charcoal $ 57.99
92000 Fitline 140 56" L x 23" W x 3/8" thick Aqua $ 57.99
91995 Fitline 120 48" L x 23" W x 3/8" thick Blue $ 62.99
92010 Fitline 180 72" L x 23" W x 3/8" thick Aqua $ 74.39
92024 Fitline 180 72" L x 23" W x 3/8" thick Kiwi $ 74.39
92026 Fitline 180 72" L x 23" W x 3/8" thick Pink $ 74.39
92028 Fitline 180 72" L x 23" W x 3/8" thick Charcoal $ 74.39

AIREX® Yoga Pilates Mat

AIREX Yoga and Pilates Mats were specifically created to reduce stress on the joints during your workout, these multi-functional exercise pads offer superb cushioning and excellent durability for your Pilates workout, yoga asanas, fitness session, and more. Mats lay flat when in use and roll easily when the workout is over. Closed-cell structure makes this hygienically treated mat moisture resistant and easy to clean with a damp cloth.

75123 YogaPilates 190 75" L x 23" W x ⅛" thick Charcoal $74.99
75125 YogaPilates 190 75" L x 23" W x ⅛" thick Purple $74.99

AIREX® Coronella Mat

MULTIPLE SIZES AND COLORS! Slightly thinner than the Corona. These multi-functional mats offer superior cushioning and excellent durability for Pilates, yoga, general fitness, and more. Sanitized closed cell foam construction resists moisture, inhibits bacteria growth and wipes clean. Mats lay flat when in use and roll easily when the workout is over. Closed-cell PVC foam.

75100 Coronella 185 72" L x 23" W x ⅛" thick Blue $ 99.69
75102 Coronella 185 72" L x 23" W x ⅛" thick Green $ 99.69
75097 Coronella 200 78" L x 23" W x ⅛" thick Charcoal $104.69
75098 Coronella 200 78" L x 23" W x ⅛" thick Terra $104.69
Mat Cart
Stay organized with this mobile storage unit that holds 60-120 mats, depending on thickness. Wide rods support 2 standard width mats side by side. The cart's narrow design and rounded frame with locking casters allow it to fit through standard doorways.
Mats sold separately. Assembly required. Ships in 2 boxes. Steel construction. Black. 54 ¾” L x 25 ¾” W x 48 ½” H. 92538 $213.39

Wall-Mounted Mat Rack
Reclaim needed floor space with this sturdy wall-mounted rack. Keep your yoga, Pilates, and AIREX® mats in good condition by hanging them to dry after each use. Holds up to 60 thin mats. Wide design lets you hang 2 mats up to standard width mats side-by-side. Mounting holes on 12” centers (mounting hardware not included). Steel construction. Black. 50” L x 7” W x 2” H. 92552 $101.69

Wall-Mounted Hanging Mat Rack
A simple, adjustable wall-mounted rack holds up to 10 hanging mats. Hangers are adjustable to fit most mats. Mats sold separately. Wood body, steel rods. 24” W x 3” H. 92555 $31.39

Standing Hanging Mat Rack
Free up space on your floor and walls. This standing rack lets you store eyelet mats vertically anywhere you choose. 10” prongs hold up to 14 mats on each side. Mats Sold Separately. Assembly required. Steel. Gray/Black. 30” L x 29” W x 79” H. 92590 $205.99

Metal Wall Mounted Mat Rack
Save much desired space with our sleek Metal Wall Mounted Mat Rack. This rack gets your mats off the floor and out of the way. Holds up to 12 of our Premium Club Mats. Mounting hardware not included. Metal. Black. 3’ L x 26.05” W x 8.15” H. 98558 $43.69

Multi-Purpose Storage Rack
Studio Rack — Compact and fits into smaller spaces. The rack’s 3 shelves hold just the right amount of equipment for small studios.
Club Rack — At nearly twice the length, store multiple types of equipment on the rack’s 6 mesh shelves, and hang items on its 4 end pegs. Both racks include casters for easy mobility. Equipment sold separately. Assembly required. PVC. Gray. Club rack: 75” L x 22” W x 70” H
Studio rack: 47” L x 22” W x 70” H. 92595 Studio Rack $192.99 92582 Club Rack $239.69

- California residents please see page 130  - Additional shipping costs may apply
Premium Yoga Sticky Mat

Slip-resistant! Mats offer a secure adhesive, textured surface, and firm, cushioned support. Lightweight and extremely durable, these mats are ideal for yoga as well as stretching and Pilates. Rolls for easy storage. Wipe clean with a damp cloth.

- 83311 68” L x 24” W x 1/8” thick Ocean Blue $21.99
- 83301 68” L x 24” W x 1/4” thick Mystic Purple $21.99
- 83326 68” L x 24” W x 1/8” thick Tea Leaf Green $21.99
- 83331 68” L x 24” W x 1/4” thick Jet Black $21.99
- 83327 68” L x 24” W x 1/4” thick Ocean Blue $28.99
- 83333 68” L x 24” W x 1/4” thick Mystic Purple $28.99
- 83324 68” L x 24” W x 1/4” thick Tea Leaf Green $28.99
- 83329 68” L x 24” W x 1/4” thick Jet Black $28.99

AIREX® CALYANA®

The CALYANA yoga mats offer optimal long-lasting grip and are 100% antislip. Hands and feet do not slide. CALYANA yoga mats offer a comfortable feel and are inherently stable. The Prime is portable, lightweight, and thin, with very good cushioning and comfort for all of your yoga needs. The Professional has optimal cushioning and comfort. Ideally suited for use at home or in the yoga studio. 73” L x 23” W.

- 75132 4.5 mm thick Ocean Blue $67.99
- 75131 4.5 mm thick Green/Brown $76.99
- 75130 6.8 mm thick Black $99.99
**Jacquard Yoga Towel & Mat**

Jacquard fabric combined with functional natural bamboo fibers is integrated with a durable anti-slip mat to provide a two in one options for your Hot Yoga needs. Eco-friendly, PVC & phthalate free. Machine washable. 24"L x 68" W x 4mm thick.

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**Professional Club Grade Yoga Mat**

Our most durable mat features an ideal elasticity and support density for high volume use studios. Supports all types of floor exercises from yoga and Pilates, to core and abs classes. This Eco-friendly mat is PVC and phthalate free and features an easy to wipe clean surface. Slate Gray. ⅛" thick.

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</table>

**Natural Jute Yoga Mat**

A great combination of natural jute fiber and an eco-friendly, anti-slip mat that is strong, supple, and sustainable. Suitable for all yoga practices. To clean, simply hand wash and hang dry. 68"L x 24"W x 4mm thick. Natural.

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>83216</td>
<td>Pink</td>
<td>$41.99</td>
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<tr>
<td>83217</td>
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<tr>
<td>83261</td>
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<td>83262</td>
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</tr>
<tr>
<td>83264</td>
<td>Pink - 20 Count</td>
<td>$720.39</td>
</tr>
</tbody>
</table>

**LifeFitness® Premium Yoga Mat**

The LifeFitness Yoga Mat offers premium design in both look and feel. Enhance your exercisers' yoga practice with a mat that is comfortable for all exercises and movements. 68" L x 24" W x ½" thick.

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>72195</td>
<td>$66.99</td>
</tr>
</tbody>
</table>

**Kiss the Sky Oval Yoga Mat**

The only sustainable, ultra-grippy yoga mat designed to take your practice higher. Performance-centric design holds the floor and hugs your hands and feet, keeping you from sliding, even in hot yoga. Earth-loving oval shape features straight sides and rounded corners that won't curl and is made from 100% recycled materials. 72"L x 24W x ½" thick. 3.7lbs. Black.

<table>
<thead>
<tr>
<th>Product Code</th>
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<tr>
<td>83225</td>
<td>Single Mat</td>
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<tr>
<td>83266</td>
<td>20 Count</td>
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</tr>
</tbody>
</table>

© - California residents please see page 130 © - Additional shipping costs may apply
Yoga Block
For additional support during transitions and poses, these lightweight, durable foam blocks are the perfect tool. Choose the thickness that meets your needs. 9” L x 6” W.

<table>
<thead>
<tr>
<th>Style</th>
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</thead>
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</tr>
<tr>
<td>83360</td>
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</tr>
<tr>
<td>83370</td>
<td>4” thick</td>
<td>Purple</td>
<td>$13.69</td>
</tr>
<tr>
<td>83380</td>
<td>4” thick</td>
<td>Blue</td>
<td>$13.69</td>
</tr>
</tbody>
</table>

Striped Yoga Block
Our most durable and comfortable yoga blocks are designed with specific density for support of the wrists and hands. 4” x 6” x 9”. Dark Gray.

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>83218</td>
<td>Dk Gray/Orange</td>
<td>$20.99</td>
</tr>
<tr>
<td>83219</td>
<td>Dk Gray/Pink</td>
<td>$20.99</td>
</tr>
</tbody>
</table>

Round Edge Cork Yoga Block
Comfort of a round edge, a firmness greater than our foam yoga blocks and made with a sustainable high-quality cork. Making this a popular choice for individual users and yoga studios everywhere. 4” x 6” x 9”.

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>83220</td>
<td>$25.99</td>
<td></td>
</tr>
</tbody>
</table>
**Yoga Strap**

A yoga strap can assist you with getting into the proper pose or position. It is also an excellent tool for increasing flexibility. Buckle allows you to adjust the strap length. Strong cotton blend strap with PVC buckle. 2 lengths, 2 colors.

- **83405** 6’ L Purple $8.69
- **83410** 6’ L Blue $8.69
- **83420** 8’ L Purple $10.69
- **83430** 8’ L Blue $10.69

---

**Pilates Versa Tube**

Fire up your “powerhouse” core muscles while increasing flexibility and postural alignment awareness. This tube lets you experience Pilates-style resistance workouts without the heavy equipment. Four equal length resistance tubes (2 with padded handles and 2 with foot/ankle cuffs) connect to a center nylon strap, allowing you to simulate Reformer- or Cadillac-style workouts in a mat-based setting.

- **84576** Light Lime Green $20.99
- **84580** Medium Red $21.99

---

**REP Band® Exercise Band**

Available in 10 resistances. LATEX-FREE and POWDER-FREE. Comes in a dispenser box. Width: 4”.

- **84975** 4” W x 6 yd. Roll Extra Light Peach $10.39
- **84980** 4” W x 6 yd. Roll Light Orange $11.39
- **84985** 4” W x 6 yd. Roll Medium Green $12.39
- **84990** 4” W x 6 yd. Roll Heavy Blue $13.39
- **84995** 4” W x 6 yd. Roll Extra Heavy Plum $14.39
- **85115** 4” W x 50 yd. Roll Extra Light Peach $50.99
- **85120** 4” W x 50 yd. Roll Light Orange $60.99
- **85125** 4” W x 50 yd. Roll Medium Green $76.39
- **85130** 4” W x 50 yd. Roll Heavy Blue $86.39
- **85135** 4” W x 50 yd. Roll Extra Heavy Plum $97.69

---

**Metal D-Ring Yoga Strap**

Ideal for stretching and assisting with body positioning with a durable Metal D-ring for easy adjusting of strap length. 8’ L. Available in two colors.

- **83221** Dark Gray $11.69
- **83222** Light Blue $11.69

---

**Reform Bar**

This portable Pilates studio lets you perform Reformer-style movements without the machine. Use it for personal training or at home. Two 30” long resistance tubes are attached to each side of the bar, so you can perform a variety of movements using the attached Velcro adjustable cuffs. Unit includes tubing with attached ankle cuffs, padded 39” bar, and carry bag. Bar disassembles for easy storage.

- **84593** Medium Red $46.69

---

**Pilates Ring**

Enhance your Pilates workout. This flexible ring with a soft foam cover and handles offers different levels of resistance for isometric exercises that will firm the muscles of the upper arms and inner thighs. Choose a resistance level appropriate to the exercise you or your client will be performing. Fiberglass ring, foam cover, plastic handles. 15” diam.

- **83921** Light Purple $21.99
- **83922** Moderate Gray $25.99
- **83923** Firm Black $28.99

---

**Poz-A-Ball**

Enhance traditional Pilates and yoga poses by adding the elements of strength, intensity, and balance with this inflatable ball that assists in proper alignment. Ships deflated, use included straw to inflate. Pliable PVC. 8” diam.

- **83915** Blue $15.69
- **83913** Red $15.69

---

*California residents please see page 130  Additional shipping costs may apply*
Kickboard & Kickboard Plus
Aquatic boards provide stability and buoyancy during water exercises. The Plus model’s larger surface offers more control and its curved underside increases stability.
Constructed of strong, durable closed-cell foam. Kickboard: Blue/Yellow. 19” L x 12” W x 1 1/2” thick. Kickboard Plus: Blue. 27” L x 19” W x 2” thick.
CR 86690 Kickboard  19” L x 12” W x 1 1/2” thick  Blue/Yellow  $19.99
CR 86692 Kickboard Plus  27” L x 19” W x 2” thick  Blue  $36.99

Water Flotation Belt
Flexible foam contours to the back and sides by adjusting the nylon belt. Stabilizes the body by distributing buoyancy around the body.
Order by user’s weight.
CR 86500 S (100–160 lbs.)  $25.99
CR 86510 M (160–220 lbs.)  $26.99
CR 86520 L (220+ lbs.)  $27.99

Aquajogger® Belt
Patented, contoured design supports the lower back by suspending the body vertically in water at shoulder level. Women’s Classic fits most average body types. Men’s Classic Pro is 30% more buoyant and has a higher arch. Resilient closed-cell foam won’t absorb water and resists chlorine damage. Includes Getting Started DVD and Water Workout Guide. 48” woven elastic belt adjusts to fit waist. Blue.
CR 86484 Women’s Classic (120–180 lbs.)  $59.39
CR 86486 Men’s Classic Pro (160–220 lbs.)  $64.39

Water Cuffs
Designed to be worn on the ankles, each cuff features a fully adjustable strap with a fastening clip that secures it around the ankle and under the foot. Blue. One size fits most.
CR 86595 $37.39 /pair
**Water Noodle**

Use on top of water for buoyant support and stabilization; use underwater for resistance. Superior quality and durability. Blue. Sold in cases of 10. 54” L x 3” diam. Additional shipping charges will apply.

- **Case of 10**: $94.39

-- California residents please see page 126

--- Additional shipping costs may apply

**Water Dumbbells**

Designed like traditional dumbbells, our aquatic version has one, two, or three round floats on each end, depending on desired resistance level. Handgrips are cushioned for comfort. Blue.

- **Light**: 86550 - $28.99 /pair
- **Medium**: 86560 - $31.39 /pair
- **Heavy**: 86570 - $34.39 /pair

**Bar Float**

Featuring the same design as our water dumbbell, offering triple floats at each end. Provides stable, secure buoyancy for added support, and resistance. Not adjustable. Blue. 25".

- **86590**: $36.39

-- California residents please see page 130

--- Additional shipping costs may apply
**Anchor Kit for Aspen/Freedom**
Aspen/Freedom pool lift anchor with lid and key. Stainless steel bonding screw provided. 6" deep. Fabricated of glass filled polypropylene.
80721 $273.39

**Remote Control**
Waterproof remote control enables self-operability of pool lifts from both the deck and water. Replaces SBC-WT. 5" x 5" x 5". 0.1lbs.
80724 $90.39

**Battery for Aspen 360**
This battery pack is designed to operate our 24VDC pool lift actuators and utilizes a wired connection to connect to the receiver. This design enhancement limits exposed parts and corrosion.
80723 $203.99

**BKP Pump 1 hp**
Economical units for cleaning mid-sized pools.
80725 $2,763.69

**S.S. Maint. Kit**
Spectra-Clean System 1 is a ready-to-use stainless steel passivation solution that is perfect for daily use. Stainless steel is a corrosion-resistant alloy; however, it may display rusting characteristics under certain conditions. Routinely wiping down rail surfaces and rinsing with unchlorinated water minimizes the potential for corrosion. In the event stainless steel equipment displays stubborn rust stains or heavy deposit build-up, specialized materials are needed to remove these foreign substances and to restore the original rail finish.
80726 $162.39

**Motion Trek/ Freedom/Aspen Cover**
The optional PVC/texturized polyester safety cover protects pool lifts from unauthorized use and from environmental elements. The cover includes a warning sign clearly visible from the pool/spa deck. Blue.
80722 $269.99

**WaterFit Treadmill**
The newest trend in fitness is aquatic fitness. This European-influenced versatile treadmill uses water as a natural form of resistance. Designed to tone and shape legs and buttocks, improve joint flexibility, and improve cardiovascular fitness; the treadmill provides an effective, low-impact workout that is perfect for rehabilitation patients or water enthusiasts. The treadmill itself is lightweight and comes in a variety of colors. WaterFit your way into shape with an intense, yet therapeutic workout.
Standard color: Orange. Custom colors are also available.
80586 $2,284.39

**WaterFit Underwater Trampoline**
The newest trend in aquatic fitness. This European-influenced versatile underwater trampoline uses water as a natural form of resistance. Designed to strengthen abdominal muscles, tone and shape legs and glutes, and improve balance; the underwater trampoline provides an effective, low-impact workout that is perfect for rehabilitation patients or water enthusiasts. The underwater trampoline itself is lightweight and comes in a variety of colors. WaterFit your way into shape with an intense, yet therapeutic workout.
Standard color: Bright blue. Custom colors are also available.
80587 $1,573.69

**WaterFit Aquatic Bike**
The newest trend in aquatic fitness is aquatic cycling. This European-influenced versatile underwater aquatic bike uses water as a natural form of resistance for an effective, low-impact workout that is perfect for rehabilitation patients or water enthusiasts. The aquatic bike itself is lightweight and comes in a variety of colors. With adjustable handle bars and seat, riders can pedal in exercise, standing, or race mode. WaterFit your way into shape with an intense, yet therapeutic workout.
Standard color: Bright blue. Custom colors are also available.
80585 $2,228.39
Shown: Motion Trek

Aspen 350

The Aspen battery powered ADA pool lift is designed for installation in the decks of in-ground and above-ground pools/spas. The Aspen ADA pool lift and ADA spa lift is an ADA/ABA compliant battery powered lift that has a safe and easy operating system and is rotationally and vertically powered. Accommodates a setback of 6” to 22” and a water draft up to 12”.

Includes: Two watertight remote controls, battery and battery charger, adjustable swing out footrest for ease of transfer, armrests with non-slip grip for safety and comfort, padded head rest, seat belt.

80718 $4,074.39

Portable Freedom 300

The Portable Freedom is an ADA compliant battery powered lift that is self-operable from the deck and the water with a robust operating system.

80719 $6,874.99

Motion Trek

The Motion Trek 350 is an ADA compliant battery powered lift that is self-operable from the deck and water with a robust operating system. The Motion Trek 350 is designed for in-ground pools and spas.

80717 $3,772.69

- California residents please see page 130  - Additional shipping costs may apply
Indoor Agility Ladder

This weighted agility ladder resists movement on indoor flooring during training drills. Rungs spaced 18” apart contain two enclosed iron rods that serve to keep the ladder flat and in place. Nylon materials will not damage floors. Available in 2 sizes: 15’ and 30’. Each 30’ long ladder separates into two 15’ sections providing more training variety. Includes carry bag. Black/White.

- 30682 15’ L x 20” W (11 slats) $62.39
- 30683 30’ L x 20” W (22 slats) $82.99

Agility Ladder

2 lengths! Develop rapid, precise foot strikes and focus. Fixed round rungs save set-up time and withstand abuse from cleats and other turf shoes. 30’ ladder separates into two 15’ sections. 15’ ladder has Velcro tabs to connect to other units for a customized length; connect 2 or more end to end for super-long drills. Use indoors or outdoors. High-impact round PVC rungs. Includes carry bag.

- 30692 15’ L x 20” W (9 rungs) $46.69
- 30694 30’ L x 20” W (18 rungs) $78.69

Pro Agility Ladder

This agility ladder features adjustable slats with our exclusive quick-change latches. These latches secure the slats in the desired position along the ladder. Use narrow spacing between the slats to develop short, quick steps and wider spacing for longer strides. Reset your spacing quickly to 18” spacing using the highly visible markings on each side. Available in two sizes: 15’ and 30’. Each 30’ long ladder separates into two 15’ sections providing you with more training variety. Metal stakes anchor the ladder outdoors and oversized nylon loops secure weight plates indoors. Includes 4 metal stakes, carry bag and carry handle. PVC Slats. Red/White.

- 30652 Pro Agility Ladder 15’ L x 20” W (10 slats) $59.39
- 30650 Pro Agility Ladder 30’ L x 20” W (20 slats) $93.39

Impulse Agility Ladder

Set up a variety of footwork patterns using 5 ladder sections of different lengths. Configure sections to promote forward, backward, and lateral movements in the same training run. Includes carry bag. Use indoors or outdoors. PVC rungs. Black/Yellow. 10’ section with 8 rungs, 9’ section with 7 rungs, 8’ section with 6 rungs, and two 5’ sections with 4 rungs. All sections are 20” W.

- 30696 $75.69

Smart Indoor Ladder

The 15-foot Smart Indoor Ladder helps athletes of all levels improve their quickness, agility, coordination, and control. Easy to use and easy to store. Made with a rubber material to keep the ladder in place on any indoor surface and does not harm the floor. 15’ L x 16” W.

- 30704 $96.99

Roll Out Ladder

Spend more time taking your performance to the next level! Made from high quality rubber this non-slip, non-marring ladder is perfect for indoor speed and agility training. Great for teams and individuals. 15’ L x 16” W, 12 lbs.

- 11028 $80.39

Double Roll Out Ladder

Specifically designed to accommodate groups or individuals of any level of ability. With two side-by-side ladders to jump between, athletes are challenged to shift and widen their stance and strengthen their side-to-side movements, which translates into increased agility and reaction time on game day. 15’ L x 32” W, 24 lbs.

- 11029 $125.99
Power Hurdle
Keep drills safe with this hurdle that collapses when hit. Vary height in 12 different positions ranging from 6” to 42”. Gateboard measures 41”. Rigid high-impact PVC gateboard will not splinter. Powder-coated 1” tubular steel legs are rust-resistant. Red/White.

30200  Step Hurdle $ 10.69
30201  Set of 12 $121.39

Step Hurdle 6”
Use for quick foot drills and lateral training.
6” H x 18” W.  
30150  Step Hurdle $ 16.69
30203  Set of 12 $194.69

Step Hurdle 18”
Ideal for plyometric training and drills involving high knee lift.
18” H x 18” W.  
30150  Step Hurdle $ 16.69
30203  Set of 12 $194.69

Step Hurdle 24”
Use for hurdle walks, plyometric bounding.
24” H x 18” W.  
30152  Step Hurdle $ 19.69
30204  Set of 12 $230.99

Quick Cone Hurdle Set
This hurdle set adds variety to foot-speed and agility drills. Cone height quickly adjusts to 3”, 5”, or 7”; wide base measures 11 1/2”. Multiple set-up options allows creation of different patterns for developing quick foot lift and control. Set includes 12 pliable PVC cones, 6 units of 38” PVC crossbars, (12 cones and 6 crossbar units require assembly), and a carry bag. Use indoors or outdoors.

30280  Set of 6 $85.99

VersaStep® Hurdles
Step on these extremely durable and pliable hurdles and they return to their original shape. Weight of base helps keep hurdle in place, reducing the need to keep resetting hurdles. Hurdle sets stack together on carry handle, making transport easy. Sold individually or in sets. Sets include 6 hurdles and a stacking carry handle. Soft PVC. Orange/black. 18” W.

30276  6” H x 18” W $15.69
30278  12” H x 18” W $17.69
30275  6” H x 18” W - Set of 6 $85.99
30277  12” H x 18” W - Set of 6 $96.39

High-Step Runner™ Kit
Improve foot speed, quickness and knee lift. Two height adjustments—6” and 12”. Collapsible bungee cord will give when hit or stepped on for added stability. 12 squares 30” each. Use indoors or outdoors. Assembly required. PVC tubing. Gray. 15’ L x 5’ W  
30794  High-Step Runner $319.69

Additional products sold separately

Quick Hurdle Spacing Device
Quickly and easily space hurdles or cones to a consistent distance using this compact spacing tape with highly visible, color-coded markings. Marks set at 18”, 24”, 30”, and 36” for a range of set-ups. Use with all types of hurdles as well as cones, plyo boxes, and other training devices. Hurdles sold separately. 

62810  $53.99

AGILITY LADDER
**Accelerator** 360°

Increase first-step explosion and acceleration with light-load and high-velocity training. The Accelerator 360° places part of the load on the waist and part of the load on the hip flexors, helping the athlete to stay low in an explosive position while allowing the hip flexors to fire at near maximum velocity with a light load. Allows the athlete to train in every direction. Perform loaded-hip sprints, agility moves, and backpedal drills.

Includes Two 6' Slastix™ bungee, 2 thigh cuffs, 1 adjustable swivel belt, and instructions.

<table>
<thead>
<tr>
<th>Option</th>
<th>Waist</th>
<th>Chest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard Waist Belt</td>
<td>30” - 42”</td>
<td>N/A</td>
</tr>
<tr>
<td>Shoulder Harness</td>
<td>N/A</td>
<td>Up to 56”</td>
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<table>
<thead>
<tr>
<th>Tubing Size</th>
<th>Athlete’s Weight</th>
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<tbody>
<tr>
<td>Medium</td>
<td>160 lbs. or less</td>
</tr>
<tr>
<td>Heavy</td>
<td>160 lbs. or more</td>
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</table>

13275 $136.69

---

**Accelerator**

Train speed, agility, balance, quickness, and explosiveness. Perform drills that emphasize all the major muscle groups. Adjustable padded harness is large enough to fit over shoulder pads but adjusts small enough to fit young athletes.

Available in 2 resistance levels. Includes harness, 10’ resistance tubing, and anchor attachment.

| 10224 Beginner  | 105 lbs. | $147.39 |
| 10222 Advanced  | 150 lbs. | $188.99 |

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**Power Chute®**

Resistance and overspeed training during the same run. Increase speed, explosiveness, and acceleration. The Power Chute provides both resistance and explosive training to improve the 2 key elements of speed: stride length and frequency. Chute opens during training runs for resistance and the Velcro belt allows for mid-stride release for overspeed training.

Black.

<table>
<thead>
<tr>
<th>Option</th>
<th>Resistance*</th>
<th>Dimensions</th>
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<tr>
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<tr>
<td>M</td>
<td>20 lbs.</td>
<td>48” x 48”</td>
</tr>
<tr>
<td>L</td>
<td>30 lbs.</td>
<td>56” x 56”</td>
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</table>

*Approximate

---

**Speed Harness**

Improve speed by training stride length and frequency in 2 athletes simultaneously. Stretch the Slastix tubing to the desired tension and have both athletes run in the same direction. The front athlete receives resistance training while the back athlete receives overspeed training. The fully sheathed Slastix resistance tubing provides a smooth, consistent pull for both athletes while offering maximum safety. Swivel waist belt allows athlete to easily change direction of pull without removing belt. Shoulder harness option (designed for trailing runner) also available.

Unit includes 20’ of Slastix tubing (60’ maximum stretch), a pair of waist belts or a shoulder harness and a waist belt, and carry bag.

<table>
<thead>
<tr>
<th>Option</th>
<th>Waist Chest</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10304 With Shoulder Harness &amp; Heavy Tubing</td>
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</tr>
<tr>
<td>10306 With Shoulder Harness &amp; Medium Tubing</td>
<td>$104.69</td>
<td></td>
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<tr>
<td>10302 With Standard Belts &amp; Medium Tubing</td>
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<td></td>
</tr>
<tr>
<td>10304 With Standard Belts &amp; Heavy Tubing</td>
<td>$101.69</td>
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**Power Chute® User Recommendations**

<table>
<thead>
<tr>
<th>Athlete’s Weight</th>
<th>Beg.</th>
<th>Int.</th>
<th>Adv.</th>
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</thead>
<tbody>
<tr>
<td>Under 170 lbs.</td>
<td>S</td>
<td>M</td>
<td>L</td>
</tr>
<tr>
<td>170 to 210 lbs.</td>
<td>M</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Over 210 lbs.</td>
<td>L</td>
<td>L</td>
<td>L</td>
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</tbody>
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**Belt/ Harness Size Chart**

<table>
<thead>
<tr>
<th>Option</th>
<th>Waist</th>
<th>Chest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard Waist Belt</td>
<td>30” - 42”</td>
<td>N/A</td>
</tr>
<tr>
<td>Shoulder Harness</td>
<td>N/A</td>
<td>Up to 56”</td>
</tr>
</tbody>
</table>

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**Powersystems.com | 800.321.6975**
**Premium Slide Board™**

Solid, one-piece sliding board from 5' to 8'. High-quality molded deceleration ramps provide stable surface for change of direction. Built-in handle for easy transport. High-density polyethylene sliding surface with nonskid backing. Each unit includes board with 2 ramps and 1 pair of standard booties (extra booties sold separately). 24" W x ¾" thick. Ships in 2 boxes.

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>21149</td>
<td>Premium Slide Board</td>
<td>$506.99</td>
</tr>
</tbody>
</table>

**Bullet Belt**

Improve stride length and frequency in the same run. Unique design uses variable Velcro closure to modify resistance for athletes at any level. Free-swivel D-ring on belt allows for training in all directions.

*“Pop” option causes the athlete to pop free from the handle and starts the overspeed training.*

*“Pop & Rip” gives the coach more control over the duration of the resistance run and the moment of release into overspeed training. Quickly pull the integrated steel release cable to force separation at any point during the training run.*

Select the Partner Pack with either type to get more reps in less time. High-quality nylon with steel D-ring and Velcro tail, PVC handles. 54" circumference. Red/Black.

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>12030</td>
<td>Pop feature</td>
<td>$43.39</td>
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<tr>
<td>12035</td>
<td>Pop/Rip feature</td>
<td>$76.69</td>
</tr>
<tr>
<td>12040</td>
<td>Partner Pack</td>
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<tr>
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<td>Partner Pack</td>
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</table>

**Power Harness**

Increase the rate of force production and develop maximum leg drive for improved acceleration. This harness system uses partner-controlled resistance. Suitable for short sprints, lateral shuffles, and explosive forward and backward movements.

Each unit includes a strong nylon lead, a padded handle constructed of tubular steel, and a waist belt or shoulder harness. Waist belt allows for multidirectional training.

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10210</td>
<td>With Standard Waist Belt</td>
<td>$36.99</td>
</tr>
<tr>
<td>10290</td>
<td>With Shoulder Harness</td>
<td>$44.99</td>
</tr>
</tbody>
</table>

**Dual Resistance Harness**

Change running positions without removing belts. No buckles or straps to undo; belts simply rest over hips. Ideal for forward, backward, and lateral agility drills. One piece harness has two 3" wide waist belts connected by a 9' nylon strap. Waist belts fit up to 48" waists and rest securely over the hips. Black.

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>12000</td>
<td>Dual Resistance Harness</td>
<td>$41.39</td>
</tr>
</tbody>
</table>

**Leapfrog**

Similar to the game of leap frog, the lead and trailing runner take turns providing assistance and resistance. Ideal for resistance running and sport-specific plyometric training.

48" Slastix™ tubing (12" maximum stretch) with 2 swivel belts (each fit 30"-42" waist).

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10995</td>
<td>Leapfrog</td>
<td>$46.99</td>
</tr>
</tbody>
</table>

**Pro Slide Board™**

Fixed length sliding board. Use on hard, flat surfaces. Rolls up for easy storage and secures with nylon strap to fit in carry bag. High-density polyethylene sliding surface with nonskid backing. Unit includes board with attached ramps, 1 pair of standard booties (extra booties sold separately), and carry bag. White/Black. 24" W.

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>21161</td>
<td>Pro Slide Board</td>
<td>$192.39</td>
</tr>
</tbody>
</table>

**Standard Booties**

21215  (men's sizes 5-12) $21.99
Pro Padded Upper Body Harness
E. 2” wide nylon with neoprene padding and large D-ring connector.
21574  $36.39

Pro Waist Belt Cinch Strap
G. 4½” wide nylon with neoprene padding and steel D-ring. Fits up to 44” waist.
21572  $46.69

Predator Belt
F. Nylon waist belt with a sizable pad reduces cutting and discomfort during heavy resistance pulls by dispersing the force over a large surface area. Use it with the Power Harness™, Premium Speed Sled™, Power Sled™, Power Builder™, Speed Harness™, or Leap Frog. Fits up to 48” waist. Belt: 2” W. Pad: 19” L x 6” W x ½” thick. Red/Black.
10198  $43.69

Turfcordz™ Bungie Cordz™
I. Made from high-strength, large-diameter Bungie Cord with industrial strength steel snaps.
21594  6’ - Light  $ 53.99
21596  6’ - Medium  $ 61.39
21598  6’ - Heavy  $ 96.39
21606  10’ - Light  $ 64.39
21608  10’ - Medium  $ 80.69
21610  10’ - Heavy  $ 128.39

Pro Bungie Handle
A. 1” thick PVC with nylon strap and steel carabiner.
21580  $19.69

Pro Nylon Ankle/ Wrist Strap
B. Wide nylon strap with thick neoprene pad for a secure, comfortable fit. D-ring attachment and adjustable Velcro closure. Black: 17” L x 4” W (flat).
50765  $23.99

Pro Ankle Cinch Strap
C. 4½” wide nylon with neoprene padded strap and large D-ring connector.
21576  $31.39

Pro Thigh Cinch Strap
D. 4½” wide nylon with neoprene padding and large D-ring connector.
21578  $34.39

Turfcordz™ Safety Cord Tubing
H. Featuring a proprietary safety cord design with a strong nylon cord spanning the length of the heavy latex tube.
21586  8’ - Light  Red  $50.99
21588  8’ - Medium Blue  $53.99
21590  8’ - Heavy Black  $56.99

Shown: Pro Bungie Handle, Turfcordz™ Bungie Cordz™, & Predator Belt
Super Bungie

Offers superior durability and eliminates jarring movements during drills. Waist belt permits training in all directions and strong handle allows coach or trainer to control resistance.
Includes carry bag. Braided bungie, nylon belt (fits 16"-40" waist), PVC handle. 8'L x ½" diam. 21560 $129.39

Reaction Belt

TWO LENGTHS! Improves reaction time and quickness and promotes competition with partner training. Two athletes are connected with a Velcro attachment. Objective is for one athlete to attempt to outmaneuver the other and force the nylon tails to separate. Excellent for pursuit drills. The Reaction Belt Short forces an even quicker reaction than the Reaction Belt Long and is also ideal for indoor use. Both belts accommodate any waist size. Black. Short: 2 belts with 24" nylon tail. Long: 2 belts with 60" nylon tail.
30402 Reaction Belt Short $13.69
30400 Reaction Belt Long $15.69

SKLZ Hopz

The Hopz vertical leap resistance trainer will help you develop explosive leg drive and power and strengthen key muscles in your lower body, to ultimately maximize your vertical leap ability. Carabiner clips on the resistance bands allow for quick set-up and changes in resistance load. Each unit includes two ankle straps with shoe harness, one pair each of 5½" and 7½" long resistance bands, adjustable waist belt (one size fits most) and instructional guide. Recommended for users 5'4" to 6'2".
82501 $61.99

SKLZ Speed Hurdle Pro

Elevate speed and agility training with durable and flexible, multi-height, quick-adjusting Speed Hurdle Pro. Add heights in 3 inch increments on these bounce back hurdles as you improve, pushing your performance to the next level. Less tripping means more pushing with The Speed Hurdle Pro! Comes with 6 hurdles.
30074 $66.99

SKLZ® SpeedSac™

Build explosive leg drive out of the blocks with the SKLZ SpeedSac. This variable weight sled allows you to strengthen your lower body muscle groups by providing options for increased resistance training similar to metal sleds. You can also use the handles on the bags to execute lunge walks for additional hamstring and quadricep strengthening. Includes waist belt with adjustable lead, 3 (10 lbs. capacity) weight bags (shipped empty), SpeedSac with single buckle enclosure.
82500 $79.99

CHECK OUT OUR FULL RANGE OF PRODUCTS FROM SKLZ >> POWERSYSTEMS.COM/SKLZ
Agility Rings
Attach the PVC clips to maintain ring position during drills. Lightweight design for convenient transport. Use indoors or outdoors. Set includes 12 rings and clips, and a carry bag.

- PVC. Blue. Set of 12: 1¾” thick x 19” diam.
- CR 30750  Set of 12  $51.99

Indoor Agility Rings
Thin, flat design makes these rings ideal for use on indoor surfaces. Flexible construction prevents breakage. Use indoors. High-impact PVC. Orange. Set of 12: 1½” thick x 19” diam.
- CR 30745  Set of 12  $37.39

Agility Dots
These nonslip dots make excellent targets for training sport-specific movements that require technical footwork patterns. Combine multiple sets to create challenging patterns that develop foot speed, coordination, balance, and mental focus.
Includes 12 dots and carry bag. Soft PVC. Multi-colored (colors may vary).
- CR 30760  Set of 12  $41.39

Dot Drill Mat
Improve foot speed, reaction time, and balance. Perform multiple footwork patterns. Start with both feet and progress to single foot drills. Position multiple mats in a row to increase the challenge. All rubber construction; nonslip surface. Screened dots resist wear.
- 48½” L x 36” W x ½” thick.
- CR 30700  $53.99

Power Stepper
FOUR CHALLENGING LEVELS! Develop strong first-step quickness and target the hard-to-isolate inner and outer thigh muscles. Start with intermediate resistance to teach and perfect skill, then graduate to advanced and elite resistance. Padded ankle cuffs are designed to accommodate more users. Each unit includes one 10” long latex tube and 2 padded ankle cuffs with Velcro straps.

- 30298  Basic  Red  $24.99
- 30301  Intermediate  Light Blue  $26.99
- 30306  Advanced  Purple  $28.99
- 30308  Elite  Gray  $31.39

Reflex Ball
Two Sizes! Reflex Ball has a compact design producing faster, more erratic bounces. The Jumbo Reflex Ball has a softer bounce and larger size making it easier to catch.
Dense rubber. Reflex Ball: 3” diam. Jumbo Reflex Ball: 4” diam.

- CR 30550  Reflex Ball  3” diam.  Green  $10.69
- CR 30560  Jumbo Reflex Ball  4” diam.  Orange  $11.69

Short Cone Set
Basic markers at an affordable price. Cones resist damage from direct foot strikes. Use indoors or outdoors. Set includes 40 cones (10 of each color) and stacking pin.
Pliable PVC. Multiple colors. Set of 40: 7” diam x 4½” H each.
- CR 30090  Set of 40  $53.99

Agility Dome Set
Durable, easy to see markers. Use indoors or outdoors. Set includes 40 domes (10 of each color) and stacking carry handle.
Pliable PVC. Multiple colors. Set of 40: 7” diam x 3” H each.
- CR 30620  Set of 40  $67.39

Agility Rings
Attach the PVC clips to maintain ring position during drills. Lightweight design for convenient transport. Use indoors or outdoors. Set includes 12 rings and clips, and a carry bag.
PVC. Blue. Set of 12: 1¾” thick x 19” diam.
- CR 30750  Set of 12  $51.99

30298  Basic  Red  $24.99
30301  Intermediate  Light Blue  $26.99
30306  Advanced  Purple  $28.99
30308  Elite  Gray  $31.39

82 powersystems.com | 800.321.6975
**VersaFit® Vest**

Padded vest comes with removable sand-filled weight bags, so you can quickly customize resistance. Easily add or remove bags to customize overall weight to suit specific training needs. Use for plyometric drills, bodyweight exercises, and more.

Available in 3 different models. 10 lbs. nylon vest includes 10-1 lbs. weights; 20 lbs. vest includes 20-1 lbs. weights; 40 lbs. vest includes 20-2 lbs. weights. 10 lbs. = 28"- 48" Chest. 20 lbs. = 32" - 56" Chest. 40 lbs. = 34" - 62" Chest.

<table>
<thead>
<tr>
<th>Model</th>
<th>Weight</th>
<th>Price</th>
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<tbody>
<tr>
<td>13227</td>
<td>10 lbs.</td>
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<tr>
<td>13228</td>
<td>20 lbs.</td>
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</tr>
<tr>
<td>13229</td>
<td>40 lbs.</td>
<td>$134.39</td>
</tr>
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</table>

**Hyper Vest Pro**

The Hyper Vest Pro features a revolutionary control system and fabric. The innovative design of the Hyper Vest Pro holds high-density steel weights firmly and comfortably close to the core, even during vigorous, multi-plane movements. The compression fabric hugs the chest in the horizontal plane, allowing full chest expansion and contraction for breathing while the weights stay in place. Slim profile of vest allows the user complete range of motion.


<table>
<thead>
<tr>
<th>Model</th>
<th>Size</th>
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<tr>
<td>13290</td>
<td>Small</td>
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<tr>
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<td>Medium</td>
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</tr>
<tr>
<td>13294</td>
<td>Large</td>
<td>$202.99</td>
</tr>
<tr>
<td>13296</td>
<td>Extra Large</td>
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</tr>
<tr>
<td>13298</td>
<td>Additional 5 lbs.</td>
<td>$40.69</td>
</tr>
</tbody>
</table>

**Power Toss Football**

Improve arm and grip strength with our weighted footballs. Weighing slightly more than a standard football, these balls provide resistance in offensive training: quarterback exchanges, hand-offs to backs, short passes to receivers, and deep snaps. Moulded rubber. Color coded by weight.

<table>
<thead>
<tr>
<th>Model</th>
<th>Weight</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>25356</td>
<td>3 lbs.</td>
<td>$43.69</td>
</tr>
</tbody>
</table>

**Soft Agility Cone**

Extremely durable cone returns to original shape when stepped on. Sturdier base provides more stable cone! Soft PVC. Orange with black base.

<table>
<thead>
<tr>
<th>Model</th>
<th>Height</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>30956</td>
<td>6&quot;</td>
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<tr>
<td>30959</td>
<td>9&quot;</td>
<td>$8.69</td>
</tr>
<tr>
<td>30962</td>
<td>12&quot;</td>
<td>$10.69</td>
</tr>
</tbody>
</table>

**Softball Size**

<table>
<thead>
<tr>
<th>Model</th>
<th>Weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>26107</td>
<td>7 oz.  Red</td>
<td>$14.69</td>
</tr>
<tr>
<td>26114</td>
<td>14 oz. Yellow</td>
<td>$15.69</td>
</tr>
<tr>
<td>26021</td>
<td>21 oz. Blue</td>
<td>$16.69</td>
</tr>
<tr>
<td>26025</td>
<td>Complete Set &amp; Bag</td>
<td>$43.69</td>
</tr>
</tbody>
</table>

**Power Throw-Ball**

Strengthen and rehabilitate the shoulder and upper body. Durable and small, these weighted balls help develop dynamic strength through the throwing motion.

Available in baseball and softball sizes. Vinyl shell with filler. Color coded by weight; colors may vary.

<table>
<thead>
<tr>
<th>Model</th>
<th>Weight</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>26007</td>
<td>7 oz.  Red</td>
<td>$14.69</td>
</tr>
<tr>
<td>26014</td>
<td>14 oz. Yellow</td>
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</tr>
<tr>
<td>26021</td>
<td>21 oz. Blue</td>
<td>$16.69</td>
</tr>
<tr>
<td>26025</td>
<td>Complete Set &amp; Bag</td>
<td>$43.69</td>
</tr>
<tr>
<td>26107</td>
<td>7 oz.  Red</td>
<td>$14.69</td>
</tr>
<tr>
<td>26114</td>
<td>14 oz. Yellow</td>
<td>$15.69</td>
</tr>
<tr>
<td>26021</td>
<td>21 oz. Blue</td>
<td>$16.69</td>
</tr>
<tr>
<td>26025</td>
<td>Complete Set &amp; Bag</td>
<td>$43.69</td>
</tr>
</tbody>
</table>
Pro-Vinyl Jump Rope

Vinyl rope and molded PVC handles with precision radial ball bearings. Black handle. Rope color coded by length. 1lbs. Vinyl rope.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>8'</td>
<td>Red</td>
<td>$11.99</td>
</tr>
<tr>
<td>9'</td>
<td>Blue</td>
<td>$12.99</td>
</tr>
<tr>
<td>10'</td>
<td>Black</td>
<td>$28.39</td>
</tr>
</tbody>
</table>

Revolver™ Rope

The Revolver Rope comes with either aluminum or plastic handles and an adjustable rope. The ball-bearings and unique hinge system make this the fastest spinning jump rope on the market. The tapered handles allow for easy grip. 10’ L.

<table>
<thead>
<tr>
<th>Style</th>
<th>Material</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>11220</td>
<td>Aluminum</td>
<td>$44.99</td>
<td></td>
</tr>
<tr>
<td>11221</td>
<td>Plastic</td>
<td>$21.99</td>
<td></td>
</tr>
</tbody>
</table>

Superope™

Designed for high-velocity rotations. Rope made of stainless steel cable encased in flexible PVC. Ball-bearing handles made of molded PVC. Black.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>8'</td>
<td>Red</td>
<td>$23.99</td>
</tr>
<tr>
<td>9'</td>
<td>Blue</td>
<td>$23.99</td>
</tr>
<tr>
<td>10'</td>
<td>Black</td>
<td>$28.39</td>
</tr>
</tbody>
</table>

Speed Rope

Durable vinyl rope with molded PVC handles. Handles color coded by length. Black rope.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>6’</td>
<td>Yellow</td>
<td>$5.39</td>
</tr>
<tr>
<td>7’</td>
<td>Green</td>
<td>$5.39</td>
</tr>
<tr>
<td>8’</td>
<td>Red</td>
<td>$5.39</td>
</tr>
<tr>
<td>9’</td>
<td>Blue</td>
<td>$6.39</td>
</tr>
<tr>
<td>10’</td>
<td>Black</td>
<td>$6.39</td>
</tr>
<tr>
<td>11’</td>
<td>Orange</td>
<td>$6.39</td>
</tr>
</tbody>
</table>

Beaded Jump Rope

Durable nylon rope with PVC beads and molded PVC handles. Gray handles. Rope color coded by length.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>6’</td>
<td>Green/White</td>
<td>$6.39</td>
</tr>
<tr>
<td>7’</td>
<td>Blue/White</td>
<td>$6.39</td>
</tr>
<tr>
<td>8’</td>
<td>Red/White</td>
<td>$6.39</td>
</tr>
<tr>
<td>9’</td>
<td>Black/White</td>
<td>$7.39</td>
</tr>
<tr>
<td>10’</td>
<td>Black/Red</td>
<td>$7.39</td>
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</table>

Speed Bead Rope


<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>8’</td>
<td>Red/White</td>
<td>$13.99</td>
</tr>
<tr>
<td>9’</td>
<td>Black/White</td>
<td>$14.69</td>
</tr>
<tr>
<td>10’</td>
<td>Black/Red</td>
<td>$14.99</td>
</tr>
</tbody>
</table>
**Lifeline® Weighted Speed Rope**

A powerful and effective cardio workout! The weight is all in the rope, not in the handles, making your workout comfortable and smooth. High-tech ball bearing handles keep the rope rotating smoothly.

Adjust the rope to any length quickly and easily with the two sliding rope adjustors.

Includes booklet and workout log.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10'</td>
<td>Red</td>
<td>0.75 lbs</td>
<td>$19.99</td>
</tr>
<tr>
<td>10'</td>
<td>Black</td>
<td>1.25 lbs</td>
<td>$26.39</td>
</tr>
</tbody>
</table>

**LifeFitness® Jump Rope**

The LifeFitness Premium Vinyl Jump Rope is designed with heavy duty handles and radial ball bearings for smooth gliding movement.

Available in 4 different lengths to fit a variety of exercisers.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>8'</td>
<td>Red</td>
<td>$17.39</td>
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<tr>
<td>9'</td>
<td>Gray</td>
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<tr>
<td>10'</td>
<td>Blue</td>
<td>$17.39</td>
</tr>
<tr>
<td>11'</td>
<td>Black</td>
<td>$17.39</td>
</tr>
</tbody>
</table>

**PowerRope®**

Weighted jump rope. Weight is evenly distributed throughout solid rubber rope to provide both a cardio and a strength workout in one.

Padded PVC handles with ball-and-socket swivel. Rope color coded by weight. Colors may vary.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>8'</td>
<td>Gray</td>
<td>½ lbs.</td>
<td>$27.99</td>
</tr>
<tr>
<td>9'</td>
<td>Gray</td>
<td>½ lbs.</td>
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</tr>
<tr>
<td>8'</td>
<td>Red</td>
<td>1 lbs.</td>
<td>$31.39</td>
</tr>
<tr>
<td>9'</td>
<td>Red</td>
<td>1 lbs.</td>
<td>$31.39</td>
</tr>
<tr>
<td>8'</td>
<td>Blue</td>
<td>2 lbs.</td>
<td>$34.39</td>
</tr>
<tr>
<td>9'</td>
<td>Blue</td>
<td>2 lbs.</td>
<td>$34.39</td>
</tr>
<tr>
<td>9'</td>
<td>Green</td>
<td>3 lbs.</td>
<td>$51.99</td>
</tr>
<tr>
<td>10'</td>
<td>Green</td>
<td>3 lbs.</td>
<td>$51.99</td>
</tr>
<tr>
<td>9'</td>
<td>Orange</td>
<td>4 lbs.</td>
<td>$56.99</td>
</tr>
<tr>
<td>10'</td>
<td>Orange</td>
<td>4 lbs.</td>
<td>$56.99</td>
</tr>
</tbody>
</table>

**Leather Jump Rope**

Ball bearings in handles allow for easy rotation. Leather rope. Padded, wood handles.

<table>
<thead>
<tr>
<th>Length</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>7'</td>
<td>$17.69</td>
<td></td>
</tr>
<tr>
<td>8'</td>
<td>$17.69</td>
<td></td>
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<tr>
<td>9'</td>
<td>$16.69</td>
<td></td>
</tr>
<tr>
<td>10'</td>
<td>$17.69</td>
<td></td>
</tr>
</tbody>
</table>

**Elfta Standing Rack**

Organize and access your resistance bands, strength bands, and jump ropes with ease! This circular rack rotates allowing the user to choose their equipment quickly without walking around it. Features secure locking casters for ease of relocation for storage or cleaning. 14 prongs hold up to 100 tubes or 400 standard jump ropes. Stable circular base with 4 casters for mobility. 28” W x 74” H. Prongs: 6”. Equipment sold separately. Gray.

<table>
<thead>
<tr>
<th>Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>92592</td>
<td>$249.99</td>
</tr>
</tbody>
</table>

**Premium Standing Rack**

Keep your tubes and jump ropes organized and easily accessible. 14 posts holds up to 100 tubes or 400 standard jump ropes. Includes casters for easy mobility. Black. 23” L x 23” W x 73” H. Posts: 8”. Equipment sold separately. Locking casters.

<table>
<thead>
<tr>
<th>Code</th>
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</tr>
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<tbody>
<tr>
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</table>

- California residents please see page 130
- Additional shipping costs may apply
**VertiMax®**

Increase the explosive power of all major muscle groups in the legs to improve the vertical jump and acceleration/deceleration capabilities. Resistance easily adjusts to hundreds of levels. Train up to 3 athletes simultaneously. Side-facing wheels for portability. (Additional waist belts sold separately).

Please call Customer Service for additional colors and logo customization options.

VertiMax Standard - 4’ x 5’ platform $1,049.83
VertiMax Elite - 4’ x 6’ platform $1,230.99

**Power Sled**

Multiple training options! Push it or pull it, this sled is the perfect training tool for developing explosive leg drive and improving leg strength. Build powerful hips and legs using the handles or target stride length using the belt or harness. For forward, backward, and lateral training, the waist belt provides versatility. Dual leads stabilize sled during runs. Round tubing allows for smoother slide with less damage to the field. Holds up to 180 lbs. Weight post holds up to four 45 lbs. plates (sold separately). Handle is available separately includes 2 leads and a choice of either a shoulder harness or a waist belt. Assembly required. Strong welded steel. 37” L x 18” W x 9” H. Red. CR $192.39

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>10413</td>
<td>Power Sled Only</td>
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<tr>
<td>10420</td>
<td>w/ Std. Waist Belt &amp; Leads</td>
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</tr>
<tr>
<td>10440</td>
<td>w/ Shoulder Harness &amp; Leads</td>
<td>$192.39</td>
</tr>
</tbody>
</table>

**Pro Power Jumper**

Develop explosive power! Improve jump height and reaction time for better overall performance. Train with maximal jumps for power, repeated jumps for reaction and endurance, and lateral jumps for improved agility. Large 30” x 50” nonslip jumping platform is counterweighted on each side with a 45 lbs. weight plate (sold separately). Choose from the following harness options: standard waist belt, XXL waist belt, or shoulder harness.

Unit includes resistance tubing, harness or belt, and jumping platform. Use indoors. Red/Black. CR $160.39

<table>
<thead>
<tr>
<th>Item</th>
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<td>20116</td>
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<td>20104</td>
<td>w/ XXL Belt &amp; Regular Tubing</td>
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<tr>
<td>20124</td>
<td>Long Tubing Only (athletes 5’11” &amp; over)</td>
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</tr>
</tbody>
</table>

**Handle for Power Sled**

Converts Power Sled into Drive Sled! Insert the handle into the sled and go – no bolts needed! Handle fits snugly into sled, positioning the hands 35” to 37” from the ground and putting the athlete in the ideal drive position to push or pull. Steel construction. Power Sled and weight plates sold separately. 16 lbs. Red. 62” L x 31” W x 35” H. lbs. CR $160.39

<table>
<thead>
<tr>
<th>Item</th>
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</tr>
</thead>
<tbody>
<tr>
<td>10402</td>
<td></td>
<td>$160.39</td>
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</table>

**Monster Sled**

Ideal for training runs or coach-assisted runs, the Monster Sled features a 37” wide handle to accommodate wide and narrow grips as well as alternate grip positions. Padded shoulder harness for comfort with strong nylon lead. Two 12” weight posts hold up to 540 lbs. (45 lbs. weight plates sold separately). Assembly required. Instructions included. Strong welded steel. 50” L x 32” W x 2” H. Red. CR $405.39

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10424</td>
<td>w/ Shoulder Harness and Lead</td>
<td>$405.39</td>
</tr>
</tbody>
</table>

**Sled not included**

*Shown: Power Sled*
Shown: Predator Sled

**Predator Sled**

As its name suggests, the Predator helps fighters dominate by developing the power, speed, and stamina they need to crush their opponent. A trainer and elite fighter’s dream tool, the Predator Sled is a push-pull sled, training station, and plyometric box all in one impressive tool. As a sled, the Predator provides graduated pushing or pulling resistance; as a plyometric box, the Predator supplies an excellent array of interval training options; and as a training station, it features anchor points for attaching resistance training tools. Can hold up to 540 lbs. 39” L x 28” W x 18” H, 60 lbs.  Landing Platform: 36” L x 30” W.  

| 11031 | $470.99 |

**The Tank**

Feeling the resistance increase with speed causes a surprise “wow” reaction and a unique exercise experience that users will love. Select from three levels of resistance and perform bursts of acceleration and speed, varying the intensity in different runs or within the same run. TANK’s inflated soft wheels are gentle on carpeting, hardwood, and natural turf grass. Bi-directional – resistance is supplied in both directions, eliminating the need to turn the TANK around.  This narrows the path required for your “TANK ZONE”. 

49” L x 36” W x 18” H. 185 lbs. Black. 

| 10441 | $1,725.69 |

- California residents please see page 130  - Additional shipping costs may apply
2-in-1 Flip and Plyo

The 2-in-1 Flip and Plyo combines the benefits of a traditional plyo box while functioning as a tire that can be used for flipping, lifting and other functional training movements. Available in 100, 150, 200 and 250 pounds. Each plyo is approximately 46” in diameter, each weight has varying heights. The 2-in-1 Flip and Plyo is unlike a traditional tire as it is a flat, smooth platform suitable for users at any fitness level. It also has reinforced grips around the outer edge, allowing for various partner training exercises and ease of carrying.

20751 100 lbs. $ 912.69
20752 150 lbs. $1,064.99
20753 200 lbs. $1,216.99
20754 250 lbs. $1,369.39

Functional Hex Plyo

Unique, polygonal shape is great for allowing multiple users at the same time in circuits or group training exercises. Four available sizes can be stacked and attached in many configurations. Sizes are clearly marked for ease of use. Sturdy, durable foam construction minimizes injury risk, while the non-slip vinyl casing keeps the box in place. Smaller footprint helps in areas with limited floor space or storage.

20758 6” $ 283.39
20759 12” $ 374.69
20760 18” $ 505.69
20761 24” $ 587.69
Foam Plyo Box
Customize the height of your plyo box with the Power Systems Foam Plyo Box. Each platform is covered with durable vinyl and can be stacked and secured with strong Velcro flaps on all four sides. Available in 5 height options. Sold Separately. Black. Foam core. Vinyl cover.

- 20670 3" $129.39
- 20672 6" $155.39
- 20674 12" $232.99
- 20676 18" $294.99
- 20678 24" $372.39
- 20680 Set of 5 $1,171.39

Foam Vault Box
Power Systems Foam Vault Box is 36" high for training your athletes to jump or vault over obstacles. The solid, sturdy foam is covered with black vinyl to eliminate any sharp edges and minimize injury risk. The unique pie shaped box is larger at the bottom for a sturdy base to withstand being hit. The Vault Box can also be turned on its' side for other training exercises.

- 20763 36" x 40" x 24" $607.99

- California residents please see page 126
- Additional shipping costs may apply
Safe Edge Box

The dual construction of the Safe Edge Plyo Box provides a sturdy wooden frame with a compressed foam top to decrease the chance of injury. Each box can be used on three sides just as the 3 in 1 Plyo Box. Keep the foam edge facing the user to maintain the "safe edge" as you rotate to the jump or step height of your choice. The Safe Edge Plyo Box is available in 3 size options to meet all of your training needs. Wood frame construction. Compressed foam top.

<table>
<thead>
<tr>
<th>Size</th>
<th>Dimensions</th>
<th>Price</th>
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<tbody>
<tr>
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<tr>
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<tr>
<td>Large</td>
<td>20&quot; x 24&quot; x 30&quot;</td>
<td>$186.39</td>
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</table>

Add Your Logo - call today for customizable options!

<table>
<thead>
<tr>
<th>Size</th>
<th>Dimensions</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Medium &quot;Custom&quot;</td>
<td>16&quot; x 20&quot; x 24&quot;</td>
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<tr>
<td>Large &quot;Custom&quot;</td>
<td>20&quot; x 24&quot; x 30&quot;</td>
<td>$186.39</td>
</tr>
</tbody>
</table>

3-in-1 Plyo Box

The Power Systems 3-in-1 Plyo Box is the perfect solution to training all fitness levels. It provides 3 surface heights for plyometric training all in one box. Each side of the solid wood construction is clearly marked with an arrow and height measurement- 20", 24", and 30". No matter which side is up, the corners, edges, and handles are finished to prevent splintering. Wood frame construction. Assembly Required.

<table>
<thead>
<tr>
<th>Size</th>
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<tbody>
<tr>
<td>Small</td>
<td>12&quot; x 16&quot; x 20&quot;</td>
<td>$144.99</td>
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<tr>
<td>Medium</td>
<td>16&quot; x 20&quot; x 24&quot;</td>
<td>$155.39</td>
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<tr>
<td>Large</td>
<td>20&quot; x 24&quot; x 30&quot;</td>
<td>$186.39</td>
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</table>

3-in-1 Foam Plyo Box

Foam version of our popular wooden 3-in-1 plyo box. Solid, sturdy foam block is covered with a durable vinyl cover to minimize injury risk.

<table>
<thead>
<tr>
<th>Size</th>
<th>Dimensions</th>
<th>Price</th>
</tr>
</thead>
<tbody>
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<tr>
<td>Medium</td>
<td>20&quot; x 24&quot; x 30&quot;</td>
<td>$465.99</td>
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</tbody>
</table>

20650 20" x 24" x 30" $165.69

Shown: 3-in-1 Foam Plyo Box
**Premium Power-Plyo Box**

With a stable square frame and a large landing area, this heavyweight plyo box is a solid choice for plyometric training. The platform is covered with an extra-thick mat and the perimeter is rounded for added safety.


Height  | Top/Base  | Price
--------|-----------|-------
20602   | 12" 22" x 22" | $155.39
20604   | 18" 25" x 25" | $186.39
20606   | 24" 28" x 28" | $206.99
20608   | 30" 32" x 32" | $237.99
20610   | Complete Set  | $671.99

**Power-Plyo Box**

These plyo boxes provide maximum stability and durability with their steel construction and fully welded frames. Available in multiple heights for developing reaction time and overall explosiveness. Non-slip platform maximizes safety.

Advanced set contains 1 ea. 12" to 42". Starter set contains 1 ea. 12", 18", 24", 30". Square tubular steel construction. Tops are reinforced 1/2" plywood with non-slip surface. Stackable for easy storage. Use indoors or outdoors. 5-year limited warranty.

Red/black.

Height  | Top/Base  | Price
--------|-----------|-------
20508   | 6" 11" x 11" | $115.39
20514   | 12" 13" x 13" | $125.39
20520   | 18" 14" x 14" | $140.99
20526   | 24" 15" x 15" | $158.39
20532   | 30" 16" x 16" | $174.99
20538   | 36" 20" x 20" | $196.69
20544   | 42" 22" x 22" | $220.39
20552   | Starter Set  | $466.39
20562   | Advanced Set | $822.99

**Adjustable Lateral Plyo Box**

Highly durable platform trains explosive lateral movements for strong and quick direction changes. Quickly adjust sides of platform to 25°, 35°, or 45° to target all muscles of the ankle, leg, and hip. Reinforced non-slip platforms provide a stable and secure contact area. Each side holds a 45 lbs. weight plate (sold separately).

Assembly required. Square steel construction. Red/Black. 84” L x 18” W.

10953   | $405.39

- California residents please see page 130  
- Additional shipping costs may apply
**PowerForce® FreeStanding Bag**

Designed for kicking and punching without the need for hanging. Features a removable collar to increase/decrease pivoting of the bag. The oversized striking surface allows for any size user. Striking surface: 77" H x 16 1/2" diam. Bag and collar covered in smooth durable fabric backed with nylon canvas and open cell padding. Fill the 33 1/2" diam., 2-piece base with up to 280 lbs. of water or sand for stability. Ships in 2 boxes. Dry weight 57 lbs. Assembly required.

<table>
<thead>
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<tbody>
<tr>
<td>88214</td>
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**PowerForce® Hanging Bag**

A. This 50 lbs. hanging bag lets you work on striking techniques without the risk of knocking the bag over. Perform low and high punches and kicks into this suspended bag. The compact size is ideal for areas where space is limited. Includes chains for hanging. PVC cover. Black. 42" L x 12" diam.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
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<tr>
<td>88334</td>
<td>Bag w/stand</td>
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**PowerForce® Heavy Bag**

The 100 lbs. PowerForce Heavy bag provides the opportunity for an efficient cardio workout. It features a durable design to withstand the strongest punches and kicks even in the largest fitness clubs. Instead of the usual cotton, sand, paper, and miscellaneous filling found in most heavy bags, the PowerForce Heavy Bag features a specifically designed foam infill which allows the bag to maintain its shape and prevents shifting, clumping or sagging. High grade, premium PU cover. Filled with high rebound EVA. Includes heavy duty chain. 51"H x 15 3/4" diam. 100 lbs. Black.

<table>
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<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>88217</td>
<td>Bag Only</td>
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<tr>
<td>88333</td>
<td>Bag w/stand</td>
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</table>

**PowerForce® Heavy Bag Stand**

B. The ultimate heavy bag stand. Holds bags of various lengths and weights and supports bags up to 100 lbs. Solid-steel construction large footprint for a stable and sturdy base. Includes wheels to allow for portability. Assembly required. Bag not included. Gray. 92.4 lbs. 41 1/2" W x 54" L x 94" H.

<table>
<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>88332</td>
<td>$319.69</td>
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</table>
PowerForce® Pro Kick & Punch Shield

Padded shock absorbing foam in strike areas for added protection. 3" cuff with 3" velcro closure for secure fit. Polyurethane cover. Open thumb. One size fits most. Red/Black. 12 oz. 88208 $128.39

PowerForce® Pro-Curve Bag Gloves

Preshaped nubuck synthetic construction. Molded, shock-absorbing padding with cushioned palm grip to protect the hand while punching. Elastic wrist strap. Open thumb. One size fits most. Polyurethane cover. Red/Black. 2 lbs. 88206 $37.39/pair

PowerForce® Punch Mitts

Each handheld mitt features a large striking surface. Soft synthetic construction with 1 1/2" thick shock-absorbing foam. Full hand pocket contoured for secure fit with padded cloth-lined wrist. One size fits most. Polyurethane cover. Red/Black. 1 lbs. Mitt area: 9 1/2" L x 8" W. 88204 $43.69/pair

PowerForce® Boxing Gloves

Preshaped 12 oz. pro glove with washable smooth synthetic cover, water/odor resistant lining, and triple layered foam in strike areas for added protection. 3" cuff with 3" velcro closure for secure fit. Polyurethane cover. Closed thumb. One size fits most. Red/Black. 12 oz. each. 88202 $56.99/pair

Hand Wraps

Protect knuckles and stabilize the wrists during punches. Thumb-starter loop design with velcro closure. 100% cotton. Black. 108" L x 2" W. 92185 $7.39/pair

PowerForce® Double Focus Target

You'll know you've hit your mark with the distinct, audible sound created when the target is struck. The smaller target area requires more accuracy for kick placement than using a shield. The 2-piece handheld striking target has a contoured handle for comfort and a durable elastic wrist strap for secure grip. Black. 1 lbs. 15" L x 8" W. 88212 $38.39

Hand Wraps

Protect knuckles and stabilize the wrists during punches. Thumb-starter loop design with velcro closure. 100% cotton. Black. 108" L x 2" W. 92185 $7.39/pair

PowerForce® Double Focus Target

You'll know you've hit your mark with the distinct, audible sound created when the target is struck. The smaller target area requires more accuracy for kick placement than using a shield. The 2-piece handheld striking target has a contoured handle for comfort and a durable elastic wrist strap for secure grip. Black. 1 lbs. 15" L x 8" W. 88212 $38.39

- California residents please see page 130  - Additional shipping costs may apply
**Reebok Combat Strike Pad**

A key piece of fitness equipment for martial arts and combat training. The Reebok Combat Strike Pad is constructed with high density foam for ultimate impact protection. It features durable handles to ensure precise control through every hit and the shield’s ergonomic curve design makes it ideal for developing leg techniques and uppercuts. 28” x 15” x 5”

- 10763 $104.69

**Reebok Leather Training Gloves**

The Reebok Combat Training Glove is the ideal option for all types of boxing training including bag work and sparring. Conforming to the natural shape of the user’s fist with plush padding which protects the hand. Reebok Combat gloves feature a layer of dense foam to provide a higher degree of shock absorbency plus a Velcro strap for added wrist support and lace-up fastening.

- 10759 10oz. $81.39
- 10761 14oz. $81.39
- 10760 12oz. $81.39
- 10762 16oz. $81.39

**Reebok Combat Focus Pads**

The full leather Reebok Combat Focus Pads are an essential piece of training equipment for any boxer or martial arts athlete. Easy to put on and take off, the mitts help to improve strike speed and accuracy and are made from high density impact resistance foam.

- 10768 $50.99

**Reebok Combat Body Shield**

Featuring a moulded anatomical design to fit comfortably to the body, the Reebok Combat Body Shield offers superior protection for boxing trainers while allowing them to move freely. The protector includes a hard wearing exterior with shock absorbing multi-layer padding on the interior, making it an essential piece of combat equipment for coaches training the heaviest hitting boxers.

- 10770 $172.69

**Reebok Combat Grappling Bag**

For the combat athlete, a grappling bag is the next best thing to a real opponent, enabling you to mimic fighting moves and wrestling manoeuvres including holds, slams, through and ground techniques.

- 10772 $253.99

Shown: Reebok Leather Training Gloves & Combat Strike Pad
Focus on perfecting your upper cut power using the Reebok Combat Uppercut Bag. Featuring four heavy duty hanging straps, the boxing bag can be relied upon to withstand the hardest strikes.

The six foot Reebok Combat Thai Bag provides complete resiliency for high intensity combat workouts. Sturdy design allows for practice of a variety of boxing combinations as it keeps steady in place. Leather construction ensures it can stand up to consistent use.

The Reebok heavy punch bag is perfect for all types of training sessions, designed with heavy duty leather and soft inner filling to absorb shock on impact. It features secure hanging straps for suspending to a boxing stand.

The professional Reebok Combat Bag is ideal for 360 degree combat sports training. It has a high quality heavy duty leather with a soft inner filling to absorb impact through every strike.

10764 $202.99

10765 $355.39

10766 $405.99

10767 $284.39
### Bumper Plate

Designed for optimum performance with an inner stainless steel ring surround by all rubber to increase durability, assist with sound dampening, limit rebound, and provide top-tier shock absorption.

<table>
<thead>
<tr>
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<tbody>
<tr>
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<td>55893</td>
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</table>

### Olympic Bumper Plate

Features an inner stainless ring surrounded by an all-rubber for increased durability. The sound dampening rubber construction creates top-tier shock absorption and limits rebound.

<table>
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<td>55896</td>
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<td>55897</td>
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### Diamond Pro Bumper Plate

The plates for your next PR! These recycled rubber, Made in America bumper plates have superior durability. These plates are ready for the challenge. Fits 2" bar sleeves. All plates are 17.7" in diameter.

<table>
<thead>
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<td>60975</td>
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### VTX® Premium Bumper Plate

Give your athletes an easy way to visually identify weight with color-coded bumper plates. Useful in a weight room or training center where multiple athletes are repeatedly sharing and changing the bumpers on the same Olympic bar.

- 1-year limited warranty. Solid rubber with solid steel inserts. Fits 2" bar sleeves. All plates are 17.7" in diameter.

<table>
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<td>60854</td>
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<td>Red</td>
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of a power rack or cage without the larger footprint. Rack is 7’6” high, allowing for pull-ups and other exercises. Hardware is included. Standard color is flat black.

20765  92” x 48” x 35.5”  $659.99

Olympic Grip Plate
This cast iron plate features 3 grip areas and raised white letters for easy identification. Attractive hammertone finish. Fits 2” bar sleeves.

61088  2½ lbs.  $ 7.39/ea.
61090  5 lbs.  $13.69/ea.
61092  10 lbs.  $21.99/ea.
61094  25 lbs.  $51.99/ea.
61096  35 lbs.  $71.69/ea.
61098  45 lbs.  $92.39/ea.

Pro Olympic Plate

61102  2½ lbs.  $ 5.39/ea.
61105  5 lbs.  $ 8.69/ea.
61125  25 lbs.  $33.39/ea.
61135  35 lbs.  $45.69/ea.
61145  45 lbs.  $60.39 ea.

Urethane Plate
Designed for maximum flexibility and durability Power Systems urethane plates feature a unique beveled edge design to prevent weights from rolling with designated gripping locations for easy pick up off of gym floors and exercise flexibility. Black.

55883  2.5 lbs.  $ 9.69/ea.
55884  5 lbs.  $16.69/ea.
55885  10 lbs.  $32.39/ea.
55886  25 lbs.  $78.69/ea.
55887  35 lbs.  $109.69/ea.
55888  45 lbs.  $140.99/ea.

Olympic Plate Rack
Store Olympic sized plates and collars on the rack’s 7 posts. Plates and collars sold separately. Outer posts are 8” long and center posts are 5 ¼” long. Wide base provides stability to rack. Assembly required. Black. 28” L x 15” W x 36½” H.

40440  $120.39

- California residents please see page 130  - Additional shipping costs may apply

Squats Rack
Full floor rack includes posts, crossbars, base, and J-Cups to provide the benefits of a power rack or cage without the larger footprint. Rack is 7’6” high, allowing for pull-ups and other exercises. Hardware is included. Standard color is flat black.

20765  92” x 48” x 35.5”  $659.99
**Premium Olympic Bar**
C. Quality thrust bearings in the sleeves allow for an extremely fast rotation that is required for Olympic lifting. Diamond knurling for a secure grip. Designed for Olympic lifting only; 500 lbs. capacity. Nickel. 45 lbs. Length: 86". Sleeve: 15 ¼" L x 2" diam.

<table>
<thead>
<tr>
<th>Product Code</th>
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<tbody>
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**Pro Power Bar**

**Pro Power Bar - 700**
A. 30 mm diam. 700 lbs. capacity. Length: 86". Sleeve: 15 ¼" L x 2" diam. 45 lbs.

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<tr>
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<td>Kit</td>
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**Pro Power Bar - 1500**
B. 32 mm diam. 1,500 lbs. capacity. Length: 86". Sleeve: 15 ¼" L x 2" diam. 45 lbs.

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**Aluminum Training Bar**
D. This training bar is great to teach beginners the fundamentals of lifting exercises. Inside grip measures 49 ¼" and fits all wide-style Olympic benches. 200 lbs. W
Sleeve: 8 ¼" L x 1.1" Diam.

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**Texas Power Bar**
E. Perfect for any high school or college weight room. The 7' shaft is coated with black zinc. The 4" center aggressive knurling makes for a safe and easy grip. This virtually maintenance-free bar can be put into any application without worry. The sleeves are made of one-piece roll pin construction. The bar has minimum rotation for power lifts such as squats and deadlifts. 150k PSI. 1,500 lbs. capacity. Shaft diam. 28 mm. Black zinc finish.

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Bars Made In USA

Diamond Pro Bushing & Bearing Bars

IWF 15kg Bar
F. Snap ring construction and 1¼” bronze self lubricating oil lite bushing give this bar smooth even spin and great durability.
No center knurling and IWF and IPF knurl markings.
Black bar w/ zinc collars. 25 mm shaft. 150k psi tensile strength.
61730 $239.99

IWF 20kg Bar
G. Snap ring construction and 1¼” in bronze self lubricating oil lite bushing give this bar smooth even spin and great durability.
Black bar w/ zinc collars. 28.5 mm shaft. 150k psi tensile strength. No center knurling and IWF and IPF knurl markings.
61733 $219.39

Select 20kg Bar
H. Snap ring assembly with industrial needle bearings for the smoothest spin.
Black bar w/ zinc collars. Bar meets IWF specs. 28.5 mm shaft. 150k psi tensile strength. No center knurling and IWF and IPF knurl markings.
61739 $365.99

Select 15kg Bar
I. Snap ring assembly with industrial needle bearings for the smoothest spin.
Black bar w/ zinc collars. Bar meets IWF specs. 25 mm shaft. 150k PSI tensile strength. No center knurling and IWF and IPF knurl markings.
61742 $299.99

Power Bar
J. Great for power lifters.
Black bar w/ zinc collars. 32mm shaft. 150k psi tensile strength. 1,500 lbs. capacity. Roll-in assembly with steel bushings.
61730 $239.99

Shown: Diamond Pro IWF 15kg Bar

- California residents please see page 126
- Additional shipping costs may apply
**Olympic Bar Holder**
Holds up to 6 bars. Bar sleeves are 8 1/2” high with PVC inserts to protect bar ends from damage. Weighted base helps prevent tipping if holder is loaded unevenly. Bars sold separately. Black. 22” L x 18” W x 9” H. 35 lbs.

**CR** 40420   $106.69

**Pro Olympic Curl Bar**
61838   $103.69

**Pro Olympic Tricep Bar**
61845   $76.99

**Short Olympic Bar**
Zinc-plated alloy steel bars with ball bearings. *Thermoplastic rubber.  
61830   $150.99

**6ft Curl Bar**
D. This is the only curl bar that fits onto an Olympic bench. Length: 74”. Shaft Diameter: 30mm. 35 lbs. Light knurling. Snap ring sleeve attachment. 300 lbs. capacity.
61765   $144.99

**Hex Bar**
Classic hexagonal design helps keep weight centered through the body’s midline, reducing stress on the athlete’s lower back. Designed for deadlifts, shrugs, and power pulls. Dual handle option accommodates athletes of all sizes and adds variety to lifts. Use with Olympic plates (sold separately). Bar length: 56 1/4”. 23” W x 21” L (inside). Sleeve: 9”.

**CR** 61858   $171.99

**Cambered Squat Bar**

**CR** 50050   $310.39

**Fat Bar**
Thick grip targets hands, wrists, and forearms for greater strength development. Collars and plates sold separately. Made of 3” tubular steel with knurled grips and fixed sleeves.

**CR** 50070   $155.39

**50060   Short Fat Bar $124.39**

**Mult Grip Bar**
This weight-lifting bar has 3 different hand positions for complete muscular development of the shoulders and chest. Ergonomic placement of hands helps reduce stress on shoulders and wrists during pressing exercises. Collars and plates sold separately. Heat-treated alloy with knurled handgrips. Fixed 15 1/4” sleeves. Black.
Length: 84”.

**CR** 50080   $320.69
**Olympic Bulldog® Collars**
Patented Power-Lock design. Solid steel hardware. ABS adjusting knob.
5 year warranty. Fits any Olympic-style bar. Silver with black knob.
21 lbs. per set.
CR 50398          $61.39/pair

**Olympic Muscle Clamps**
Simple twist on-and-off collars. Fits all 2" diam. Olympic bar sleeves. Resin compound. 1 lbs./pair.
CR 50450          $51.99/pair

**Husker® Power Locks**
Collars lock quickly and release easily, reducing weight change time. Compression lock offers superior hold. Nylon bushings prevent damage to bar.
Fits any Olympic-style bar sleeves. Nylon and plastic. Black. 2 lbs./pair.
CR 50465          $62.39/pair

**Standard Spring Collars**
These spring collars fit a standard 1" diameter bar and offer comfortable push tabs for easy grip and operation. Steel construction w/ black plastic tabs.
*Will not fit Olympic bars.
50436   $9.69/pair

**Olympic Spring Collars**
Basic spring-loaded collars hold weights securely in place and fit all 2" diameter Olympic bar sleeves. Steel chrome finish. 1 lbs./pair.
50440   $13.69/pair

**Olympic Muscle Clamps**
Simple twist on-and-off collars. Fits all 2" diam. Olympic bar sleeves. Resin compound. 1 lbs./pair.
CR 50450          $51.99/pair

**Husker® Power Locks**
Collars lock quickly and release easily, reducing weight change time. Compression lock offers superior hold. Nylon bushings prevent damage to bar.
Fits any Olympic-style bar sleeves. Nylon and plastic. Black. 2 lbs./pair.
CR 50465          $62.39/pair

**Croc Lock™ Collar**
The Croc Lock Collars are extremely versatile and durable. Molded from a strong but flexible thermoplastic rubber material, they are surrounded by an easily replaceable band of durable high-denier nylon webbing with integral Velcro straps. These collars fit any bar including specialty and pipe bars and can be refurbished back to new after years of use. 2.75" x 2". 1lbs.
50405   $47.69/pair

**Lock-Jaw® Barbell Collars**
Solid nylon frame and fully-encased pressure pins make this the most durable resin collar available.
Fits all standard (1"/25mm) bars. 4 oz per set.
50478   $31.69/pair

**Lock-Jaw® Pro Barbell Collars**
The Lock-Jaw Pro Barbell Collar features a single-action cam lock to securely clamp the collar once positioned on the bar. Quickly and easily releases with one hand when changing weights. A permanent spring snap-latch keeps the collar secured on the bar through the most brutal workouts. Solid nylon resin frame and injection molded pressure pads. Fits 2" Olympic bars.
50473   Black $43.99/pair
50472   Red   $37.99/pair

**Croc Lock™ Collar**
The Croc Lock Collars are extremely versatile and durable. Molded from a strong but flexible thermoplastic rubber material, they are surrounded by an easily replaceable band of durable high-denier nylon webbing with integral Velcro straps. These collars fit any bar including specialty and pipe bars and can be refurbished back to new after years of use. 2.75" x 2". 1lbs.
50405   $47.69/pair

**Lock-Jaw® Olympic Barbell Collars**
Pads and quick-action cams prevents damage to plates or bars. Solid frame construction for superior durability. Fits any Olympic-style bar. PVC. Gray. 2" diam. 1 lbs.
50475   Black $35.99/pair
50476   Red   $35.99/pair

**Olympic Bulldog® Collars**
Patented Power-Lock design. Solid steel hardware. ABS adjusting knob. 5 year warranty. Fits any Olympic-style bar. Silver with black knob. 2.75"/2". 3lbs.
CR 50473 Black $43.99/pair
CR 50472 Red  $37.99/pair

**Olympic Spring Collars**
Basic spring-loaded collars hold weights securely in place and fit all 2" diameter Olympic bar sleeves. Steel chrome finish. 1 lbs./pair.
50440   $13.69/pair

**Olympic Spring Collars**
Basic spring-loaded collars hold weights securely in place and fit all 2" diameter Olympic bar sleeves. Steel chrome finish. 1 lbs./pair.
50440   $13.69/pair

**Lock-Jaw® Standard Barbell Collars**
Solid nylon frame and fully-encased pressure pins make this the most durable resin collar available.
Fits all standard (1"/25mm) bars. 4 oz per set.
50478   $31.69/pair
Pro Maxima FW-58 3 Tier Dumbbell Rack
9 ft. 3-Tier Dumbbell Rack. 2" x 2" Heavy wall steel construction. Holds up to 19 pairs of dumbbells. Small footprint requires minimal space. Durable powdercoat finish.
48738 $527.69

Legend Fitness Three-Way Utility Bench
Features include a fully welded 3×3-inch, 11 gauge all steel frame with chrome plated 3/8-inch-thick pop pin plates! Pads are a densely padded 3 inches thick and 10 inches in width – just right to not get in the way of your shoulder blades for press and fly work. Pad height from the floor in the horizontal position is 18 inches. A pair of wheels and a foam rubber grip handle are standard on this item for quick relocation between exercises. Available for Quick Ship!
40703 $668.99

Legend Fitness Silly Squat
Your legs won’t call this a Sissy Squat. Using body weight only, this product carries big impact for a small footprint. Features an adjustable calf pad with chrome plated adjustment surfaces to accommodate different tibia lengths. The frame is all welded from three-inch square tubing, and the adjustment surfaces are chrome-plated for scratch resistance. Available for Quick Ship!
40705 $465.99

Legend Fitness Quarter Cage Squat Stand
Freestanding Cage featuring performance grade uprights. Features 3/16-inch thick buttresses secured with no fewer than five case-hardened bolts over post flanges secured with two additional bolts. The Quarter Cage can be bolted to other cages using the Continuum Connectors to create a line or jungle of connected cages, providing shared rigidity, more pull-up stations, or additional suspension training areas. Available for Quick Ship!
40706 $963.39

Visit powersystems.com for more products available online.
MostFit™ SYN Rings

Allows the user to suspend weight plates from an Olympic weightlifting bar creating instability, forcing the user to engage more core and stability muscles. Ring design allows the weight to move in all directions, including forward, back, side-to-side, up-and-down. Nylon strap material. 21"L x 1 3/8" W.

50401 $50.99

Lifting Chains

Lifting chains provide a great workout. Each link offers additional resistance as you move through your full range of motion. Sold in pairs, each chain is 60" L.

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Pulling Stands

A great teaching aid for beginning Olympic lifters. Bars and plates sold separately. Stand adjusts from 13" to 20" in 1" increments. Rubber-coated cradle area is curved to keep bar centered. Wide base for stability. Ships in 2 boxes. 22" L x 13" W x 20" H (ea.)

68052 $192.39 / pair

Pro Chalk Container & Chalk

Keep your weight room clean by keeping your lifting chalk in the container. Rubber encased rim provides safety and helps keep chalk in bowl. Large, 23" diameter is mounted on a strong, tubular steel base with 4 swivel casters for easy movement. Assembly required. Black. 24"L x 24"W x 44"H.

68130 $170.99

Chalk is 100% pure magnesium carbonate to keep hands dry for a secure grip.

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Pro Wrist Roller

Strengthen your grip and forearm strength by rolling the weight up and down. Add resistance by increasing the weight. Uses only standard plates (sold separately). Tubular steel and padded handles. 16” L x 1 ½” thick.

67090  $43.69

Leather Power Belt

Adjustable, sturdy support belt for heavy lifts. Premium-quality leather. Double-pronged steel buckle. Tan. 4” W.

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<tr>
<td>XL</td>
<td>38” – 44”</td>
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</table>

Nylon Dip/ Pull-Up Belt

Belt helps add weight to one’s own body during dips and pull-ups to increase resistance and level of difficulty. Nylon belt with padded back. Black. 6” W.

65325  $36.39

Ankle-Wrist Weights

The unique design of these soft, fabric-covered weights make them suitable for wearing around the ankle or on the wrist. Velcro closures.

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Premium Ankle Weights

Add or remove weight without taking the cuffs off. These ankle weights have external pockets, so you can adjust the weight to suit your needs. Available in 3 different weight capacities. Adjustable Velcro closures. One size fits most. Removable weights included. Black.

<table>
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</table>

power systems.com | 800.321.6975
**Hand-Forearm Blaster**
Develop hand and forearm strength by adding desired weight and squeezing handles together. Plates sold separately. Weight post adaptor will hold both standard and Olympic-size plates. Assembly required. Steel construction. Black. 28” L x 19” W x 20” H.

40520   $106.69

**Padded Cotton Lifting Straps**
Strong straps that wrap around bar and wrists aid in grip strength during heavy lifting, allowing you to overload the muscles being worked during lifts. Double-stitched cotton webbing. Padded neoprene foam. Black. 1½” W.

65355   $14.69 /pair

**Pro Wrist Wraps**
Premium strength elastic wrap for consistent support and durability. Sewn thumb loop with Velcro closure for easy use. White with red stripes. 3” W x 12” L.

65385   $11.69 /pair

**Pro Abdominator**
Develop the core muscles by performing hanging leg raises with a pair of these extra wide 8” padded arm straps. They support the body comfortably, so you can perform multiple reps. Supports up to 300 lbs. Black.

67112   $49.99

**Premium Forearm Exerciser**
Increase forearm strength with customizable resistance in ½ lbs. plates. Set includes forearm exerciser, 7-3” plates, and carry bag. Black/chrome. Handle: 13” L x 1” W.

40530   $64.39

- California residents please see page 130  - Additional shipping costs may apply


**Harbinger Lifting Hooks**
No drop grip heavy duty hooks hold weights when hand grip fails. Adjustable hook positioning based on hand size. Extra wide hook works on most bars. Premium hook coating increases grip on bar. Neoprene cuff cushions wrist. Fully-adjustable nonrestrictive closure.
Black/Blue.
65426 $25.99

**Harbinger Lifting Grips**
Revolutionary new 3-in-1 Training Tool... Lifting Strap, Palm Protector and Leather Hook, all in one! Lifting Grips are sized for best fit and grip coverage.
Black.
65427 Small/Medium $30.99
65428 Medium/Large $30.99
65429 Large/XL $30.99

**Harbinger Women’s Pro Wash and Dry Gloves**
65478 S $17.39
65479 M $17.39
65480 L $17.39

**Harbinger Men’s Pro Gloves**
65449 S $17.39
65450 M $17.39
65451 L $17.39
65452 XL $17.39
65453 XXL $17.39

**Harbinger Men’s Power Glove**
StretchBack™ performance mesh on back of hand and between fingers increases flexibility. Leather palm protects hand and maintains strong feel on bar. Open cell foam cushions palm and fingers. ½ finger length increases contact with grip. Enhanced thumb protection. Double stitched for enhanced durability. Fully adjustable wrist closure.
65444 S $12.39
65445 M $12.39
65446 L $12.39
65447 XL $12.39
65448 XXL $12.39

**Harbinger Chalk Balls**
Used by climbers all over the world. Now used by lifters all over the world. This stuff works and doesn’t make a mess and its cleaner than your dirty sock filled with chalk! Greatly improves grip for weight lifting, rope climbing and gymnastics. Chalk balls produce less dust than loose chalk and last longer. Premium 100% pure Magnesium Carbonate Chalk. And packaged in refillable pouch. Each Chalk ball weighs 2 oz and 2 balls included in each package.
65439 $10.39

**Harbinger Red Line Knee Wraps**
Distinctive red line competition grade elastic maximizes knee stability and support. Extended 78” length provides full spectrum tension in wrapping and knee positioning. Fully adjustable.
Black. 78”W.
65432 $25.99

**Harbinger Power Knee Wraps**
Heavyweight elastic provides strong support and knee stability. Full 72” length offers multiple wraps and knee positioning.
Black. 72”W.
65431 $15.69

**INTRODUCING OUR EXPANDED HARBINGER LINE**
Harbinger Padded Leather Belt
Designed for medium-to-heavy lifting, the 4” Padded Leather Belt contours around hips and ribs to maximize midsection fit. Black. 4”W.
65416 Small $22.39
65417 Medium $22.39
65418 Large $22.39
65419 XL $22.39

Harbinger 4” Nylon Belt
Full 4” wide belt with 3” support strap helps protect lower back and abdomen. Flexible nylon web core moves with body. Heavy-gauge steel tensioning buckle customizes fit. Black. 4”W.
65408 Small $17.39
65409 Medium $17.39
65410 Large $17.39
65411 XL $17.39

Harbinger 5” Foam Core Belt
A lightweight alternative to heavy leather lifting belts, this functional and versatile belt provides strong stabilizing support to help you complete your workouts. Black. 4”W.
65412 Small $22.39
65413 Medium $22.39
65414 Large $22.39
65415 XL $22.39

Harbinger Leather Dip Belt
30” heavy-duty steel chain features a premium speed clip to easily add/ subtract weight for chin-ups and dips. Black.
65425 $41.39

Harbinger Neoprene Padded Ankle Cuff
Use with weight stack to strengthen and tone leg muscles. Heavy duty steel D ring clips on to universal gym cables. Plush neoprene padding protects and cushions ankle. Adjustable closure. Black. 2” W.
65433 $10.69

Harbinger Polypropylene Dip Belt
Lighter weight than traditional leather dip belts, the Polypro Dip Belt is constructed to be flexible, firm, and snug while working out. Black.
65424 $30.99

Harbinger Heavy Duty Ankle Cuff
Use with weight stack to strengthen and tone leg muscles. Heavy duty steel D rings clip on to universal gym cables. Synthetic shearing pad lining enhances comfort. Adjustable closure. Black. 3” W.
65434 $15.69

Shown: Harbinger Pro WristWrap Glove (online only)
Traditional cast iron bell and handle. Handle circumference varies from 1" to 2" depending on the size and weight of the kettlebell. Black.

Cast iron bell with rubber plate on the bottom to prevent damage to floors and racks. Smooth, solid steel handle for comfortable grip. Black. Handles are 1"-1 3/8" in circumference depending on size/weight of kettlebell.

The LifeFitness Premium Kettlebell offers a thick, durable rubber coating and a smooth chrome handle for superior movement. Great for all traditional kettlebell exercises. Large, color-coded weight markers for easy identification. Black, thick rubber coated body with chrome handle.

Featuring a rugged rubber shell and smooth handle, these kettlebells help both athletes and everyday exercisers achieve outstanding results. This kettlebell delivers the durability, toughness, and performance that exercisers expect from Hammer Strength. Rugged rubber shell and smooth handle.

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<tr>
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<table>
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</tr>
</thead>
<tbody>
<tr>
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</tr>
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</tr>
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</tr>
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</tr>
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</tr>
<tr>
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<td>$49.69</td>
</tr>
<tr>
<td>72097</td>
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</tr>
<tr>
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<tr>
<td>72113</td>
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</tr>
<tr>
<td>72115</td>
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</tr>
</tbody>
</table>

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**Competition Kettlebell**
To help eliminate detrimental effects to skill technique, each steel kettlebell is the exact same physical size and shape in all weights. The unpainted handle allows for ease of movement as well as chalk application. Color coded by weight; colors may vary. Handles are 1¾” in circumference. ⚠️

<table>
<thead>
<tr>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 lbs.</td>
<td>Pink</td>
<td>$40.39</td>
</tr>
<tr>
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<td>Sky Blue</td>
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</tr>
<tr>
<td>10 kg</td>
<td>Blue</td>
<td>$44.99</td>
</tr>
<tr>
<td>12 kg</td>
<td>Light Brown</td>
<td>$48.99</td>
</tr>
<tr>
<td>14 kg</td>
<td>Yellow</td>
<td>$54.99</td>
</tr>
<tr>
<td>16 kg</td>
<td>Light Purple</td>
<td>$58.99</td>
</tr>
<tr>
<td>18 kg</td>
<td>Purple</td>
<td>$64.99</td>
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<tr>
<td>20 kg</td>
<td>Light Green</td>
<td>$68.99</td>
</tr>
<tr>
<td>22 kg</td>
<td>Green</td>
<td>$73.99</td>
</tr>
<tr>
<td>24 kg</td>
<td>Black</td>
<td>$79.99</td>
</tr>
<tr>
<td>26 kg</td>
<td>Orange</td>
<td>$84.99</td>
</tr>
<tr>
<td>28 kg</td>
<td>Red</td>
<td>$97.99</td>
</tr>
<tr>
<td>30 kg</td>
<td>Gray</td>
<td>$117.99</td>
</tr>
<tr>
<td>32 kg</td>
<td>Silver</td>
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<tr>
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<td>Gold</td>
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<tr>
<td>36 kg</td>
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<tr>
<td>40 kg</td>
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<td>42 kg</td>
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<tr>
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<tr>
<td>46 kg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>48 kg</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Premium Kettlebell**
Cast iron bell is encased in vinyl with rubber plate on bottom to help reduce noise and prevent damage to floors and racks. Smooth, solid steel handle for comfortable grip. For indoor use only. Color coded by weight; colors may vary. Handles are 1¾” in circumference depending on size/weight of kettlebell. ⚠️

<table>
<thead>
<tr>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 lbs.</td>
<td>Light Blue</td>
<td>$37.39</td>
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<tr>
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<td>Purple</td>
<td>$43.69</td>
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<td>Yellow</td>
<td>$47.69</td>
</tr>
<tr>
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<td>Green</td>
<td>$48.99</td>
</tr>
<tr>
<td>15 lbs.</td>
<td>Orange</td>
<td>$53.99</td>
</tr>
<tr>
<td>18 lbs.</td>
<td>Red</td>
<td>$56.99</td>
</tr>
<tr>
<td>20 lbs.</td>
<td>Blue</td>
<td>$61.39</td>
</tr>
<tr>
<td>25 lbs.</td>
<td>Gray</td>
<td>$68.69</td>
</tr>
<tr>
<td>30 lbs.</td>
<td>Black</td>
<td>$76.69</td>
</tr>
<tr>
<td>35 lbs.</td>
<td>Red</td>
<td>$83.99</td>
</tr>
<tr>
<td>40 lbs.</td>
<td>Blue</td>
<td>$90.39</td>
</tr>
<tr>
<td>45 lbs.</td>
<td>Gray</td>
<td>$99.69</td>
</tr>
<tr>
<td>50 lbs.</td>
<td>Black</td>
<td>$106.69</td>
</tr>
</tbody>
</table>

**kôr™ Kettleball**
Like a traditional kettlebell, the kôr Kettleball is an excellent tool for strengthening the core. The kôr Kettleball is an attractive, user-friendly alternative to cast iron kettlebells in group exercise classes and personal training sessions. These unique, nonscuffing kettlebells are uniformly sized for consistent technique development and feature a 1¾” durable, molded polypropylene handle for a solid grip and smooth rotation. Fits standard kettlebell racks. 1¾” durable, molded polypropylene handle. Patent Pending. Color coded by level. 12” H x 8” diam. ⚠️

<table>
<thead>
<tr>
<th>Weight</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 lbs.</td>
<td>Yellow</td>
<td>$49.99</td>
</tr>
<tr>
<td>8 lbs.</td>
<td>Yellow</td>
<td>$54.99</td>
</tr>
<tr>
<td>10 lbs.</td>
<td>Orange</td>
<td>$59.69</td>
</tr>
<tr>
<td>12 lbs.</td>
<td>Orange</td>
<td>$64.39</td>
</tr>
<tr>
<td>15 lbs.</td>
<td>Orange</td>
<td>$69.69</td>
</tr>
<tr>
<td>20 lbs.</td>
<td>Blue</td>
<td>$84.39</td>
</tr>
<tr>
<td>25 lbs.</td>
<td>Blue</td>
<td>$98.69</td>
</tr>
<tr>
<td>30 lbs.</td>
<td>Blue</td>
<td>$109.69</td>
</tr>
<tr>
<td>35 lbs.</td>
<td>Blue</td>
<td>$118.99</td>
</tr>
</tbody>
</table>

**Premium Kettlebell Rack - Studio**
The attractive, compact design of this rack is perfect for the personal training studio or small spaces. Store all of your kettlebells on the rack’s 3 shelves. Assembly required. Holds up to 9 kettlebells. Steel construction. Black/Gray. 31” L x 23” D x 33” H. ⚠️

<table>
<thead>
<tr>
<th>Model</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>50090</td>
<td>$392.99</td>
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</tbody>
</table>

**Premium Kettlebell Rack - Club**
Keep your kettlebells organized and looking great with this 3-tier rack. Rubber mats on shelving reduce noise. Back lip on each shelf prevents fall through. Assembly required. Holds up to 18 kettlebells. Steel construction. Black/Gray. Ships in 2 boxes. 54” L x 25” D x 36” H. ⚠️

<table>
<thead>
<tr>
<th>Model</th>
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</tr>
</thead>
<tbody>
<tr>
<td>50095</td>
<td>$532.69</td>
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</tbody>
</table>

⚠️ California residents please see page 126  ⚠️ Additional shipping costs may apply
Rubber Octagonal Dumbbell

Cast metal dumbbell heads encased with a thick rubber coating to prevent chipping and help protect floors and equipment. Call for shipping information. Solid steel knurled ergonomic handle with zinc coating. Weight printed on ends for easy identification. 2-year limited warranty. Available in 5lbs. increments after 50lbs.

<table>
<thead>
<tr>
<th>Weight (lbs)</th>
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<tbody>
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<tr>
<td>5 lbs.</td>
<td>$9.69</td>
</tr>
<tr>
<td>6 lbs.</td>
<td>$10.69</td>
</tr>
<tr>
<td>7 lbs.</td>
<td>$11.69</td>
</tr>
<tr>
<td>8 lbs.</td>
<td>$13.69</td>
</tr>
<tr>
<td>9 lbs.</td>
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<td>$65.39</td>
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<td>45 lbs.</td>
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<td>50 lbs.</td>
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<td>75 lbs.</td>
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<td>85 lbs.</td>
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<tr>
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<tr>
<td>100 lbs.</td>
<td>$154.39</td>
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Premium Neoprene Coated Dumbbell

Cast iron dumbbells encased with a thick neoprene shell prevents rusting and offers a comfortable gripping surface. Small, compact design for stacking and storing. Weight printed on ends for easy identification. 2-year limited warranty. Purple Neoprene.

<table>
<thead>
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<th>Price (ea.)</th>
</tr>
</thead>
<tbody>
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<tr>
<td>2 lbs.</td>
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<tr>
<td>3 lbs.</td>
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<tr>
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<tr>
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<tr>
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<tr>
<td>7 lbs.</td>
<td>$7.99</td>
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<tr>
<td>8 lbs.</td>
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<tr>
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<td>$10.99</td>
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<tr>
<td>12 lbs.</td>
<td>$13.99</td>
</tr>
<tr>
<td>15 lbs.</td>
<td>$16.99</td>
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</table>

Apple Vinyl Dumbbell

Unique apple shape keeps this vinyl-encased cast iron dumbbell from rolling away. Indentations on top and bottom also allow for incorporation into push-ups for different stability challenges. Comfortable ergonomic handle. Small, compact design for stacking and storing. Weight printed on ends for easy identification. 2-year limited warranty. Black.

<table>
<thead>
<tr>
<th>Weight (lbs)</th>
<th>Price (ea.)</th>
</tr>
</thead>
<tbody>
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<tr>
<td>2 lbs.</td>
<td>$3.99</td>
</tr>
<tr>
<td>3 lbs.</td>
<td>$4.99</td>
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<tr>
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<tr>
<td>5 lbs.</td>
<td>$8.99</td>
</tr>
<tr>
<td>6 lbs.</td>
<td>$9.69</td>
</tr>
<tr>
<td>7 lbs.</td>
<td>$10.69</td>
</tr>
<tr>
<td>8 lbs.</td>
<td>$11.99</td>
</tr>
<tr>
<td>9 lbs.</td>
<td>$12.99</td>
</tr>
<tr>
<td>10 lbs.</td>
<td>$14.99</td>
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<tr>
<td>12 lbs.</td>
<td>$18.99</td>
</tr>
<tr>
<td>15 lbs.</td>
<td>$21.99</td>
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Deluxe Vinyl Coated Dumbbell

Vinyl shell protects the user's hand as well as hardwood floors in training studios. Small, compact design for stacking and storing. Weight printed on ends for easy identification. Cast iron dumbbells encased with a thick vinyl shell. Color coded by weight; colors may vary. 2-year limited warranty.

<table>
<thead>
<tr>
<th>Weight (lbs)</th>
<th>Color</th>
<th>Price (ea.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 lbs.</td>
<td>Pink</td>
<td>$3.39</td>
</tr>
<tr>
<td>2 lbs.</td>
<td>Yellow</td>
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</tr>
<tr>
<td>3 lbs.</td>
<td>Purple</td>
<td>$5.39</td>
</tr>
<tr>
<td>4 lbs.</td>
<td>Lt. Yellow</td>
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</tr>
<tr>
<td>5 lbs.</td>
<td>Green</td>
<td>$7.39</td>
</tr>
<tr>
<td>6 lbs.</td>
<td>Blue</td>
<td>$8.69</td>
</tr>
<tr>
<td>7 lbs.</td>
<td>Orange</td>
<td>$9.69</td>
</tr>
<tr>
<td>8 lbs.</td>
<td>Dark Blue</td>
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<tr>
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<td>Gray</td>
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<tr>
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<td>Black</td>
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<tr>
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</tr>
<tr>
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<td>Red</td>
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</table>

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Neoprene/Vinyl Dumbbell 4-Tier Rack
Horizontal design organizes dumbbells on 4 sturdy metal shelves. Holds a complete set of 1 lbs. to 15 lbs. dumbbells. Assembly required. Steel construction. Black. 24" L x 33" W x 36" H. $213.99

<table>
<thead>
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<th>Style</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>61775 Rack only</td>
<td>Rack only</td>
<td>$213.99</td>
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<tr>
<td>61776 Rack w/ Neoprene Set</td>
<td>Rack with Neoprene Set</td>
<td>$410.69</td>
</tr>
<tr>
<td>61778 Rack w/ Vinyl Set</td>
<td>Rack with Vinyl Set</td>
<td>$410.69</td>
</tr>
<tr>
<td>61777 Rack w/ Apple Vinyl Set</td>
<td>Rack with Apple Vinyl Set</td>
<td>$461.39</td>
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</tbody>
</table>

Neoprene/Vinyl Dumbbell Vertical Rack
Space-saving design stores and protects dumbbells in individual cradles. Holds a complete set of 1 lbs. to 15 lbs. dumbbells. Assembly required. Steel construction. Black. 28" L x 23" W x 50 1/2" H. $228.99

<table>
<thead>
<tr>
<th>Style</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>61788 Rack only</td>
<td>Rack only</td>
<td>$228.99</td>
</tr>
<tr>
<td>61786 Rack w/ Neoprene Set</td>
<td>Rack with Neoprene Set</td>
<td>$409.69</td>
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<tr>
<td>61787 Rack w/ Vinyl Set</td>
<td>Rack with Vinyl Set</td>
<td>$409.69</td>
</tr>
<tr>
<td>61791 Rack w/ Apple Vinyl Set</td>
<td>Rack with Apple Vinyl Set</td>
<td>$461.39</td>
</tr>
</tbody>
</table>

Horizontal Dumbbell Rack

<table>
<thead>
<tr>
<th>Style</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>61796 Rack only</td>
<td>Rack only</td>
<td>$325.99</td>
</tr>
</tbody>
</table>

Premium Dumbbell Storage Rack
Store dumbbells securely and neatly. Rack with sturdy metal tray supports up to 44 pairs of dumbbells. Removable solid steel bar locks dumbbells into place when not in use (lock not included). Dumbbells sold separately. Includes casters for easy mobility. Steel construction. Assembly required. Black. Ships freight carrier. 43" L x 28" W x 44" H. $310.39

<table>
<thead>
<tr>
<th>Style</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>61799 Rack only</td>
<td>Rack only</td>
<td>$310.39</td>
</tr>
<tr>
<td>60286 Rack w/ 44 Pairs of Premium Neoprene Dumbbells</td>
<td>Rack with 44 Pairs of Premium Neoprene Dumbbells</td>
<td>$750.69</td>
</tr>
<tr>
<td>61725 Rack w/ 44 Pairs of Deluxe Vinyl Dumbbells</td>
<td>Rack with 44 Pairs of Deluxe Vinyl Dumbbells</td>
<td>$629.99</td>
</tr>
<tr>
<td>61726 Rack w/ 44 Pairs of Apple Vinyl Dumbbells</td>
<td>Rack with 44 Pairs of Apple Vinyl Dumbbells</td>
<td>$872.69</td>
</tr>
</tbody>
</table>
Introducing the next generation of cable attachments from Power Systems featuring all black chrome fit and finish. Diamond patterned knurling provides a solid and consistent grip without being abrasive. Constructed from top quality steel. Universal design fits all cable machines.

**Black Chrome Cable Attachments**

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>20” Black Chrome Cable Straight Bar</td>
<td>$32.39</td>
</tr>
<tr>
<td>B</td>
<td>48” Black Chrome Cable Lat Bar</td>
<td>$52.99</td>
</tr>
<tr>
<td>C</td>
<td>28” Black Chrome Cable Curl Bar</td>
<td>$42.69</td>
</tr>
<tr>
<td>D</td>
<td>Black Chrome Cable Row Handle</td>
<td>$32.39</td>
</tr>
<tr>
<td>E</td>
<td>Black Chrome Cable Tricep Pushdown Handle</td>
<td>$32.39</td>
</tr>
<tr>
<td>F</td>
<td>Black Chrome Cable Stirrup Handle</td>
<td>$18.69</td>
</tr>
<tr>
<td>G</td>
<td>Black Chrome Cable Multi Purpose Handle</td>
<td>$42.69</td>
</tr>
<tr>
<td>H</td>
<td>Black Chrome Cable Multi Purpose V Bar</td>
<td>$37.39</td>
</tr>
<tr>
<td>I</td>
<td>Black Chrome 36” Cable Pro Style Lat Bar</td>
<td>$63.39</td>
</tr>
<tr>
<td>J</td>
<td>Cable Attachment Bar and Accessory Rack</td>
<td>$269.99</td>
</tr>
</tbody>
</table>
**Premium Cable Attachment Bars**

Top-quality steel bars with chrome finish allow for more concentrated movement than a rope attachment. Ergonomic, Thermoplastic Rubber (TPR) handgrips are textured for greater comfort and safety. Designed for all cable systems. 2-year limited warranty.

A. 61952  Revolving 20" Straight Bar  $37.39
B. 61950  Revolving 48" Lat Bar  $62.39
C. 61966  Single Grip Handle w/Rotating Handle  $25.99
D. 61962  Revolving Multi Exercise Bar  $59.99
E. 61970  Revolving Curl Bar  $51.99
F. 61958  Revolving Press Down Bar  $43.69
G. 61956  Multi Purpose V-Bar  $43.69
H. 61972  Revolving Low Pulley Bar  $39.39
I. 61960  Tricep Press Down Bar  $36.39
J. 61968  Narrow Pulldown Bar  $43.69
K. 61954  Revolving 24"Lat Bar  $72.69

**Cable Attachment Bar Storage Rack**

Store up to 22 cable attachment bars and other accessories neatly and orderly. Steel construction. Assembly required. Black. 48" H x 20" W. ☑️

-  61896  Rack  $272.39
-  61898  Rack w/ 12 Cable Attachment Bars  $754.99

- California residents please see page 130  ☑️ - Additional shipping costs may apply
Add resistance to your abdominal workout. Special handles on shoulder straps keep the hands close to the chest.

D-ring attachment. Nylon. Black. 19" L x 2" W.

50755  $35.39

Super Tricep Rope

Work both triceps at the same time with the Super Tricep Rope. Extra-long rope provides greater range of motion.

Cotton rope. 40" L x 1 1/4" diam.

50745  $41.39

Pro Tricep Rope

Work both triceps at the same time with the Pro Tricep Rope. Rope allows for more dynamic movement than a solid piece.

Nylon rope, rubber stopper. Black. 28" L x 1 3/4" diam.

50740  $27.99

Single Tricep Rope

Braided nylon rope with molded rubber stopper.

Black. 15" L x 1 3/4" diam. 1 lbs.

50735  $20.99

Abdominal Crunch Strap

Add resistance to your abdominal workout. Special handles on shoulder straps keep the hands close to the chest.


19" L x 2" W.

50755  $35.39
**Spiral Strength™ Singles™ (2 Grips)**

Singles™ attach effortlessly to exercise equipment to allow for comfortable, neutral grip exercises.

Durable US made rubber grip. Premium US made double braided minimal stretch polyester rope. Rated for 150 lbs. per grip.

50771  $62.99

---

**Spiral Strength™ Dually™**

The Dually™ replaces antiquated styling with a dynamic coupled system featuring two spiral strength grips.

Durable US made rubber grips. Premium US made double braided minimal stretch polyester rope. Rated for 300 lbs.

50774  $79.99

---

**Nylon Ankle/ Wrist Strap**

Attaches to ankle or wrist for an upper and lower body workout. Wide strap with thick neoprene pad for a secure, comfortable fit.

D-ring attachment and adjustable Velcro closure. Nylon strap. Black. 17” L x 2 ½” W

50760  $15.69

---

**Pro Nylon Ankle/ Wrist Strap**

Attaches to ankle or wrist for an upper and lower body workout. Extra-wide strap provides a more comfortable fit.

D-ring attachment and adjustable Velcro closure. Nylon strap. Black. 17” L x 4” W.

50765  $23.99

---

**Single Grip Handle Strap**

All-purpose handle for a variety of exercises using one arm at a time.

Plastic handle, neoprene grip, nylon strap. Black. 10” L x 5 ½” W

50710  $15.69

---

**Double Grip Handle Strap**

All-purpose handle for a variety of exercises. Work both arms at same time.

Nylon strap, plastic handles with neoprene grip. Black. 14” L x 5 ½” W

50715  $31.39

---

**Machine Add-On Weight**

Add weight to most selectorized machines in 2½ or 5 pound increments.

Fits machines with maximum width of 3 ¼” between guide rods. Rubber coated solid cast iron. Black. 2” diam.

61998  2½ lbs.  $11.69/ea.
61999  5 lbs.  $16.69/ea.

---

**Nylon Thigh Strap**

Work the upper leg and hip. Heavy strap with neoprene lining for comfortable fit.

D-ring attachment and adjustable Velcro closure. Nylon strap. Black. 34” L x 2 ½” W (Flat)

50750  $20.99
Landmine
This ground-based rotational training device works the entire body. Perform explosive 1 and 2 arm movements and other rotational exercises by simply inserting any Olympic-size bar (not included) into the 12” pivoting sleeve at the unit’s base. A 4” sleeve is also available to hold standard 1” bars. Portable for use in or out of the weight room. Solid steel. Nonskid rubber bottom. Includes handle for easy transport. Assembly required. Black. Base: 19 1/2” L x 16” W.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>60054</td>
<td>Landmine</td>
<td>$258.69</td>
</tr>
<tr>
<td>60055</td>
<td>w/ Wide Handle</td>
<td>$294.99</td>
</tr>
</tbody>
</table>

Handle for Landmine
Add the wide handle attachment to the Landmine for a workout that targets the shoulders, core, and hips. Ergonomic grips positioned approximately 26” apart. Solid steel. Black.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>60056</td>
<td>$41.39</td>
<td></td>
</tr>
</tbody>
</table>

Pro Bar Wrap Pad
The single most comfortable wrap pad available. Premium 1 1/4” nylon covered foam pad with Velcro closure. Black. 18” L.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>67088</td>
<td>$25.99</td>
<td></td>
</tr>
</tbody>
</table>

Bar Wrap Pad
Quality 1" nylon-covered foam pad with Velcro closure protects neck and back from bar. Black. 1” Thick, 16” L.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>67085</td>
<td>$16.69</td>
<td></td>
</tr>
</tbody>
</table>

Manta Ray®
Snap the Manta Ray onto any bar to maintain an upright position when performing back squats. With the Manta Ray, weight is transferred across trapezius muscle, reducing neck pain and discomfort. Instructions included. Blue. One size fits most.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>67070</td>
<td>$48.99</td>
<td></td>
</tr>
</tbody>
</table>
**Portable Multisport Scoreboard**

The Colorado Multisport scoreboard is an ideal solution for facilities that require a scoreboard that can display scoring information for a number of sports. This portable unit is mounted on a three foot stand, or a wheeled scoreboard caddy, ordered separately. Scoreboard INCLUDES: built-in wireless capabilities, 2.4GHz wireless handheld scoreboard controller, built-in horn, and free customization options.

80588  $3,308.99

---

**Wallmount Multisport Scoreboard**

The Colorado Multisport scoreboard is an ideal solution for facilities that require a scoreboard that can display scoring information for a number of sports. This unit is designed to be mounted on a wall, and does not include batteries for portable operation. Scoreboard INCLUDES: built-in wireless capabilities, 2.4GHz wireless tabletop controller scoreboard controller with carrying case, built-in horn, and free customization options.

80589  $3,547.69

---

**Dolphin Wireless Stopwatch Timing System**

Dolphin is a proven wireless timing system with a fully integrated Hy-Tek Meet Management interface. Dolphin provides wireless, synchronized, stopwatch-style timing for swimming competitions. It significantly reduces the amount of time and effort required to run a meet and manage data. By eliminating manually writing in times and manually typing them, the system has dramatically improved accuracy in comparison to manual stopwatches.

2.75"L x 4.5"W x 1"D. 4.8oz.

80593  6-lane w/ 1 watch per lane  $2,473.99
80594  6-lane w/ 2 watches per lane  $3,370.39

---

**Slim Pace Clocks**

The Slim Pace Clock line offers an elegant pacing and time of day solution for your facility. The slim profile is perfect for displaying time of day and pacing with minimum extension from the wall of your facility. A straightforward and elegant display, the large 13" digits are easily visible from a distance. The slim pace clocks are available with four or six LED digits. The four digit clock displays hours and minutes or minutes and seconds. The six digit clock displays hours, minutes, and seconds. If multiple pace clocks are used in a facility, they will wirelessly synchronize the time of day automatically.

4-digit Slim Pace Clocks: 19.25"H x 42.25"W x 2.8"D. 20 lbs.
80590  Slim Pace four digit clock  $1,446.39
80591  Slim Pace six digit clock  $1,867.69

80591  Slim Pace six digit clock  $1,867.69

---

**Pace Clock Pro**

Features 15 training modes to fine-tune skills and create customized workouts.

80592  $1,132.39

---

- California residents please see page 126
- Additional shipping costs may apply

SCOREBOARDS & TIMERS 117
Robic® SC-877 Complete Training Timer

The SC-877 offers world class timekeeping functions in a sleek and modern new form developed with comfort and ease of use in mind. 180 Dual Memory Recall and a total reading capacity of 1000 times. 1/100 second precision up to 60 minutes. Lap Counter to 999 readings. Program up to three countdown timers to operate independently or simultaneously, they can loop or sequence through each time or stop at the end of the preset time. Water resistant design. Lithium CR-2032 battery. One year factory warranty.

18123  $52.99

Robic® 12 Memory Chrono

Lap, split, or event timing featuring 1/1000 second precision to 24 hours, autolap counter to 99 and 1st through 5th place times. Instructions included.

18140  $26.39

Robic® M339 3D Motion Sensor

7 Day Memory Pedometer

Takes the worry out of using Pedometers. Wear it anywhere - in your pocket, purse, or backpack. The Robic M339 accurately counts steps taken up to 100,000, with the ability to set a daily step target goal. Features seven day memory recall of steps, distance, and calories. Estimates calorie consumption up to 10,000 calories. Automatically times time spent walking up to 24 hours. Replaceable Lithium Battery. Lithium CR-2032 or equivalent battery. One year factory warranty.

91006  $17.39

Seiko® Digital Metronome

Use for setting cadence. Four levels of adjustable volume. Tempo ranges from 30 to 250 times/min. with clear sound and flashing light. Clips onto clothing, a clipboard, or any other object. Instructions included. 2⅛" L x 1¾" W x 1" H. CR-2032 battery.

85444  $38.69

Oslo® 1000-W

Full function split stopwatch with extra-large, easy-to-read display, professional, snap-action push buttons and 1/100 second resolution to 30 minutes. Also features audible beep confirmation and 1st and 2nd place times. Instructions included.

18120  $12.99

Gymboss®

The Gymboss is a quality interval timer that will make any workout easier to plan and execute with more accuracy and consistency by allowing you to keep 1 or 2 different time intervals from 2-99 mins. The Gymboss has many more features to help you maximize your training! Waterresistant, AAA Battery (not included), 1¼" x 2¼", 1 lbs.

18128  $20.39

Robic® SC-522 Digital Count-Up & Countdown Timer

Timer counts up or down from zero, selects time in seconds (up to 99 min & 59 secs) or minutes (up to 9999 mins), automatic reset at event completion and a lock function. Breakaway lanyard, instructions included.

18132  $16.39
**Brower® TC-Timing System**

Wireless handheld display! This wireless device shows three lines of timing data (split, split interval, and cumulative) in an LCD display. Stores up to nine split intervals and 199 cumulative in its memory recall. Accurate to 1/100 or 1/1000 of a second. Fully automatic, hands-free usage for self-timing. Timing begins when pressure is released from starting pad. Additional sensors can be set up to record split times. Includes “Count Mode” to record number of contacts in 30, 45, or 60 seconds. Includes timer, 2 infrared electric eyes with built-in transmitter, 2 tripods, TC Motion Start, batteries, and carry case.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>18024</td>
<td>Brower TC-Timing System</td>
<td>$1,095.39</td>
</tr>
<tr>
<td>18026</td>
<td>Brower TC-Gate</td>
<td>$471.99</td>
</tr>
</tbody>
</table>

**Brower® Speed Trap I Timing System**

An excellent device for accurate short-distance timing—accurate to 1/100 of a second. Wired system times distances up to 55 yards. Fully automatic, hands-free usage for self-timing. Timing begins when pressure is released from starting pad. Portable for use indoors or outdoors. Unit includes timer, start pad, 55 yards of wire, sensor, stopwatch, tripod, battery, and carry case.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>18030</td>
<td>Speed Trap</td>
<td>$470.99</td>
</tr>
<tr>
<td>18035</td>
<td>Extra 55 Yard Cord</td>
<td>$52.99</td>
</tr>
</tbody>
</table>

**Vertec™ & Wall-Mounted Vertec™**

Get accurate vertical jump measurements to the nearest half inch. Open design allows jumps from one or two feet and facilitates dynamic approaches. Reset pole lets you adjust height of vanes to measure jumps from six feet to twelve feet. Wall-Mounted Vertec™ swings away from wall 15” in testing position and lays flat for storage against wall. Bracket easily attaches to masonry or wood (hardware not included). Assembly required. Steel frame construction with rigid high-impact vanes.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>22550</td>
<td>Vertec</td>
<td>$649.99</td>
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<tr>
<td>22560</td>
<td>Wall-Mounted Vertec</td>
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<tr>
<td>22565</td>
<td>Bracket only</td>
<td>$288.39</td>
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</table>

**Robic® Bright View Display Timer**

Great for all types of timed sports. Large six inch display and hi-resolution LED display are easily seen from up to 100 feet away. Counts up to, or down from 100 minutes. Three preset countdown times of 12, 15, and 30 minutes. Pause and time out timing with loud completion alarm. Features push button operation and cable-control activation. Comes with convenient remote control for operation from a distance. Operates on AC power.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>18222</td>
<td>Bright View Display Timer</td>
<td>$313.69</td>
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</tbody>
</table>

**Long Jump Tester**

This portable, shock-absorbing mat takes the guesswork out of testing. Clear screened markings indicate distance traveled from 24” to 144” in 1/2” increments. Made of flex rubber to cushion landing, and prevent sliding. Rolls for easy storage. 167” L x 22” W x ⅛” thick.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>22510</td>
<td>Long Jump Tester</td>
<td>$341.69</td>
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</tbody>
</table>

**Wall-Mounted Vertical Jump Tester**

Quickly measure vertical jump and reach from 1” to 48” in 1/2” increments. Board features screened measurements for years of use and magnets for marking reach and jump height. Includes solid steel board, 48” retrieval rod, and 2 magnets. White with black markings. 50” H x 6” W.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>22505</td>
<td>Wall-Mounted Vertical Jump Tester</td>
<td>$71.99</td>
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</tbody>
</table>

**Brower® TC-Timing System**

Wireless handheld display! This wireless device shows three lines of timing data (split, split interval, and cumulative) in an LCD display. Stores up to nine split intervals and 199 cumulative in its memory recall. Accurate to 1/100 or 1/1000 of a second. Fully automatic, hands-free usage for self-timing. Additional sensors can be set up to record split times. Includes “Count Mode” to record number of contacts in 30, 45, or 60 seconds. Includes a handheld device with 1000 ft. range to give you the freedom to move around. Five selectable radio channels for multiple systems at one location. Portable for use indoors or outdoors. Includes timer, 2 infrared electric eyes with built-in transmitter, 2 tripods, TC Motion Start, batteries, and carry case.

<table>
<thead>
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<tr>
<td>18024</td>
<td>Brower TC-Timing System</td>
<td>$1,095.39</td>
</tr>
<tr>
<td>18026</td>
<td>Brower TC-Gate</td>
<td>$471.99</td>
</tr>
</tbody>
</table>
Polar® Heart Rate Monitor

**FT7™**  - EnergyPointer visually indicates when you are in your fat-burning range or aerobic fitness range. A weekly training summary provides feedback on your workouts and keeps up to 99 files in memory. Coded to avoid frequency interruption. Offers all the features of the FT4™ plus EnergyPointer.

Each unit consists of a waterproof chest strap (transmitter) with adjustable closure and a water-resistant watch (receiver). Strap fits 25” to 54” chest. Instructions included. 🌟

| 92018  | Black/Silver | $79.69 |

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**AlignaBod®**


90” L x 40” W.

| 83319  | $313.69 |

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**Advantage™ 6016 Digital Wrist BP Monitor**

Measures systolic pressure, diastolic pressure and pulse quickly and accurately. Smart Logic™ Technology ensures correct inflation and Average mode will calculate the average of three separate readings for more meaningful results. Includes advanced two zone memory with date and time stamp recalls for the last 30 readings/user for two profiles. Latex free wrist cuff fits 5” to 7” wrists. Auto off and compact storage case. 5-year limited warranty. Includes 2 AAA batteries. 🌟

| 85402  | $99.99 |

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**Portable AlignaBod®**

Easy, fast setup with no tools required. Quality vinyl backdrop for durability. Includes posture assessment booklet and showing correct posture and deviations. Includes vinyl carrying case, aluminum base & extension rods. 39” W x 80” L. 🌟

| 83320  | $149.99 |

---


90” L x 40” W. 🌟

| 83320  | $149.99 |
Saehan® Skinfold Caliper
Caliper has spring-loaded levers and low-pressure bearings for constant pressure when measuring body composition using the Durnin Formula. Scale permits reading up to 60 mm. Cannot be calibrated. Wrist strap, soft carry case, and instructions included. Green.

85310 $199.99

Lange® Skinfold Caliper
Designed for simple, accurate skinfold measurement. Spring-loaded levers provide a substantially constant standard pressure of 10 gms/sq mm over the entire operating range. Uses the Durnin Formula. Easy-to-read scale measures up to 60 mm. Durable aluminum. Hard carry case and instructions included. Green. 2 lbs.

85300 $299.99

Omron® Scale
The HBF-510W provides Full Body Sensing - a comprehensive understanding of your body composition to help you reach your fitness goals. Full body sensing is more accurate than measuring with feet alone. Easy to use, the HBF-510W measures five fitness indicators including body fat, visceral fat, BMI, skeletal muscle, and body weight. 4 AA batteries included. 1 year warranty.

85208 $104.69

Slim Guide
Basic caliper to measure body composition using the Durnin Formula. Easy-to-read scale measures up to 80 mm. Instructions included. Durable PVC construction with stainless steel springs. Black.

85350 $26.39

Detecto® Eye-Level Beam Scale
Die-cast metal beam displays weight clearly from front or back. Available with height rod. Weight capacity of 400 lbs. in ¼ lbs. increments. White. Scale: 59” H. Platform: 14½” L x 10½” W.

85200 Scale Only $278.99
85205 w/ Height Rod $299.00

Lange® Skinfold Caliper
Caliper has spring-loaded levers and low-pressure bearings for constant pressure when measuring body composition using the Durnin Formula. Scale permits reading up to 60 mm. Cannot be calibrated. Wrist strap, soft carry case, and instructions included. Green.

85310 $199.99

Acuflex® 1
Uses the modified method as well as the traditional sit-and-reach protocol. Choose this model if you need precise, individualized tests. Unit also features maximum reach indicator and adjustable tension. Assembly required. Instructions included. Metal construction. 30” L x 12” W x 13” H.

70210 $261.99

Flex-Tester®
Uses the traditional sit-and-reach protocol. Choose this model if you need to quickly test groups or individuals. Assembly required. Standards table included. Metal construction. 21” L x 13” W x 13” H.

70200 $139.00

Tape Measure
Take length and circumference body measurements with the Body Tape Measure or the Gulick Tape Measure. These compact, self-locking tape measures have a flexible vinyl tape that will not stretch and a push-button release. The Gulick Tape Measure is spring loaded, offering a higher level of accuracy with consistent tension that prevents excessive compression of body tissue. Tapes measure up to 60” (150 cm).

85410 Body Tape Measure $14.39
85415 Gulick Tape Measure $22.99

Body Gulick
### Loktuff® Interlocking Rubber Flooring Mats

A. Available in 1/2" for institutional/commercial settings and 3/8" for light-duty use (3/8" in black only). Border and corner mats have beveled edge. Please note that when the 1/2” interlocking edges of 2 mats are fastened together, the total length of the connected mats is reduced by 1”. $500 minimum order—ships freight carrier.

#### Color Mats

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>62400</td>
<td>1/2&quot;</td>
<td>4' x 4'</td>
<td>$96.39</td>
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<tr>
<td>62410</td>
<td>1/2&quot;</td>
<td>4' x 4'</td>
<td>$96.39</td>
</tr>
<tr>
<td>62420</td>
<td>1/2&quot;</td>
<td>4' x 4'</td>
<td>$96.39</td>
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</table>

#### Black Mats

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>62450</td>
<td>1/2&quot;</td>
<td>4' x 4'</td>
<td>$64.39</td>
</tr>
<tr>
<td>62460</td>
<td>1/2&quot;</td>
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<td>$64.39</td>
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<tr>
<td>62470</td>
<td>1/2&quot;</td>
<td>4' x 4'</td>
<td>$64.39</td>
</tr>
</tbody>
</table>

#### Equipment Floor Mats

Protect floors from damage caused by strength equipment, bikes, and treadmills. Soft PVC construction. Black. 1/4" thick with beveled edge.

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
<td>62800</td>
<td>3' x 4'</td>
<td>$43.69</td>
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<tr>
<td>62810</td>
<td>3' x 6'</td>
<td>$53.99</td>
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</tbody>
</table>

### Guardian® Rubber Flooring Mats

Available in three thicknesses: 1/8" for light-duty use; 1/16" and 1/4" for institutional/commercial settings. 4’ x 6’.

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
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<tbody>
<tr>
<td>62000</td>
<td>1/8&quot;</td>
<td>Black</td>
<td>$78.69</td>
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<tr>
<td>62010</td>
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<td>Black</td>
<td>$84.99</td>
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<tr>
<td>62020</td>
<td>1/4&quot;</td>
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<tr>
<td>62030</td>
<td>1/4&quot;</td>
<td>Color</td>
<td>$118.39</td>
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</tbody>
</table>

### Conditioning Flooring Rolls

B. All-purpose continuous rolled flooring of polyurethane and rubber provides a cushioned surface that’s ideal for running, jumping, and bounding. Available in thicknesses of 1/8" and 1/16” and widths of 32", 36", 42", and 48”. Black. Sold in linear feet—multiply length of mat to calculate total cost. Minimum order 20 linear feet per roll. Open rolls cannot be returned. Call for price quote and shipping costs.

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>63010</td>
<td>1/8&quot; x 32&quot; W</td>
<td>Red</td>
<td>$6.39</td>
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### Rubber Floor Rolls

C. Ideal for heavy traffic areas, this high-density recycled rubber flooring is designed to handle heavy use and abuse. Nonskid, shock-absorbing surface suppresses noise and resists stains and scuffs. Easy to install and maintain. Available in thicknesses of 1/8" and 1/4”. Width: 48". Red, Blue, Eggshell, Black. Sold in linear feet—multiply length of mat to calculate total cost. Minimum order 30 linear feet per roll. Open rolls cannot be returned. Call for price quote and shipping costs.

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### Additional Products

Additional products sold separately.
Looking to add a Functional Training Space in your facility? Make it stand out with TURF.

**Power Systems Custom Turf**

Add an indoor speed and agility zone or functional training area with custom turf. Whether you are interested in a traditional green or colors to match your brand, Power Systems can help you achieve the look you want. Options also include adding your logo, hand and foot markings, or simple hash marks to complete your custom turf. Call for additional details and request a quote.

62237 Call for Pricing
**Mega Roll Biodegradable Wipes**

A. These biodegradable 8” x 8” moist towelettes are an economical solution for keeping your equipment clean. Phenol-free, alcohol-free, and bleach-free these pre-moistened wipes are safe for use on all surfaces.  
   95516  2-1200 ct. Rolls  $77.39

**CareWipes® Hand Wipes Biodegradable Mega Roll Wipes**

B. Soft and durable towelettes are non-toxic, non-abrasive, and clean thoroughly without irritating the skin.  
   Hand Wipes refills are designed for use with wall dispensers or to refill Buckets.  
   95519  Case of 2-700 ct. Rolls  $81.99

**GymWipes® Antibacterial Wipes**

C. These antibacterial wipes are designed to sanitize all hard surfaces.  
   EPA registered disinfectant wipes. Each wipe is super-absorbent, 8” x 6” in size and pre-moistened.  
   95506  2-700 ct. Buckets  $77.39  
   95508  4-700 ct. Rolls  $157.39

**GymWipes® Professional Wipes**

D. Specially formulated to remove sweat and germs. Alcohol-free, ammonia-free formula is also residue-free.  
   95511  Case of 2-700 ct. Buckets  $77.39  
   95513  Case of 4-700 ct. Rolls  $157.39

**GymWipes® Antibacterial Force Wipes**

E. Kill MRSA with GymWipes Antibacterial Force wipes. Each wipe is super-absorbent, 8” x 6” x “double-thick” and stays wet 30% longer.  
   95501  2-800 ct. Buckets  $94.39

**GymWipes Stainless Steel Wall Dispenser**

   *See above for purchase requirement.*  
   95532   $313.69

**Contemporary Wall Dispenser**

G. Wall dispenser provides touchless one-at-a-time dispensing which reduces excess wipe usage and minimizes the risk of cross contamination. Each unit includes labels and mounting hardware. Wipes sold separately.  
   *See above for purchase requirement.*  
   95527   White $52.99  
   95529   Smoke Gray $52.99

**The Stainless Stand**

J. Dispensing stand with integrated waste receptacle is certain to add style to your facility. Smudge-resistant glazed finish to help reduce appearance of fingerprints. Wipes sold separately. Stainless steel. 36”H x 12”W.  
   *See above for purchase requirement.*  
   95544  The Stainless Stand  $418.39  
   95541  With door  $575.69

---

**NOTE:** Buckets do not fit in the GymWipes Stainless Steel or Contemporary Wall Dispensers.

---

Don’t Forget!  *When purchasing a Gym Wipe Dispenser or stand, a package of gym wipes must also be purchased in order to complete your transaction.*
Standard™ Traverse Wall®

Standard™ Traverse Wall® features earth tones and a lightly textured surface. The color-coded Groperz™ Hand Holds offer a variety of options for climbers to use as they climb. Green hand holds are the largest and easiest to grip. The yellow holds come in a variety of sizes and offer a light challenge. The red holds are medium sized and provide the most challenge. Climbers can choose to use any color hand hold, or try the extra challenge of climbing using only hand holds of the same color. The signature Red-Relief Line® is a safety feature that reminds climbers to stay within three feet from the floor and is a helpful tool for the climbing wall supervisor. The Standard Climbing Wall offers all you need to get youth climbing the walls!

Each 4’ x 8’ Standard Climbing Wall panel includes 20 patented Groperz Route-Setting Hand Holds, 66 preset placement options for mounting hand holds, the Red-Relief Line and safety mats that tip up and lock to the wall to prevent unauthorized use. A 10’-high version and fire retardant upgrade are available.

Safety mats tip up and lock to the wall to prevent unauthorized use and are recommended.

68062 $2,192.99

Safari® Monkey Bars

The Safari® Monkey Bars are a great indoor element that help develop upper body strength, balance and coordination.

The Safari Monkey Bars are made of durable powder-coated steel. They are wall mounted and can be used alone or combined with other indoor jungle gym equipment to maximize fitness opportunities with minimal space requirements. Mounting brackets and mat-locking system help stow and lock components to prevent unauthorized use. Can be mounted to concrete block or poured concrete walls only. Complete package includes a Mat-Locking® System, mounting brackets, hardware, installation instructions, safety sign, and activity guide.

Also available in Black.

68063 $1,641.69

NOTE: Safety surfacing recommended.
Call for information - 1-800-321-6975 x1012

- California residents please see page 126
- Additional shipping costs may apply
Extra Heavy-Duty Bench with Back

The UltraSite 940 Bench with back continues to be an UltraSite top seller! This bench is perfect for outside of a gym and its premium UltraCoat finish will make sure it withstands the test of time. Customize your bench with our countless customization options. Contact us to learn more. Available in 6' or 8' lengths. Thermoplastic finish with powder coated frame. 2 ¾” O.D. all MIG welded frame. 1” O.D. brace (portable only). Portable (P), inground (S), surface mount (SM), or wall mount (WM).

$62253 Starting at $310.00

Extra Heavy-Duty Bench without Back

The UltraSite 942 Bench without back is perfect for outside of a gym or in a locker room. Our premium UltraCoat finish will make sure it withstands the test of time. Available in 6’ or 8’ lengths. Thermoplastic finish with powder coated frame. 2 ¾” O.D. all MIG welded frame. 1” O.D. brace (portable only). Portable (P), inground (S), surface mount (SM), or wall mount (WM).

$62254 Starting at $282.00

6’ Lexington Bench with Back

The Lexington Bench is a member of the UltraSite Premium Collection, it’s classic design and powdercoated finish is sure to make this an aesthetically pleasing addition to your gym. Customize your bench with our countless options. Contact us to learn more. Available in diamond, perforated, or slat pattern. Thermoplastic finish. 1 ½” thick cast aluminum frame. All stainless steel hardware. Portable and/or surface mount.

$62255 Starting at $828.00

Metal Trash Receptacle - Diamond Pattern

The UltraSite Metal Trash Receptacle has the same UltraCoat finish as our best selling benches ensuring it will withstand the test of time. Proper placement will provide your members with a convenient place to properly dispose of trash helping to keep your facility clean. 32 Gallon capacity. Thermoplastic finish. All MIG welded. Portable with mounting kit sold separately. Lid and liner sold separately.

$62250 Starting at $277.00

Custom Metal Trash Receptacle - Perforated Pattern

The UltraSite Custom Metal Trash Receptacle has the same UltraCoat finish as our best selling benches and is sure to make a big custom statement outside your facility. 32 Gallon capacity. Thermoplastic finish. All MIG welded. Portable with mounting kit sold separately. Lid and liner sold separately.

$62251 Call for Custom Pricing

Hanger Rack

The Hanger Rack provides parking for up to five bikes and creates a functional and decorative bike parking solution for any public setting. Capacity up to five bikes. Round tubing. Powder coated finish. Portable and/or Surface Mount.

$62255 Starting at $371.00

Contemporary Loop Bike Rack

The Contemporary Loop Bike Rack provides parking for up to five bikes and creates a functional bike parking solution for any public setting. Capacity up to five bikes. 2 ¾” O.D. steel tubing. Available in hot-dip galvanized or Powder coated finish. Inground (S) or Surface Mount (SM).

$62258 Starting at $420.00

Flare Rack

The Flare Rack provides parking for up to two bikes and creates an ideal parking solution for settings that are tight on space. Capacity up to two bikes. 38 ½” H x 26 ¼” W. 2 ¼” O.D. 12 gauge steel tubing. Powder coated finish. Inground (S) or Surface Mount (SM).

$62256 Starting at $195.00

Hitch Rack

The Hitch Rack is a bollard-style rack that provides parking for up to two bikes. This rack is perfect for areas that might not have the space available for larger racks. Capacity up to two bikes. 36” H x 20” W. Framework is 2 ¾” O.D. pipe. Powder coated finish. Inground (S) or Surface Mount (SM).

$62257 Starting at $141.00

powersystems.com | 800.321.6975
Think Outside the Gym!

ActionFit by UltraSite, encourages healthy, active outdoor exercise while addressing the 4 critical elements of fitness: Aerobic, Muscle Strength, Balance/Flexibility and Core. ActionFit is designed for ages 13 and up and emulates equipment found in gyms. With outdoor-specific durability, more than 40 equipment choices and easy, pre-configured kits, ActionFit can help your community be more active and stay outdoors.

Call 800.321.6975 for a custom quote.

Don't Forget About Shade!

Shade structures are great additions to any outdoor fitness space. They offer your patrons protection from many of Mother Nature’s elements, including harsh UV rays as well as provide added comfort for the park goers.
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SALES TEAM
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800.321.6975 ext 7905
fahern@power-systems.com

Jason Eason
Sales Manager
800.321.6975 ext 7896
jeason@power-systems.com

Patty Daugherty
National Accounts Manager
800.321.6975 ext 7893
pdaugherty@power-systems.com

Shannon Messer
National Accounts Manager
800.321.6975 ext 7824
smesser@power-systems.com

DEALER SALES GROUP
Kathryn MacLane
Dealer Sales Manager
800.321.6975 ext 1008
dealers@power-systems.com

John Gosa
Dealer Sales Rep
800.321.6975 ext 1008
dealers@power-systems.com

Molly Rolen
Dealer Sales Rep
800.321.6975 ext 1008
dealers@power-systems.com

DEALERS
John Gosa
Dealers Sales Manager
800.321.6975 ext 7896
jgosa@power-systems.com

Molly Rolen
Dealers Sales Rep
800.321.6975 ext 1008
mrolen@power-systems.com

BUSINESS DEVELOPMENT
Daryl Shute
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800.321.6975 ext 7904
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This product may contain one or more phthalate chemicals known to the State of California to cause birth defects and other reproductive harm.

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