

The Power Behind Performance®

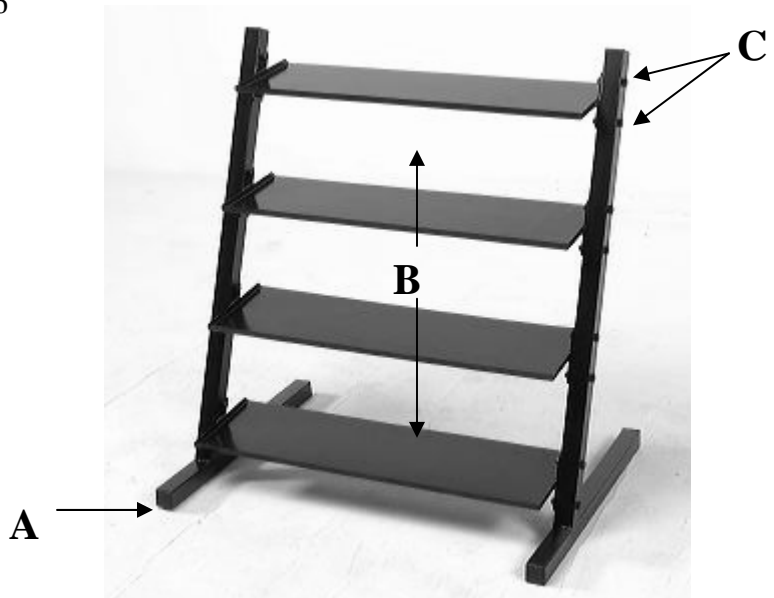
Due to the weight of this product Power Systems recommends two individuals complete the assembly.

NEOPRENE/VINYL 4-TIER DUMBBELL RACK ASSEMBLY INSTRUCTIONS

1. Align holes of Stand (A) with Horizontal Tray (B).
2. Insert one (1) Bolt Unit (C) into each hole and securely tighten.
3. Repeat steps 1 and 2 with remaining Stand (A).
4. Proceed upwards and align holes of the next Horizontal Tray (B) with holes of side Stands (A) and insert one (1) Bolt (C) into each hole and securely tighten.
5. Repeat step 4 until rack is finished. Double-check tightness of all bolts before loading.

List of Included Parts

1. Stands (A) – 2
2. Horizontal Trays (B) -4
3. Bolt Assembly Units (C) – 16



For more information on the Neoprene / Vinyl Dumbbell 4-Tier Rack or other training products and program, contact:

Power Systems Inc.
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